Across UC System, Graduate Students Unite For COLA Movement

Evelyn Spence
Lead News Editor

Across the University of California, a unifying message – shouted at the police barricade at UC Santa Cruz, taped to the walls of the UC San Diego chancellor’s office, yelled on the fifth floor of UC Santa Barbara’s Chancellor Hall – has emerged. Crack open the UC because its graduate students want a COLA.

The demand for a COLA, or cost-of-living adjustment, began at UC Santa Cruz (UCSC) in September, but organizers at UCSC first detailed their demands for a COLA to the administration on Nov. 2, 2019. On Dec. 9, hundreds of graduate students went on a wildcat strike, which is when a strike is not authorized by a union.

The graduate students, as part of their strike, refused to release over 12,000 undergraduate grades by the submission deadline of Dec. 10 until the university agreed to a COLA of $1,412 a month to supplement their pay.

The presentation of official demands marks a turning point in the movements across the UC; the movement is spearheaded by UC Santa Cruz graduate students, who began a full wildcat strike – a strike not authorized by their union – Monday morning, indefinitely halting office hours, sections and grading.

As of Wednesday, graduate students at UCSC are still on strike amid growing police presence. Over 330 graduate students, undergraduate students and faculty linked arms at an intersection on campus; officers also arrested several graduate students, according to the City on a Hill Press.

UC San Diego, UC Los Angeles and UC Davis graduate students also held rallies on Monday in support of a COLA at their respective universities.

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Across UC System, Graduate Students Unite For COLA Movement

UCSBA Graduate Students

Present Demands for Cost-of-Living Adjustment

Katherine Swartz
University News Editor

More than 330 graduate students met in front of the University Library on Monday afternoon and marched to Chancellor Hall to present their demands to the university.

Graduate students have been presenting demands to leadership at various UC campuses to calculate the exact COLA amount.

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Across the University of California, a rallying message—shouted at the police barricade at UC Santa Cruz—rose to the walls of the UC San Diego chancellor’s office, yelled on the fifth floor of UC Santa Barbara’s Chancellor’s Hall—has emerged: Crack open the UC, its graduate students want a COLA.

UC Berkeley and UC Davis, COLA movements are in their infancy but are growing fast. The Nexus spoke with organizers at various UC campuses to document their COLA movements and the stages each movement is in.

UC Santa Cruz: UCSC graduate students finished their third day on strike on Wednesday; throughout the day, hundreds of graduate students locked arms and blocked the intersection at the base of UCSC’s campus, facing off against a blockade of police officers and disrupting bus services. At least 40 people were arrested and given citations. City on a Hill Press reported, but as of 2:30 p.m. on Wednesday, only one remained in custody.

According to a press release sent out by the UCSC COLA, at least one student allegedly “was punched in the face and thrown to the ground; another was hit in the head by a baton and [had] bruises on all four limbs.” A report by City on a Hill Press indicated that police officers had used pepper spray to disperse the crowd. UCSC graduate students have been organizing the demands since Jan. 21, when students held a “sick-out” on campus; UCSC graduate students presented their demands to the university.

“UC Santa Cruz students pay 50, 60, 70% of their wages of rent per month, which makes it next to impossible to afford most other things, especially if you have medical expenses or childcare or any kind of emergencies,” Keenan said.

Now, UCSC graduate students are on an indefinite strike; those who are a part of the COLA movement are not holding office hours and sections and will not release undergraduate students’ final quarter grades. Keenan said that last week, UCSC Chancellor Cynthia Larive offered new programs for graduate students that would help offset the cost of living, such as one that offers five years of funding at their current pay rate.

COLA Across UCs p.7

UCSB Graduate Students Present Demands for Cost-of-Living Adjustment

Katherine Swartz
University News Editor

More than 130 graduate students met in front of the University Library on Monday afternoon and marched to Chancellor Huddleston to present their demands to UC Santa Barbara administration for a cost-of-living adjustment — an additional monthly stipend to help alleviate the rent burden that many graduate students face. UCSB’s march for a COLA was part of a larger movement across the UC movement that is spearheaded by UC Santa Cruz graduate students, who began a full wildcat strike — a strike not authorized by their union — Monday morning, indefinitely halting office hours, sections and grading.

As of Wednesday, graduate students at UCSB are still on strike amid growing police presence. Over 130 graduate students, undergraduate students and faculty linked arms at an intersection on campus; officers also arrested several graduate students, according to the City on a Hill Press.

UC Santa Cruz and UC Los Angeles graduate students have also held rallies on Monday in support of a COLA at their respective universities. The presentation of official demands marks a turning point for the UCSB COLA movement. Graduate students have been organizing the demands since Jan. 27, when students held a “sick-out” in support of UCSB.

Finely, a first-year sociology graduate student who declined to give her last name, spoke to the crowd in front of the University Library on Monday about how the list of demands was created, noting that it was important that as many graduate student voices as possible were included.

“We read all the comments on the 99 surveys we got, we took it into consideration, we wrote these and this is what we came up with,” Finely told the crowd.

“All campuses across UC are organizing in some way for this COLA, and that’s how we’re going to get to strength and prove to the administration that something’s got to change if we stand together.”

Lex Taylor, a third-year political science and economics major, also spoke to the crowd in front of the library, representing a handful of undergraduate students who marched in solidarity with graduate students.

“We are mostly taught by grad students. These are the people making sure this university is working — that we are going into our classes getting the education we deserve.” Taylor said.

Taylor also referenced the three-year long strike offers by American Federation of State, County and Municipal Employees (AFSCME) union members at UC Santa Cruz, suggesting that COLA offers could be successful.

“AFSCME, for the last three years, struck on and off, and they won. Right now at Santa Cruz, grad students are striking to show they are about to grab our demands all across UC, and grad students are showing what you can do,” Taylor added.

UCSB COLA p.7

THE NEXUS

Thursday, February 13, 2020

www.dailynexus.com

THIS SIDE UP 1

Kaitlyn Dobos / Daily Nexus

Lead News Editor

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The graduate students, as part of their strike, refused to release over 12,000 undergraduate grades by the submission deadline of Dec. 18 until the university agreed to a COLA. UCSC graduate students have now drafted a report on the cost of living for graduate students compiled by the UC Student-Workers Union (UAW 2865), which represents graduate students across the UC, to calculate the exact COLA amount.

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This week’s up and coming

Thursday, February 13

Trans Revolution Series: Mj Rodriguez
Lotte Lehmann Concert Hall 1 7 p.m.

Friday, February 14

Get Smashed On V-Day With the Smash Bros. Club
Resource Center for Sexual and Gender Diversity Lounge 1 6:15 p.m.

Valentine’s Day is only a year away, but curfew for Super Smash Bros. never ends. Join the ROGSGD and the Smash Bros. Club for an evening of fun and love this 14th. Come to play either one-off games, or sign up online for our tournament where you can win prizes and solidify your self on the Smash Bros. Valentine’s Day Championship.

Wednesday, February 12

MAGIC LANTERN FILMS PRESENTS:
Student Choice Film
Friday, Feb. 14 7 p.m.
Rocky Horror Picture Show
Friday, Feb. 14 12 a.m.

IMPROVABILITY:
Anti-Valentine’s Show
Embarcadero Hall I 8 p.m.

Friday, February 14

Love is in the air, but not at this show. The Dry Goods Improv Ensemble is ready to bring your favorite love stories and movies to life in a new spin of improv. Be prepared for some special guests to bring in the Valentine’s Day spirit with some love themed improvisations.

Wednesday, February 12

SUDOKU

Level: 3

SOLUTION TO WEDNESDAY’S PUZZLE

Down
1 Brain freeze 36 _ de Triomphe
2 Jumbles 37 Extreme degree
3 More than 41 Some odometers show them
4 Vending car option 42 Clay, since 1964
5 Possession 45 Singer, Amos
6 Name for a woman with a green thumb 47 Matter in court
7 Homestay 48 Displays, as a flag
6 Honors prize 50 Mohr's neighborhood
15 Like the verb “to impress” 51 Club: conservation group
16 Hash 52 "Collages" author
20 _ de Triomphe 53 Completes a shoot
21 Creates some service item? 54 _ de Triomphe
24 Hang up the _ 56 Invite to enter
25 Change to zeros 57 Dog in the FDR
26 Hunch 58 Took the hit, financially
27 Creates some service item? 59 Time off
28 Displays, as a flag 60 Spread out
29 Like the verb “to impress” 61 Hang up the _
30 Oft-grabbed ride 62 Hollered
31 Clay, since 1964 63 Has a meal, and
32 More than 64 Slick-whistle
together

Across
1 Arabian republic 65 Has a meal, and
4 Proverbial 67 "It's __-brainer!"
10 Spread out 68 <script>
12 Bead counters for 69 Farsi speaker
13 Arabian republic 70 Fords, as the circles
14 Like the vb. “to
71 Oeuf seasoning
15 Like the vb. “to
73 Fragrant
16 Honors prize
75 Folded
17 One of
77 "It's __-brainer!"
20 _ de Triomphe
8 Acting teacher
21 Creates some service item? 81 "It's __-brainer!"
22 Creates some service item? 82 "It's __-brainer!"
23 Gasm from the past 83 "It's __-brainer!"
24 Hang up the _ 85 “Collages” author
25 Change to zeros 86 Things to bring when
26 Hunch 87 "It's __-brainer!"
27 Creates some service item? 88 "It's __-brainer!"
28 Displays, as a flag 90 "It's __-brainer!"
29 Like the verb “to impress” 91 "It's __-brainer!"
30 Oft-grabbed ride 92 "It's __-brainer!"
31 Clay, since 1964 93 "It's __-brainer!"
32 More than 94 "It's __-brainer!"
95 Davis who was 100 "It's __-brainer!"
96 Proverbial 101 "It's __-brainer!"
97 __ de Triomphe 102 "It's __-brainer!"
98 Displays, as a flag 103 "It's __-brainer!"
99 Displays, as a flag 104 "It's __-brainer!"
100 "It's __-brainer!"

COMPLETED PUZZLE

The Daily Nexus is published by the Press at the University of California, Los Angeles, as a service for the entire student body. While The Daily Nexus strives to publish the truth, it makes no claims of editorial correctness or neutrality. This week’s puzzle was created by Mira Fine and compiled by Pam Riedesel. Additional contact information for The Daily Nexus can be found at www.dailynexus.com.

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Ze has been loving life lately, fitting in three separate loves (2b, 1g) during his busy midterm schedule. The worst has come though, as lover #2 has allegedly asked for his schedule. The worst has come though, as lover #2 has allegedly asked for his schedule. The worst has come though, as lover #2 has allegedly asked for his schedule.

WEATHER

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Adventure for All: UCSB Club MAPAS Provides Opportunities for All Students To Experience the Outdoors

Nadia Lee Abushanab Reporter

When fourth-year hydrologic sciences major Ivan Gonzalez first came to UCSB Santa Barbara, he was excited to have easy access to outdoor activities like surfing. But he started to notice that the environmental spaces that he loved were not very diverse.

“I felt like a black sheep,” he said. “The surfing community can be very diverse. It’s also very expensive and purchasing the equipment required to participate in adventures is not feasible for some students, he added. Gonzalez said he does not believe that the outdoor community intentionally excludes marginalized groups, but that there are structural factors that limit access to these spaces, and it is important to recognize and address those factors.

“People’s parents have to work, they don’t have access to the outdoors, maybe they live in cities,” Gonzalez pointed out. He also noted the lack of public transit to natural spaces, such as national parks, as a further limitation on who is able to visit those spaces.

While he acknowledged groups who aim to make adventure more affordable for students, like UCSB Adventure Programs and Excursion Club, Gonzalez said MAPAS was created to address a deeper problem.

“UCSB has really robust opportunities for adventure,” UCSB Outdoor Chair and fifth-year psychology major Phoebe Rogers said. “At first glance, it’s easy to see the barrier just being a paycheck, but it’s more than that for us. MAPAS is trying to carve a space where people of color and people from diverse backgrounds can feel like the space was made for them.”

The idea for an all-inclusive outdoor community club first came to Gonzalez from a surfing trip. While out on the water one morning, Gonzalez said an exchange student from Mexico paddled up to him and they immediately connected with one another through sharing tips and stories about surfing.

“He looked like me,” Gonzalez said. “I remember thinking, Is this how everyone else feels? Is this how it always feels to have a community out here?”

To hold onto that feeling and encourage more diversity in the surfing community, Gonzalez said the idea to create a Latinx surfing team. But after a while, he decided he wanted the club to include all outdoor activities, not just surfing.

In addition to breaking the opportunity gap and diversifying the outdoors, Gonzalez said he wanted to bring people into the outdoors to foster greater environmental stewardship, further the conversation of environmental justice and raise awareness of inequitable environmental burdens people of color and low-income communities experience.

“I care about environmental issues. I’m in love with the outdoors, why wouldn’t I want to take care of it?” Gonzalez said. After his first year on campus, he said they were passionate about this issue. Gonzalez said MAPAS secured funding from faculty and community members through a GoFundMe and applied for grants through the UCSB Healthy Campus Incentive Grant. MAPAS uses these funds to purchase and rent outdoor gear, purchase food, campground permits and permits, he said.

So far, MAPAS has organized several local hikes, kayaking trips, climbing events and volunteer restoration projects as well as a backpacking trip to Big Sur. MAPAS also hosts potlucks for its members to foster a sense of community and create opportunities for connection, which Rogers said is the ultimate goal of the organization.

“It’s clear to see what kind of community we are building, and how diverse that feels compared to other spaces on campus,” Rogers said.

“All of our events feel really familiar, and it’s different when you have an intention and a purpose coming together. There’s a lot of energy in it,” she added.

Going forward, Rogers said MAPAS has plans to continue with its “Demystifying Backpacking” workshop series to share information about backpacking. In the workshop, first-time MAPAS members get together with first-time backpackers and go down and explain everything one needs to know about backpacking, from how to pack your gear to how to purify water to what to do about going to the bathroom.

MAPAS also has plans to include professors in its trips to break down the “student-faculty heavy tower barriers,” Rogers said. By engaging a professor with a professor, Gonzalez hopes that students can make connections with faculty outside of the classroom and learn about different research and sustainability topics.

Gonzalez hopes MAPAS will be an inspiration for other UCs to create their own version of the club and eventually have a widespread conversation about environmental diversity in the outdoors across different campuses.

“MAPAS aims to address the lack of diversity in outdoor adventure and bring more people into the conversation,” Gonzalez said.

The group hopes to continue with its “Demystifying Backpacking” workshop series, and eventually have a widespread conversation about environmental diversity in the outdoors across different campuses. By going on a hike with a professor, they can learn about different research and sustainability topics.

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**Want To Watch Porn With Your Professors? Take Sociology 152A**

*Sean Cremmelin, Copy Editor*

Soc 152A, Sociology of Human Sexuality, needs no introduction. A class which has existed in its current iteration for more than four decades, it is taught by the Baldwins, a pair of professors who are, at this point, a fixture of UC Santa Barbara’s campus culture. They are as ubiquitous as “Daddy Yang.”

In short, the Baldwins are iconic.

Besides being the eternal instructors for Soc 152A, they are also co-authors of its textbook, Discovering Human Sexuality, along with Simon LaVaye, and are the creators of SexInfo Online, a sex-education website established in 2003. Hailing from Ohio, Janice and John Baldwin originally worked as primatologists, studying a wide variety of animals including howler monkeys and squirrel monkeys and publishing scientific articles on their social behavior.

While the couple performed fieldwork in the rainforests of Central and South America during the ‘60s, Janice found herself taken aback by the enormous projections of the labia, the vas deferens, ejaculation, and the female orgasm — all while lecturing to 600 to 650 students at once.

Over the decades of teaching the course, some objects would vary from year to year, finding time in the limelight before dropping completely off the radar. There are kids, you know. There was a fad of changing the minor lips [of the labia], going everywhere to get them cosmetically changed. Now the big thing is they get implants in your butt. That’s bigger than breast implants,” Janice said.

Throughout this process, Soc 152A evolved to more heavily emphasize the subject of sexual health and the sociology of healthy relationships, while putting less time into anthropology and general biology.

“[Students] aren’t that interested in sexual variations across different cultures,” Janice explained.

“Those issues don’t come up much when we’re doing it together,” Janice said. Even in an era more liberal and open than when the class was initially taught, and even with the advent of the internet and online resources for sex education which the Baldwins themselves have contributed to — there is still a place for Soc 152A.

“We have a lot of people like international students … people from homes in which sex is not talked about, from very conservative backgrounds,” Janice said, adding that “it’s amazing how many people still benefit by taking Soc 152A.”

The Baldwins also found that in teaching a course like Soc 152A, their own relationship benefits. It has given them the ability to put a name onto all of the different feelings and elements which make up a loving relationship.

“Once you can verbalize things, you can plan things out a little bit better and make sure that you’ve got it really as good as you can make it,” John said. “In the old days, 50 years ago, there would have been Freudian speculation about love and relationships because it really wasn’t the science of love and relationships.”

“But now there really is a science of love and relationships.”
Tropicana Del Norte To Exclusively House SBCC Students in 2020-21

Christina Muxio
Staff Writer

Beginning next school year, Tropicana Del Norte – an Isla Vista housing complex owned by UC Santa Barbara – will exclusively house Santa Barbara City College students, breaking an over a decade-long tradition of housing students from both schools in the same buildings.

Tropicana Gardens, the counterpart to Tropicana Del Norte, will now solely house UC Santa Barbara students.

The shift is in motion by the different schedules of the two schools, said Dave Wilson, executive director of Tropicana Student Living, which manages the two properties. Santa Barbara City College (SBCC) runs on a semester system, starting in August and ending in May, while UC Santa Barbara (UCSB) follows a quarter system, starting in late September and ending in June.

“After evaluating our numbers over the past couple of years [Tropicana Student Living] decided that it was best for both parties to make a change to better support both sets of students,” Wilson said.

“Now, with all the students [in one dorm] attending the same school, everyone can start and end at the same time,” he added.

Wilson emphasized that there will be no change in the number of SBCC students and UCSB students living in Tropicana Student Living overall.

“We aren’t adding anything or taking anything away,” Wilson said.

“Overall, we expect our SBCC students numbers and UCSB student numbers to stay roughly the same, with 300 SBCC and 668 UCSB students,” Wilson explained.

The city college doesn’t have any residence halls near its campus, which is located in downtown Santa Barbara, so Tropicana has housed SBCC students who want a residence hall experience, Wilson said. To get to school, SBCC students can take the Santa Barbara Metropolitan Transit District line 15X from Tropicana Del Norte, he added.

Regardless of the housing change, Wilson said that incoming UCSB and SBCC students will receive the exact same residence hall experience as students have had in the past.

“Now we can provide more direct services that are 100% geared towards their specific school,” Wilson said.

Tropicana Student Living talked with both SBCC and UCSB administration to inform them of the decision and to see if there could be any negative impacts, but “everyone we spoke with all saw the benefits of making this shift,” Wilson said.

Tropicana Del Norte is currently being advertised to SBCC students on the university’s website under the housing section, according to Wilson. As opposed to living in a house or apartment in Isla Vista, downtown Santa Barbara or the general Santa Barbara area, Wilson said, “if SBCC students want to have a residence hall experience, they have the option available to them.”

From “The Central Park Five” to “The Exonerated Five”: Yusef Salaam Speaks at UC Santa Barbara About Racial Justice System Being Exonerated

Megan Ramsey
Reporter

“The words ‘guilty’ echoed so many times in that courtroom I lost count,”

That was the reality for Yusef Salaam, one of the Exonerated Five, known more commonly as The Central Park Five, during a talk titled “From The Central Park Five to The Exonerated Five: Bringing their story to the University,”

Salaam, along with four other teenagers, was wrongly convicted at 15 years old for the rape and assault of 28-year-old Trisha Meili in April 1989. He spent six years in prison and eight months in prison before his release from prison in April 1999, as one of the hardest prisons in New York state.

It was there when he met members of the Black Panther Party who told him that he was the 1,113th new prisoner in the span of two months, Salaam said.

Salaam focused on the disproportionate rates of incarceration of people of color during his talk, noting that the 13th Amendment needs to be reformed in order to fix the criminal justice system.

“The true meaning and purpose of Amendment cannot truly be understood until you look at it in a light of the prison industrial complex,” Salaam said.

“Many had come from communities where we have been told that we are going to be dead or in jail before we reach the age of 21,” Wilson said.

And more importantly, we actually understand this nightmare that I went through, waking up, turning on the news and seeing the president of the United States. If you’re a Trump suit — which he quickly threw off once discovering its maker.

“Society tends to tell young people to persevere and strength that they are worth everything and you matter,” Salaam said.

“People who are exonerated or not exonerated get to make a choice to decide if they want to have a residence hall experience,” he added.

Wilson said that incoming students will receive the exact same residence hall experience as students have had in the past.

“When you go to jail, you have two options. You can either do time or let time do you. And if you let time do you, you become an accident in time,” Salaam recounted the Exonerated Five’s time in the courtroom, particularly when they were convicted and given no time to say goodbye to their families.

“For every day I would go to court and I would face a mob of angry eyes, peeling my life apart, describing me in ways that I did not know, and had not accepted. To me, the American Dream was still alive. There was still something to attain, I had not yet truly understood this nightmare that I had woken to,” Wilson said.

Six months into his sentence, Salaam said an officer asked him a question that changed the trajectory of his life.

“The most powerful question they ever asked me — ‘Who are you? — Began to unravel the riddle of me,” Wilson said.

Salaam said that society needs more people fighting on the inside and outside of the criminal justice system in order to eliminate systemic injustice towards people of color.

“The true meaning and purpose of Amendment cannot truly be understood until you look at it in a light of the prison industrial complex,” Salaam said.

“Many had come from communities where we have been told that we are going to be dead or in jail before we reach the age of 21,” Wilson said.

And more importantly, we actually understand this nightmare that I went through, waking up, turning on the news and seeing the president of the United States. If you’re a Trump suit — which he quickly threw off once discovering its maker.

“You have to surgically remove whatever it is that’s holding you down because imagine me one day waking up, turning on the news and seeing the man who took out a full page ad calling for the state to kill me as the president of the United States. If I keep thinking about him, and the apology that I want, I’ll be living a miserable life,” Salaam said.

His ability to move forward and release all the negativity and pain that’s holding you down.
$2.7 Million New Router Installation To Improve Data Capacity and Internet Speed Under Way at UCSB

Jackson Guilfoil
Staff Writer

UC Santa Barbara is currently in the process of installing 10 new routers on campus in an effort to increase the campus data capacity tenfold and to improve the speed of on-campus internet.

Although a billion upgrade from 10 to 100 gigabit links is set to be completed in April, but buildings such as the University Library could see immediate improvements in data transmission speed, according to Rich Wolski, a teaching materials, such as video, professor in the computer science department at UCSB.

"An upgraded network could also facilitate center use of multimedia teaching materials, such as videos, according to Rich Wolski, a professor in the computer science department at UCSB. Video uses such a large amount of data relative to other internet uses that the campus will "oversubscribe" in the future."

According to a Nexus spokesperson, said that "it's grown to a point where we need to staff and license it appropriately." The map began as a joint academic project between Geography, Information System, Aeronautical Reconnaissance and Geographic Information System, information databases that have grown to include various buildings and departments such as parking structures and lecture halls, classrooms, food establishments and hydration stations as well as the "Campus Map", which provides important navigation information.

"It's grown in size where we need to work to improve the campus experience for students, faculty, staff and visitors." While Hall and his team await the approval and funding they need to relaunch the map, "they are working to improve certain elements of it, such as the access to the Environmental Earth and Planetary Sciences and Aeronautical Reconnaissance Center's Campus Map.

Once the funding comes through, "we'll be right back at it," he said.

Interactive Campus Map Will Relaunch After Geography Department Receives Additional Funding

Madeline Myers
Reporter

The UC Santa Barbara Department of Geography's Interactive Campus Map, which shut down due to a lack of university resources and staff, will relaunch once the department receives additional funding.

When news of the map’s termination in early January circulated among the student body on social media, students expressed frustration at the termination of the long-standing tool. But the data it used to function has since become outdated, explained Matthew Hall, associate vice chancellor for information technology and chief information officer at UCSB.

He added that most of the maps original purpose has since also left the university.

"Due to the age of the infrastructure and some complex configuration issues, staff members with skills these that we previously had, who understood the nuances of the configuration, are no longer here at UCSB," Hall said.

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The actions at UCSC are also part of a greater UC-wide cost-of-living adjustment movement, as UCSC graduate students began a wildcat strike Monday morning indefinitely to protest stopping office hours, teaching classes and graduring until the university agrees to their demands.

Approximately 150 UC Santa Barbara graduate students marched to Chaucle Hall Monday afternoon, demanding that the university provide a cost-of-living adjustment.

UCSB COLA

Continued from p.1

The movement has been posting online under the Twitter account @ucd4cola.

UC Berkeley:

Tarah Phillips, UAW 2865 and UC Berkeley COLA organizer, said the UC COLA movement at UC Berkeley is “still in its infancy,” noting that it was difficult to get a COLA movement off the ground because the campus union wasn’t supportive of the movement “until recently.”

The movement’s first action was in December, she said, when around 20 people held a solidarity rally for UC Berkeley’s COLA movement. Phillips said, “ Folks were talking about landlord abuse and the inability to pay for medical treatment, loans that I had to take to just put out an apartment for your income… [but] how much we love teaching, and that we wish the university valued it more.”

Phillips said that while most graduate students pay 50% or more of their rent, that payment only lasts for 10 months of the year—nine months for the UC campuses on the quarter system—and most students “have to scramble over the summer to get rent money together because teaching is not guaranteed in the summertime.”

“We’re living very strenuous, frazzled, précieuse lives for a long time,” she said, adding that she believes the university has done a “very poor job” in terms of equity across the various UC Berkeley departments.

UC Berkeley’s Graduate Assembly (GSA) and the UC Berkeley COLA movement formed, Phillips said, “instead, ‘chanted the movement’ and ‘collaborative,’ explaining that the UC Berkeley COLA movement is very “grassroots” in its nature, with no formal leadership.

Phillips also added that the UCSD COLA movement formed, Phillips said, “instead, ‘chanted the movement’ and ‘collaborative,’ explaining that the UCSD COLA movement is very “grassroots” in its nature, with no formal leadership.

UC Los Angeles:

UC Los Angeles graduate student Zach Fairbairn, who attends UCLA School of Law, said that after graduate students went on strike, the culmination of the UCSC COLA movement became a “hot topic for UCLA students.” He added, however, that there is “no official chair” for a UC COLA movement.

“Her [Cox’s] case goes through this entire case. In this case, you can find a lot of support for her, for the university, with no plans in mind for the changes that will be made, noting that the undergradu-ate movement and the GSA uniformly passed a resolution in support of UCSS’s workers, demanding that there be no retribution.

“Everyone is starting to realize, this is a teachable moment for everyone involved in this collective struggle.

The movement has been posting online under the Twitter handle @ucd4cola.

Continued from p.1

The demand letter also stated that the university reach the local apartment market to determine what student income and housing costs are.

UCSB graduate students emphasized that the university “doesn’t take our problems as part of a greater UC-wide cess of-living adjustment movement, as UCSC graduate students began a wildcat strike Monday morning indefinitely to protest stopping office hours, teaching classes and grading until the university agrees to their demands.”

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Red-Hot Gauchos Look To Extend Win Streak Against Aggies

Spencer Ault
Staff Writer

After two huge victories last week, the UC Santa Barbara men's basketball team is riding high. That could be an issue against UC Davis, whose record and small size make them easy to overlook.

"UC Irvine recently pulled off a season sweep of UC Davis and provided UCSB with a blueprint on how to do so. The Anteaters' size and outrebounded by a combined total of 25 rebounds. While there's no easy way to avoid overconfidence, the Gauchos have just the right tool to take advantage of the Aggies' short stature: sophomore big-man Amadou Sow.

Sow, who earned Big West Player of the Week honors for his team-leading performance in UCSB's wins over Hawai'i and UC Irvine last week, is on a roll and ready to overwhelm UC Davis. The Aggies have just the right tool to take advantage of the Aggies' short stature:

"UC Davis is number one in the conference at forcing turnovers," Pasternack said. "That's their best thing they do. They really do a great job of defending the three and forcing turnovers."

On the other end of the court, UC Davis tends to live and die by the three. Pasternack said, "They're very small, and they can really shoot the ball. We're going to be challenged to defend the three."

"Every single game has a different life of its own," Pasternack said. "We just have to keep playing team basketball and sharing the basketball. "Every single game has a different life of its own," Pasternack said. "We just have to keep playing team basketball and sharing the basketball."
Brandon Victor
Sports Editor

For the UC Santa Barbara women’s basketball team, every conference game is of the utmost importance.

This week, however, that statement is especially pertinent, as the sixth-place Gauchos have traveled to Southern California to take on third-place Long Beach State (LBSC) and fifth-place Cal State Northridge (CSUN) in two crucial conference matchups.

More than halfway through conference play, UCSB (9-3, 4-3) has already surpassed public expectations this season; in the press haven poll, the Chos were selected to finish last in the conference. Nine games through conference play last season, Santa Barbara was 2-7, fighting tooth and nail to finish eighth in the conference and secure the last tournament bid.

Still, Head Coach Bonnie Henrickson and the team will not merely settle for improvement. On Saturday, UCSB showed that it still needs to find more consistency if it hopes to compete with the elite teams in the Big West. After a 20-point first quarter against second-place Hawai’i, the Chos offense hemorrhaged to come to a complete stop with the team only scoring 31 points of the game.

With two difficult road matches on tap this week, UCSB will need to be locked in for 80 minutes straight if it hopes to maneuver its way up to third place in the conference. On Thursday, Santa Barbara will face Long Beach State (10-2, 5-2), a team that has struggled as of late after storming out of the gate to begin conference play. The 49ers have lost their last two conference games by an average of 22 points, with the team only averaging 42.5 points per game in those road losses.

In their last game — a 61-41 blowout loss to Cal Poly — the Gauchos came as a relative to the near-low losses the team had seen just two days earlier against Dartmouth. To what culminated as a spotless 7-0 defeat, the Minnesota roster added match-win after match-winning, dropping only three sets across the entire spread.

What immediately sets Minnesota and Santa Barbara apart, therefore, is momentum.

Where the Gophers will enter the game with just one break in what would otherwise be a 3 game win streak, UCSB is battling the opposite and is currently staggered around 3 straight losses. Santa Barbara found themselves on the wrong side of the 7-0 sweep last weekend against No. 23 University of Arizona.

Putting this aside entirely, Minnesota poses a threat merely because it represents the unknown.

Looking at the way back to the start of the ‘60s decade, the teams have never faced each other until now. However, the lack of history, if thought of as a clean slate — may serve the struggling Gauchos as they attempt to redefine what has been one of their most underwhelming non-conference schedules ever.

Kookie Siim Troost, Lobak’s partner in doubles, is riding an undefeated weekend on both fronts. Nonetheless, there is little doubt that Victor Krustev, Santa Barbara’s star senior, will come to play.

Further back are Gophers Jackson Allen and Bodin Zurkovic, each of whom, along with Troost, have already caught fire in the past two weeks.

In the past, Santa Barbara has been able to bring its force on all fronts. However, against Minnesota, singles wins are no longer just one of the most exciting games of the week. Between the signing of teenage phenom Erling Braut Haaland and Jadon Sancho’s newfound form, Dortmund has bagged 18 total goals in its last two games.

Without striker Harry Kane, Tottenham will have to lean on its stellar front three in Sadio Mané, Mohamed Salah and Roberto Firmino — to lead the offensive charge. Still, count out Atlético, especially in Madrid. Liverpool seems to be the clear favorite in this tie, with the English powerhouse yet to lose a single game in the Premier League this season. Behind the best front three in the conference, the combination of Salomon Rondon and Ferran Torres — has taken a resounding 73 points from their first 25 domestic fixtures this season.

Still, don’t count out Atlético, especially in Madrid. Liverpool has been far more pedestrian in the Champions League than in the Premier League this season, even losing earlier this year to S.S.C. Napoli in the group stage. Atlético has struggled to score so far this season — without star João Félix, with Diogo Jota sine at the helm — as well as one of the best defenses in Europe — look for them to make life difficult for Liverpool on Saturday.

Borussia Dortmund vs. Paris Saint-Germain F.C.

Two months ago, Paris Saint-Germain F.C. (PSG) would have been heavily favored in this matchup. Now, this meeting seems poised to be one of the most exciting games of the week. Between the signing of teenage phenom Erling Braut Haaland and Jadon Sancho’s newfound form, Dortmund has bagged 18 total goals in its last two games.

The far bigger question mark in this matchup will be if Dortmund’s defense can keep PSG’s attack at bay. While N’Golo Kante is out with a hamstring injury, PSG will need to make the most of his absence when they travel to No. 3 team in Germany on Tuesday.

Withdrawn by Timo Werner — who has bagged 28 goals in Bundesliga play — to lead the offensive charge.

In a lot of ways, Liverpool’s current squad resembles the Tottenham squad from last year that made a shock run to the Champions League final young, inexperienced and hungry for success. Espírito Santo, former Porto coach, would have been heavily favored in this matchup. Now, this meeting seems

UEFA Champions League Knockout Round Preview

Brandon Victor
Sports Editor

After two months, it’s finally here: the UEFA Champions League knockout phase. With four games scheduled for this week — two on Tuesday and two on Wednesday — soccer fans have plenty to look forward to this upcoming week. For those fans who haven’t had a chance to stay up-to-date on the teams left in the competition, here’s a brief overview of the games this week.

Athletico Madrid vs. Liverpool

On paper, Liverpool seems to be the clear favorite in this tie, with the English powerhouse yet to lose a single game in the Premier League this season. Behind the best front three in the conference, the combination of Salomon Rondon and Ferran Torres — has taken a resounding 73 points from their first 25 domestic fixtures this season.

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**Brotherly Lime Ride Leads to Unexpected Sexual Awakening**

Ryan Milton  
Staff Writer

We often find love in the strangest places, whether it's 11 shots deep at Sandbar or in the 8 a.m. Friday section where you look more like roadkill with a pulse than a college student. For second-year student Justin Surt, holding onto his friend's waist during their Lime scooter ride was when he first felt the spark of romance to be. Being the diligent reporters we are, Nexustentialism wanted to follow up with Kuriuse about his perspective on this Isla Vistan love story. When questioned, he became visibly upset: "Wait, what the fuck, dude? Justin said that was his phone touching my ass." With this story in mind, we at Nexustentialism are wondering if the Lime scooter ride will be mentioned in any wedding vows in years to come.

Ryan Milton always makes sure he is the bottom — um, front on multi-passenger Lime rides.

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**UCSB Introduces Department of Student Vibes**

Sierra Vakili  
Staff Writer

UC Santa Barbara officials announced Tuesday that an all-new student-resource department would be making its way to campus in the fall of 2020: the Department of Student Vibes. In the brand-new Student Vibe Center, students will be able to get their vibes checked, free of charge.

The department's introduction comes as a result of unprecedented levels of reported off-vibe behavior occurring on university grounds. In an effort to uplift the university's reputation as a vibe powerhouse, UCSB administrators took action. After months of deliberation and planning, higher-ups disclosed their intent to offer not only vibe-checking services, but vibe-repair and vibe-development services for all UCSB students as well.

The Student Vibe Center will also offer a safe space for all vibosexual students and resources for vibe education and awareness. Staff will include official representatives from the National Vibe Association as well as Student Vibe Peers. The new center — complete with a sofa, ever-present echoing of Tame Impala and Mac DeMarco — called upon the world's best vibe architects for specialized design instructions to maximize vibe potential, or VP. "We're delighted to announce the installation of rainbow LED lights in the Vibe Center," Chancellor Yang declared via Twitter. "One ultimate goal is to ensure every student feels comfortable in their own individual vibesphere." UCSB's beloved chancellor will also be attending the ribbon-cutting ceremony of the new department upon its completion, donning a vintage cardigan, khakis and hair parted straight down the middle.

Since the official announcement of the department's introduction, UCSB has steadily climbed in the U.S. News & World Report rankings for Best Vibes. Vibe analysts predict UCSB's vibrational ranking to rise to the top five by 2020. "I'm just vibing," Yang laughed. "And all of you should be too." Sierra Vakili exhibits off-vibe behavior.

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**Monster Under Davidson Library Only Grows Hungrier**

A. Wiessass  
Asst. Nexustentialism Editor

DAVIDSON LIBRARY — Reports have surfaced that the long-dormant eldritch monster residing under Davidson Library has grown restless due to a burgeoning hunger that can no longer be sated by our measly tithes. Experts are unsure why the monster has grown dissatisfied as of late. Some suspect the debauchery of Ida Vista may have been taken as an affront to His Dark Holiness' capability for earth-shaking destruction, while others have pointed this is simply the next step in the monster's evolution and was simply unavoidable.

Maintenance workers in Davidson have reported that the growls from the monstrosity's secret floor — usually drowned out by students' study music — have become insufferable, haunting them not only as they remain within the facility, but long after they clock off. At press time, workers reported that the monster's din emanated not from behind his chamber door, but the 66 block of Library has grown restless due to a burgeoning hunger that can no longer be sated by our measly tithes.

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**It's Satire, Stupid.**

A. Wiessass thinks the need to study for midterms trumps any other-worldly threats.

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**How do you keep love fresh after death?**

**DAILY NEXUS ART & COMICS**

**My Hot Date With the Devil**

By Sam Rankin IV
The musical was much anticipated by students everywhere. “This ballad embodies the infatuation tremendous and inspiring, but the love message for days on end. Synth music that’s guaranteed to stick in your head so soothing aura that flows seamlessly with the funky, somewhat simplistic, with lines like, “I really like you/to confess your feelings for your secret crush this playlist filled with all kinds of love songs? Well, look Artsweek Staff

Looking for a carefully crafted Valentine’s Day playlist filled with all kinds of love songs? Well, look no further! "Oh Honey" by Delegation O-o-o-o-o honey! All you need to hear is the opening instrumental to catch the vibes with this one. A pure gem and nostalgic oldie like "Oh Honey" by Delegation will leave you yearning for more, gazing at the horizon with a heart full of wonder, with your lover by your side, it makes it difficult to keep your eyes off him for just four minutes. Mayer composes a picturesque vision of a recognizable romance, defined by a beat like a yearning melody, and the Louis Armstrong, "What a Wonderful World," which originally gained fame when it was featured in the film "Theţi Fonze-International Man of Mystery." It’s all in the title — with this track, you can materialize in your head as you listen. Ultimately, it does what all beautiful love songs should: it makes memories. "Electric" by Alina Bano ft. Khalid As someone with limited experience when it comes to comedy, you might get a kick out of the romantic comedy "When I’m Sixty-Four" by The Beatles. When I’m Sixty-Four" was written by Sir Paul McCartney at the alluring age of 16, a suitable age for exploring romance along with all the tenderness and magic it has to offer. The track has a cheerful melody, and the lyrics paint a vivid daydream of a boy who fantasizes about the love of his life, growing older beside him. It seems like as long as they stay together, it will do everything the ordinary things such as going for a drive or gardening together will fill him with happiness and peace. The soft and heartfelt-thrilling experience of falling in love is usually accompanied by the hope of your significant other being by your side forever, and in the spirit of Valentine’s Day, this song beautifully captures this heartwarming feeling. Shrunken Heads’ Production Brings A Stunning Performance of “Mamma Mia!” to UC Santa Barbara The Shrunken Heads Production Company performed “Mamma Mia!” this past weekend in the Lupe Lehmann Concert Hall, bringing a stopgap performance of the 1999 British musical. The musical was much anticipated by students and was met with a successful reception, with a nearly packed house on its Saturday showing. After four months of rehearsals, “Mamma Mia!” was unveiled as the company’s first show of 2020, executed with a skill that made it the best "Mamma Mia!" this year. As a film franchise that grossed over $544 million in its first installment alone, “Mamma Mia!” is a narrative so iconic that its plot hardly needs explanation. Sophie, a 20-year-old bride-to-be, prepares for her wedding by sending invitations to three of her mother’s former lovers. After stumbling upon their names in a diary entry, Sophie realizes that her mother’s affairs with these men coincide during the time of her conception. Lilac-colored noses as the men arrive at the wedding venue, leaving Sophie to succumb to one of them, but her true father... The choice of “Mamma Mia!” as Shrunken Heads’ winter musical is particularly interesting, given the reputation of “Mamma Mia!” as a summertime film. Christian Duarte, director and third-year student at UC Santa Barbara, pitched the idea to perform “Mamma Mia!” last year, wanting to produce a show so popular among millennials in the first place. Although all the actors impress, third-year feminist studies major Kat Rastuta deserves special mention on her own. Her portrayal of the 1970s serves as an anchor in the film. The troupé did not disappoint die-hard “Mamma Mia!” fans, giving impressive covers of tracks like “Money, Money, Money,” “SOS,” and — most iconic of all — “Dancing Queen.” When combined with the former, perfectly represents the upbeat, uninhibited, beautiful, youthful love. For instance, as Clay Frankel, who plays Sophie’s mother, Donna. “This is the kind of love you can’t stop thinking about. Shrunken Heads Production Company will be working on a Shrunken Heads creation, which will be a 2020 production of the musical "Mamma Mia!" showcasing a 20s-themed "Rotten Tomatoes," the upcoming musical leads a lot of creative direction to the Shrunken Heads crew, who will be taking a sharp turn from the whimsical "Mamma Mia!" production. Students who are interested in the "Kandala" production are encouraged to schedule a time slot for vocal and dance auditions the Shrunken Heads website.
Valentine’s Day Foods From Around the Globe

On Valentine’s Day, it is quite common for people in couples to exchange chocolates as a token of their love and appreciation for their other half. Quite frankly, nothing says “I love you” more than giving a Valentine’s Day treat to your partner, considering that they are sweeter than chocolate. Today, I invite you to travel around the globe with me and take a look at dishes in other countries that are swooning over on this affectionate holiday.

**Great Britain:** Chocolate is still an essential item for Brits, but that is only after loving couples finish indulging in delicious, raw oysters. Specifically, they eat Pacific oysters, which are produced on farms, instead of the native oysters that are available year-round because regular oysters are just not sufficient for your special Valentine.

**Chill:** Valentine’s Day is kind of a big deal in China, considering that the country dedicated a festival to celebrate this special occasion. The festival is called Qixiao (Qi), and during this festival, both single and taken women will put on new clothes and a brown sugar cube. The drink will surely help maintain an intimate atmosphere among lovebirds.

**Belgium:** Belgium is famous for its chocolate, since chocolate is an important tradition on Valentine’s Day. But if you want to make your sweet tooth with a dessert that is easy on the eyes, flavorful and full of interesting textures, a Belgian waffle would be the best choice. Belgian waffles are a lot thicker than other countries’ waffles. Made with sweet yeast dough and crystallized sugar on top, the waffles are also more chewy and dense, making each bite better than the next.

**Egypt:** A popular main dish that is present in many holidays in Egypt, including Valentine’s Day, is called Fattah (beef or lamb meat served with rice, bread and tomato sauce). It is more common to have lamb as the protein instead of beef when there is a special holiday. On top of that, Egyptians also enjoy a non-caffinated drink called rose petal white “coffee.” The drink does not contain any coffee in it — only the juice of a thousand rose petals mixed with hot water and a brown sugar cube. The drink will surely help maintain an intimate atmosphere among lovebirds.

**China:** Valentine’s Day is a beautiful holiday that celebrates not only love but also friendship and kinship. This holiday brings everyone closer together and gives everyone a great opportunity to remind their loved ones how much they mean to them. Furthermore, I would like to add that most of these dishes pair well with a glass of wine, but you might not need it — after all, that special someone’s smile is already enough to make you drunk in love.

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**Five Valentine’s Day Food Destinations Downtown**

**Valentine’s Day Foods From Around the Globe**

**On the Menu**

**Valentine’s Day is coming up soon, and with a holiday that celebrates relationships and love, many restaurants can make the perfect destination for a romantic date. If you are planning on taking your significant other out this year, here is a list of options for those with both picky palates and price-sensitive wallets. Each of these five restaurants is located on State Street and is the perfect option for a Valentine’s Day meal or snack. The ranking of each place is dependent on four factors: cost, portion size, ambience and taste.**

**SANTA BARBARA CRAFT RAMEN**
- Cost: Average
- Portion Size: Large
- Ambience: Very casual
- Taste: Why aren’t you there already?

**Santa Barbara Craft Ramen** is arguably the best ramen place in Santa Barbara. Just by looking at it, you wouldn’t expect this tiny ramen shop across the street from Himalayan Kitchen and Velvet Jones to possess such superb ramen. The secret is in the bone broth, made from pork and beef bones, which is cooked for 24 hours. For a lighter side, they also serve amazing poke and rice bowls.

**MOBY DICK**
- Cost: Semi-expensive
- Portion Size: Average
- Ambience: Semi-casual
- Taste: Best brunch on the pier

**Moby Dick** is located at the end of the Santa Barbara pier; this fish house serves some of the best brunch I’ve had in a long time. Their handmade cocktails are to die for, and their lobster Benedict is worth every penny. Though a bit on the expensive side, it is well worth the price. This Valentine’s Day, Moby Dick is offering a special from 11 a.m. to 9 p.m. on Saturday.

**PATXI’S PIZZA**
- Cost: Semi-expensive
- Portion Size: Large
- Ambience: Very casual
- Taste: The sauce is to die for

**Patxi’s Pizza** offers a one-of-a-kind experience. From 11 a.m. to 9 p.m. on Friday, Patxi’s Pizza is offering a special from 11 a.m. to 9 p.m. on Friday.

**BLACK SHEEP RESTAURANT**
- Cost: Expensive
- Portion Size: Small
- Ambience: Very fancy
- Taste: Expensive

**Black Sheep Restaurant** is known for its exquisite cuisine. Therefore, one should not expect anything less than visionary from the Italians’ celebration of La Festa degli Innamorati (the Day of Lovers). There are multiple festivals around the country on this day for lovers to celebrate their devotion to each other. As aforementioned, chocolate is quite a popular item around the world on Valentine’s Day, but because we are in the country where publicly announcing your endless love is commonplace, chocolate gifts need to be on a different level. A popular variation of Valentine’s chocolate is called Baci Perugina, little chocolate kisses with cherries and love notes inside. Some other dishes that are popular on the Valentine’s menu include the following: Spaghetti Alla Carbonara (pasta with egg, hard cheese and pork), Osso Buco (braised beef with vegetables and broth with white wine) and Penne all’Arrabbiata (penne pasta with signature tomato sauce, garlic and red peppers).

For those who want a more casual Valentine’s Day, look no further than Patxi’s Pizza. Located down the street from the Metropoli Metro Theatre, Patxi’s offers the perfect end to a movie and pizza night or a great start to a night out on State Street. Specializing in Chicago-style deep-dish pizza, Patxi’s puts their own spin on a classic recipe with a sauce that rivals any marinara that this writer has encountered. The pizza, however, comes with a bit of a wait — 25 minutes to be exact! If you are willing to wait, the pizza is well worth it.

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**ARGENTINA:** Buenos Aires in Argentina is South America’s symbol of romance, and they do not take Valentine’s Day lightly. As a matter of fact, they decided to make Valentine’s Day into Valentine’s week! Usually, this week ends with a Friendship Day. Since Valentine’s Day is a relatively new holiday in Buenos Aires, the holiday’s cuisine has novel concepts. For example, some popular appetizers and main courses are empanadas (fried flour pastry with beef fillings), revuelto gramajo (a hash brown dish with cheese, potatoes, eggs and vegetables) and morcilla (blood sausage made with pork, rice and fat).

Valentine’s Day in Mexico is called “The Day of Love and Friendship,” or El Día del Amor y la Amistad. In addition to sweet candies as alternatives to chocolate, another typical Valentine’s Day dish is Pibil Pollo, a Yucatan roast chicken dish with a bit of apple paste, a popular chocolate pastry in Mexico. With the bright red color of the achiote, the smell of citrus, garlic and habanero pepper and the softness of a well-roasted drumstick, this dish is sure to greatly help maintain the heart and (taste buds) of your amante.

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**ITALY:** Valentine’s Day is kind of a big deal in Italy, as they are known for their exquisite cuisine. Therefore, one should not expect anything less than visionary from the Italians’ celebration of La Festa degli Innamorati (the Day of Lovers). There are multiple festivals around the country on this day for lovers to celebrate their devotion to each other. As aforementioned, chocolate is quite a popular item around the world on Valentine’s Day, but because we are in the country where publicly announcing your endless love is commonplace, chocolate gifts need to be on a different level. A popular variation of Valentine’s chocolate is called Baci Perugina, little chocolate kisses with cherries and love notes inside. Some other dishes that are popular on the Valentine’s menu include the following: Spaghetti Alla Carbonara (pasta with egg, hard cheese and pork), Osso Buco (braised beef with vegetables and broth with white wine) and Penne all’Arrabbiata (penne pasta with signature tomato sauce, garlic and red peppers).

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UCSB Researchers Develop Controlled Phage Therapy Techniques, Potential Alternative to Antibiotics

Jacqueline Wen
Science & Tech Editor

A growing concern in health care, antibiotic-resistant bacteria are wreaking havoc on our ability to treat common infectious diseases. With antibiotics becoming less effective, researchers are looking into possible alternative treatment methods, including phage therapy.

Bacteriophages, or phages for short, are viruses that hijack bacterial cells to reproduce. Phage therapy uses phages to fight bacterial infections. Its main appeal is its potential to work on organisms resistant to antibiotics.

However, concerns regarding phage therapy stem from it being a poorly controlled technique, with an incomplete characterization of phage biology. Risks from phage evolution or its exponential replication can create apprehension about its biocidal potential, for instance.

Popular in former republics of the Soviet Union, phage therapy is reviewed generally as a last-resort option. Treatment is not available in the United States, though clinical interest is increasing with North America’s first phage therapy center having opened in UC San Diego in 2019.

“Despite these problems, people have been turning to phage therapy in extreme situations. Our work is geared toward bringing it to the hospital setting so that it can be used safely and more widely, from the initial phage trial that is occurring in UC Santa Barbara’s department of chemistry and biochemistry.”

The study’s results appear in a paper published in the Proceedings of the National Academy of Sciences of the United States of America.

Chen and her team aimed to address phage therapy issues by conjugating the phages to gold nanorods (AuNRs), creating “phanorods.” The researchers worked with UCSB mechanical engineering professor Beth Pruitt and her lab, who provided the proof of concept on the selectivity of phage therapy to target bacterial cells without killing non-harmful cells.

“We were delighted to be part of this new exciting technology for the selective killing of bacteria while preserving mammalian cell health in culture,” Pruitt said via email. “This preliminary work supports the idea of using such an approach in a wound healing environment to safely stamp out bacterial infections with little or no toxicity to the healing tissue.”

The phanorods were engineered to co-localize with the AuNRs within the bacteria including E. coli, P. aeruginosa and S. aureus. When excited with infrared light, the researchers could locally generate heat to efficiently kill the bacterial cells and the phages themselves, quelling any undesired future phage evolutions or replications.

The scientists were able to demonstrate widespread bacterial cell death along with survival of the majority of the mammalian cells, providing compelling evidence that phanorods “showing that biotools can be destroyed more effectively under infrared light,” Chen said. “In this way, we believe our controlled phage therapy could potentially work as an alternative to antibiotic-resistant infections.”

UCSB researchers conjugated phages to gold nanorods to allow for more selective targeting in killing bacterial cells without harming non-targeted cells. Here, phanorods infect a cell.

Molecular Engineering of Materials for Chemical Sensing and Metal-Organic Frameworks

Surya Pugal
Reporter

Last week, Durham College assistant professor of chemistry Katrina Mirica gave a seminar at the Durham College center for sustainable energy entitled “UCSB about strategies for molecular and impact-driven multifunctional research on MOFs.”

The seminar focused on the research that Mirica and her team have been conducting in the field of molecular engineering of materials for chemical sensing and metal-organic frameworks (MOFs).

Her work has centered on the development of MOFs that can be used to detect gases such as ammonia, hydrogen sulfide and nitric oxide by utilizing their unique properties in their solid state. She then went on to discuss how these materials can be used in thermal printers, alerting wearers of harmful chemicals, and in the use of polycyclic aromatic hydrocarbons (PAHs) as an alternative to traditional black ink.
Dear AJ, I've been in a relationship with my boyfriend for almost three years now and it's going great, but a few weeks ago, he randomly asked me to move in with him after graduation. The problem is that we've never dated anyone else, so I'm not sure how things would go. Trying every academic subject and personal hobby under the sun hasn't ignited some magical spark of interest that would tell me what to do with my life, but that's okay. I'm passionate about now, and what I'm passionate about when I was younger isn't what's exciting and fulfilling as they expected. What I was passionate about when I was younger wasn't what I'm passionate about now, and what I'm passionate about now most likely won't be what I'm passionate about many years in the future. There are things I'm passionate about, sure, but I can't limit myself by saying that I have just one passion. I like to believe that having a passion is not a goal, or a life plan, or a major in college. It's a feeling that can change given your circumstances at that moment—a feeling that you can't plan your life around. I think you can have a purposeful life without passion, by doing things that bring meaning to your life. You really don't have to, or eventually find, your one true passion and spend your life pursuing it. I think it's completely okay not to have one at all. You might discover a passion eventually, or you might not find one, it doesn't matter either way. As long as you do whatever your time to endeavors you believe are valuable, help others or bring happiness to your surroundings, you are happy. A life not linked to a strong interest is still a life worth living and one full of important contributions to society. Uncertainty is scary, and uncertainty about something as important as your direction in life is even scarier, but I think it's okay not to know where you're going. Whatever is that is you live in a way that's important to you.

Veronica Vo
Ze has been loving life lately, fitting in three separate lovers (2b, 1g) during his busy midterm schedule. The worst has come though, as lover #2 has allegedly asked for his hand in girlfriendship. As lover #2 sees it, life is one big conundrum. Ze has been loving life lately, fitting in three separate lovers (2b, 1g) during his busy midterm schedule. The worst has come through, as lover #2 has allegedly asked for his hand in girlfriendship. 

WEDNESDAY, APRIL 10, 2013

COUNSELING

Are you feeling stressed?

Video chat using your computer or phone with licensed therapist at ReelTherapists.com, Richard Darbutow, MA, #120804

WEATHER

Ze has been loving life lately, fitting in three separate lovers (2b, 1g) during his busy midterm schedule. The worst has come through, as lover #2 has allegedly asked for his hand in girlfriendship. As lover #2 sees it, life is one big conundrum.
When fourth-year hydrologists major Ivan Gonzalez first came to UC Santa Barbara, he said he was excited to have easy access to outdoor activities like surfing. He looked like me,” Gonzalez said. “I’m in love with the outdoors, Gonzalez said. He cared about environmental awareness of the inequitable limitation on who is able to visit those spaces. While he acknowledged groups who aim to make adventuring more affordable for students, like UCSB Adventure Programs and Exploration Club, Gonzalez said MAPAS was created to address a deeper problem. “UCSB has really robust opportunities for a proposed housing project at People’s Park near UC Berkeley, was met with resistance after a group of roughly 20 counter-protesters appeared, bearing pro-LGBTQ+ signs while blasting music from a speaker. To prevent this from happening again, the UC Office of Engineering and Computing forwent its automatic sending feature. The emails came from various websites such as LinkedIn, Tinder and Facebook. Pseudonym of Joseph Hawk. To prevent this from happening again, the UCSD Office of Engineering and Computing forwent its automatic sending feature. The emails came from various websites such as LinkedIn, Tinder and Facebook. Pseudonym of Joseph Hawk. To prevent this from happening again, the UCSD Office of Engineering and Computing forwent its automatic sending feature. The emails came from various websites such as LinkedIn, Tinder and Facebook. Pseudonym of Joseph Hawk. To prevent this from happening again, the UCSD Office of Engineering and Computing forwent its automatic sending feature. The emails came from various websites such as LinkedIn, Tinder and Facebook. Pseudonym of Joseph Hawk. To prevent this from happening again, the UCSD Office of Engineering and Computing forwent its automatic sending feature. The emails came from various websites such as LinkedIn, Tinder and Facebook. Pseudonym of Joseph Hawk. To prevent this from happening again, the UCSD Office of Engineering and Computing forwent its automatic sending feature. The emails came from various websites such as LinkedIn, Tinder and Facebook. Pseudonym of Joseph Hawk. To prevent this from happening again, the UCSD Office of Engineering and Computing forwent its automatic sending feature. The emails came from various websites such as LinkedIn, Tinder and Facebook. Pseudonym of Joseph Hawk. To prevent this from happening again, the UCSD Office of Engineering and Computing forwent its automatic sending feature. The emails came from various websites such as LinkedIn, Tinder and Facebook. Pseudonym of Joseph Hawk. To prevent this from happening again, the UCSD Office of Engineering and Computing forwent its automatic sending feature.
We wanted to get involved with
We came back [to the U.S.] and
babies per family and Janice and
family, 15 babies per family, 20
who were having 10 babies per
planning that they observed.

herself taken aback by the
of Central and South America
fieldwork in the rainforests
howler monkeys and squirrel
wide variety of animals including
as primatologists, studying a
John Baldwin originally worked
in 2003.
sex-education website established
the creators of SexInfo Online, a
along with Simon LeVay, and are
"Discovering Human Sexuality,"
also co-authors of its textbook,

"— or wonder whether Janice is
 — which the Baldwins themselves
the advent of the internet and
open than when the class was
it together," Janice said.

Those issues don’t
come up much when we’re doing
it together,” Janice said.
Even in an era more liberal and
open than when the class was
initially taught, and even with
the advent of the internet and
online resources for sex education
— which the Baldwins themselves
have contributed to — there is still
a place for Soc 152A.

“We have a lot of people like international students ...
people from homes in which sex
is not talked about, from very
conservative backgrounds,” Janice
said, adding that “it’s amazing
how many people still benefit by
taking Soc 152A.”
News
Thursday, February 13, 2020

From “The Central Park Five” to “The Exonerated Five”: Yusef Salaam Speaks at UC Santa Barbara About Racial Justice System Being Exonerated

Megan Ramsey
Reporter

“The words ‘guilty’ echoed so many times in that courtroom I lost count.”

That was the reality for Yusef Salaam, one of the Exonerated Five, known more commonly as the Central Park Five. Salaam spoke to 600 people at Corwin Hall on Tuesday evening about his experiences with the criminal justice system and bringing their cases back into the limelight.

During his talk on Tuesday, Salaam spoke about his experiences in prison, describing the Clinton Correctional Facility, where he was transferred to in 1995, as one of the hardest prisons in New York state. It was there where he met members of the Black Panther Party who told him that he was the 1,113th new prisoner in the span of two months, Salaam said.

Stemming from his experience at the facility, Salaam emphasized in his talk that he believed the 13th Amendment needs to be reformed in order for the criminal justice system to improve.

He recalled speaking the words of Malcolm X, followed by a rap song he wrote, which resulted in a furious judge and a news article titled “Salaam Baloney.” “Dr. Martin Angelos provided some advice before she left this world. She said you shouldn’t be angry, but you must not be bitter. She said bitterness is like a cancer. It eats upon the host; Salaam said.

“She says so use that anger. You dance it. You march. You vote it. You vote it. You write it. You say the truth; You do everything about it. And then say you talk it. Never stop talking about it,” he continued.

In 1999, then-President Donald Trump put out ads in several daily newspapers with the headline “Bring Back the Death Penalty. Bring Back Our Patriots” in reference to the alleged crimes of the five teenage boys, Salaam told the audience.

After his exoneration, Salaam recalled trying on a suit for a job interview and unknowingly wore a Trump suit — which he quickly threw off once discovering its maker.

“You have to surgically remove whatever it is that’s holding you down because imagine me one day waking up, turning on the news and seeing the man who took out a full page ad calling for the state to kill me as the president of the United States. If I kept thinking about him, and the apology that I want, I’ll be living a miserable life,” Salaam said.

“Forgiveness also comes by moving forward and release all the negativity and pain that’s holding you,” he added.
$27 Million New Router Installation To Improve Data Capacity and Internet Speed Under Way at UCSB

Jackson Guilfoil Staff Writer

UC Santa Barbara is currently in the process of installing 10 new routers on campus in an effort to increase the campus data capacity tenfold and to improve the speed of on-campus internet.

Although 30 million upgrade from 10 to 100 gigabit links is set to be completed in April, but buildings such as the University Library could see immediate improvements in data transmission speed, according to Kevin Schmidt, UCSB’s director of Enterprise Technology Services, who is in charge of the router replacement project.

However, Schmidt said that the upgrade will have a very noticeable immediate impact on internet speeds in most other parts of campus.

Although the previous router installation was able to upgrade 50 new routers on campus in an effort to increase the campus data capacity tenfold and to improve the speed of on-campus internet.

The new routers should meet demand for data transmission on campus for the next five to seven years, according to Schmidt, at which point they will have to be upgraded again.

The $27 million upgrade for the project includes the cost of the routers, labor for installation, and maintenance for over the next seven years.

The UCSB data network will be down during the router installation from 3 a.m. to 6 a.m. on the following Wednesdays: Feb. 26, March 4, April 1, 8, 22 and 29.

By increasing the capacity of the data network, Schmidt said the data transmission speed at individual buildings can then be upgraded.

If data speeds in specific buildings were increased without building more data capacity, it would be like making "really big roads that lead right into a two-lane highway," Schmidt said.

"When we want to do first is make the highway bigger, and then we'll make the streets out to the residential neighborhoods larger," Schmidt added, referring to various other buildings on campus as the "residential neighborhoods."

While the time span for replacing the new routers is listed as three hours, the actual installations could be as short as 15 minutes, decreasing the amount of time the network is down, according to Schmidt.

An upgraded network could also facilitate center use of multimedia teaching materials, such as videos, according to Rich Wolski, a professor in the computer science department at UCSB. Videos uses such a large amount of data relative to other internet uses that the campus will "overwhelm daily," notice the upgrade in the form of video loading speeds, he added.

"If you were to go to another research school, you would expect 10 gigabit networking to be present, but you might not expect 100 [gigabits]," Wolski said.

Beyond internet usage, data transmisions would also be faster, typically be from researchers sending data back from NASA satellites, according to Schmidt. Information downloaded can include weather patterns and ocean temperatures over periods of time.

The next step in the project is to evaluate the data connections between the central network and the service in individual buildings, according to Schmidt.

"We fixed the highway that brings us into the city, and then we need to look at those roads that lead off the highway into the neighborhoods," he said.

Interactive Campus Map Will Relaunch After Geography Department Receives Additional Funding

Madeline Myers Reporter

The UC Santa Barbara Department of Geography’s Interactive Campus Map, which shut down due to a lack of university resources and staff, will relaunch once the department receives additional funding.

When news of the map’s termination in early January circulated among the student body on social media, students expressed frustration at the termination of the long-standing tool. But the data it used to function has since become outdated, explained Matthew Hall, associate vice chancellor for information technology and chief information officer at UCSB.

He added that most of the maps original sponsors have since left the university.

"Due to the age of the infrastructure and some complex configuration issues, staff members with skills sets that we previously had, who understood the nuances of the configuration, are no longer here at UCSB," Hall said.

"It’s grown strong enough that we need to staff and license it appropriately."

The map began as a joint academic project between the geography department and other data providers on campus to locate lecture halls, classrooms, food establishments and hydration stations as well as building dimensions and meters, according to Hall.

While the map was created for the UCSB community in February 2013, early stages of its development began in 2008 under the leadership of Delan Parenti, the information technology manager of the geography department at the time. According to a Nexus article published in 2016, the map relies on multiple layers of software which combine to make the map a multifaceted geographical tool.

Additionally, the map featured interactive tools, including self-guided tours through natural spaces like the Campus Lagoon and lists of the energy consumptions of various buildings.

Andrea Estrada, university spokesperson, said that discussions are now ongoing about "the best way to create and maintain tools and resources for navigating the university and real time and helping to ensure the best campus experience for students, faculty, staff and visitors."

While Hall and his team await the approval and funding they need to relaunch the map, they are working to improve certain elements of it, such as its access to the Environmental Protection Research Institute and Aeronautical Reconnaissance Corporation’s Geographic Information System, information databases that have since left the university.

And while the geography department’s site does not specify a relaunch date, Hall remains hopeful.

"It’s grown strong enough that we need to staff and license it appropriately."

Once the funding comes through, the public will be right back at it, he said.

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**UCSC COLA**

Continued from p.1

Approximately 150 UC Santa Barbara graduate students marched to Chancellor Halley’s office on Thursday to demand a COLA. The University of California System is expected to make a decision on COLAs, including for UCSC, in the coming months. The students are calling on the university to take action to address the cost-of-living crisis facing graduate students and to ensure that they have fair and equitable treatment. The students have been participating in various forms of activism, including strikes and public demonstrations, to bring attention to the issue. They are demanding a COLA as a form of recognition for their contributions to the university and to address the high cost of living in the Santa Barbara area. The students hope that the university will act on their demands and provide a COLA to address the financial burden they face. The students are working together with other graduate organizations and student unions to mobilize support and raise awareness about the issue. The students are committed to fighting for their rights and advocating for a fair and just workplace for graduate students.
Red-Hot Gauchos Look To Extend Win Streak Against Aggies

Spencer Ault
Staff Writer

After two huge victories last week, the UC Santa Barbara men's basketball team is riding high. That could be an issue against UC Davis, whose record and small size make them easy to overlook.

While there's no easy way to avoid overconfidence, the Gauchos have just the right tool to take advantage of the Aggies' short stature: sophomore big-man Amadou Sow.

Sow, who earned Big West Player of the Week honors for his team-leading performance in UCSB wins over Hawai‘i and UC Irvine last week, is on a roll and ready to overwhelm UC Davis. The Anteaters' size and rebounding is a big problem for the Aggies, whom they outscored 74-30 in the paint last week. UC Irvine recently pulled off a season sweep of UC Davis and provided UCSB with a blueprint on how to do so.

UC Davis is a Goliath, even with three wins in a row, and getting assists and defending.

"Every single game has a different life of its own," Pasternack said. "We just have to keep playing team basketball and sharing the basketball. That's the only way to stay steady after three wins in a row. The winning streak and the feeling of beating two of the Big West's best in Hawai‘i and UC Irvine is undoubtedly intoxicating, but UC Davis won't be forgiving of UCSB gets too cocky.

"Every single game has a different life of its own," Pasternack said. "We just have to keep playing team basketball and sharing the basketball and getting assists and defending." The Gauchos are far from a Goliath, even with three wins in a row, but they'll do well to follow that prescription when they take on the Davis-sized UC Davis team.

UCSB plays UC Davis in Davis on Thursday at 7 p.m.
Brandon Victor
Sports Editor

For the UC Santa Barbara women’s basketball team, every conference game is of the utmost importance. This week, however, that statement is especially pertinent, as the sixth-place Gauchos have traveled down to Southern California to take on the LMU Lions and Pepperdine Waves in their eighth and final road game of the season. After splitting the last two matches on the road, the Gauchos still maintain a 5-1 overall record, but with nine games through conference play, Santa Barbara is 2-7, fighting tooth and nail to finish last in the conference. Nine games through conference play last season, Santa Barbara was 2-7, fighting tooth and nail to finish last in the conference and secure the last tournament bid.

Still, Head Coach Bonnie Henrickson and the team will not merely settle for improvement. On Saturday, UCSB showed that it still needs to find more consistency if it hopes to compete with the elite teams in the Big West. After a 20-point first quarter against second-place Hawaii, the Gauchos allowed the Wahine to come to a close with the team only scoring 31 points of the remaining game. With two difficult road matches to start this week, UCSB will need to be locked in for 80 minutes straight if the team hopes to maneuver its way up to third place in the conference. On Thursday, Santa Barbara will host Long Beach State (10-12-5, 4) that has struggled as of late after storming out of the gate to begin conference play. The 49ers have lost their last two conference games, and an average of 22 points per game in road losses.

In their last game—a 61-41 blowout loss to Cal Poly—the Gauchos were in large part shut down by their free-throw shooting, with the team shooting 6-13 from the line on the night. In addition, Shanaiah Davison—a junior guard who leads the team with 13.4 points per game—was held scoreless during that game, going 0-9 from the floor on the night. If UCSB are to knock off LBSU, the Gauchos will need yet another big game from freshman center Ba Laze. One area Long Beach struggles with is on the boards, with the team usually getting outrebounded by more than 9 rebounds per game. Last game, LBSU allowed 175 rebounds per game, with no 49er player averaging more than 7.2 rebounds per game. Lane should once again faut on Thursday.

However, in front of their home crowd, the 49ers will undoubtedly put up a strong fight. LBSU is in a better home team versus 6-9 record at home this season versus 2-9 on the road. In addition, Long Beach makes up for its lack of size by creating extra possessions on the defensive end. LBSU’s forces almost 22 turnovers a game—a staggering number—while only turning the ball over about 14 times per game. UCSB’s guards—namely senior Cody Miller and junior Diwan Miller—will need to take care of the ball if the Gauchos hope to steal a road victory.

“They have tremendous athletes on the ball and in the passing lanes,” Henrickson said. “We need to make sure we stay aggressive while also staying disciplined on offense.” On Saturday, UCSB may not get any easier for the Gauchos when they travel to Long Beach for a matchup against fifth-place CSUN (9-13, 4). The Matadors have also struggled as of late, dropping their last three games. Nonetheless, there is little doubt that UCSB has the ability to put up a strong showing when playing at home, with 6-3 record at home this season.

UCSB’s success on Saturday will down to its ability to limit De’Jonase Calloway. A rebounder specialist, Calloway has dominated the interior all season, averaging 14.0 points per game and 12.5 rebounds per game. With that, Cal Poly will likely have to have a dominant performance if the Gauchos can stay on the floor.

UCSB will take on Long Beach at 7 p.m. on Thursday at the Pyramid before traveling down to Northridge and taking on CSUN at 7 p.m. on Saturday.

UEFA Champions League Knockout Round Preview

Brandon Victor
Sports Editor

After two months, it’s finally here; the UEFA Champions League knockout phase. With four games scheduled for this week—two on Tuesday and two on Wednesday—soccer fans have plenty to look forward to this upcoming week. For those fans who haven’t had a chance to stay up-to-date on the teams left in the competition, here’s a brief overview of the games this week.

Athletico Madrid vs. Liverpool

On paper, Liverpool seems to be the clear favorite in this tie, with the English powerhouse yet to lose a single game in the Premier League this season. Behind the best front three in the league with Luis Suarez, Raheem Sterling and Roberto Firmino—Liverpool has taken a resounding 73 points from their first 25 domestic fixtures this season. However, Athletico has struggled to score all season and may be without star João Félix, but with Diego Simone at the helm—plus all of the best defenses in Europe—look for them to make life difficult for Liverpool on Tuesday.

Borussia Dortmund vs. Paris Saint-Germain F.C.

Two months ago, Paris Saint-Germain (PSG) FC would have been heavily favored in this matchup. Now, this meeting seems poised to be one of the most exciting games of the week. Between the signing of teenage phenom Erling Braut Håland and Joaquin Sanchez’s newfound form, Dortmund has bagged 18 total goals in their last five games. The far bigger question mark in this matchup will be if with no player averaging more than 7.2 rebounds per game. Lane should once again faut on Thursday.

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UCSB Introduces Department of Student Vibes

UC Santa Barbara officials announced Tuesday that an all-new student-resource department would be making its way to campus in the fall of 2020: the Department of Student Vibes. In the brand-new Student Vibe Center, students will be able to get their vibes checked, free of charge.

The department’s introduction comes as a result of unprecedented levels of reported off-vibe behavior occurring on university grounds. In an effort to uphold the university’s reputation for vibe education and awareness, staff will also be attending the ribbon-cutting ceremony.

“Since the official announcement of the department’s introduction, UCSB has steadily climbed in the U.S. News & World Report rankings for Best Vibes. Vibe analysts predict UCSB’s vibrational ranking to rise to the top five by 2020.”

“I’m just vibing,” Yang laughed. “And all of you should be too.”

Sierra Vakili
Staff Writer

Monster Under Davidson

“A Wiessass
Editor, Nexustentialism

DAVIDSON LIBRARY — Reports have surfaced that the long-dormant eldritch monster residing under Davidson Library has grown restless due to a burgeoning hunger that can no longer be sated by our measly tithes.

Experts are unsure why the monster has grown dissatisfied as of late. Some suggest the debauchery of Ida Vista may have been taken as an affront to His Dark Holiness’ capability for earth-shaking destruction, while others have posited this is simply the next step in the monster’s evolution and was simply unavoidable.

With this looming threat bearing down over campus, available information has suggested that Yang’s efforts have been to no avail. With this looming threat bearing down over campus, many students have considered evacuating; however, Bartis told the Nexus that this would be a futile effort.

“I was previously content with raccoons and jackrabbits, but it has learned of man’s folly and now requests more than it can offer,” he continued.

Chancellor Yang has met with experts in the field of monsterology in search of answers on how to appease the abomination. All available information has suggested that Yang’s efforts have been to no avail.

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He relayed a note from the monster, left in blood on the walls of the Davidson basement walls that read, “Foolish mortals, I know not space, I know not time; I will go to any other-worldly threats.”

A. Wiessass thinks the need to study for midterms trumps any other-worldly threats.

No word has yet been issued as to whether this news will affect class schedules.

A Wiessass thinks the need to study for midterms trumps any other-worldly threats.

“North campus is no different from the rest of this cursed university; I can no longer sate my primordial hunger; our doom is imminent,” said Bartis.

“[sic]“
Need Some Songs To Spice Up Your Valentine's Day Plans? We've Got You Covered

Sweet Thing' by Twenty Peaks

"Sweet Thing" is one of those tracks that leaves a bittersweet taste in your mouth (mostly sweet, of course) as it accurately captures tender, misguided, youthful love. For instance, as Clay Frankol of Twenty Peaks is sermonizing her lover in this song, she's singing, "There's women every single way I look/But you're the only one that's ever looked back at me." It's clear he really loves his partner yet still is asserting his ego by explaining that he has plenty of options for romantic endeavors. Twenty Peaks does a great job of balancing these immersive lyrics with more kind ones like, "I've been thinking all about you lately," which, when combined with the former, perfectly represents the imperfect and chaotic experience that is true love.

"Oh Honey" by Delegation

O-o-o-o-h honey! All you need to hear is the opening instrumental to catch the vibes with this one. A pure gem and nostalgia oldie like "Oh Honey" by Delegation will leave you and your lover (or maybe just you) feeling some type of way and slow dancing wherever you may be. Delegation's wistful vocals, mesmerizing synths, groovy bass and smooth keys are a must for any love-song playlist. The track's immense romantic funk will set the perfect mood for Valentine's Day; you also may have heard it sampled in "Lottery" by Kali Uchis – another great addition to your special V-Day playlist.

"When I'm Sixty-Four" by The Beatles

"When I'm Sixty-Four" was written by Sir Paul McCartney at the adorable age of 16, a suitable age for exploring romance along with all the tenderness and magic it has to offer. The track has a cheerful melody, and the lyrics paint a virulently daydream of a boy and girl who fantasizes about the love of his life growing older beside him. It seems as long as they stay together, even doing the most ordinary things such as going for a drive or gardening together will fill him with happiness and peace. The soft and heart-throbbing experience of falling in love is usually accompanied by the hope of your significant other being by your side forever, and in the spirit of Valentine's Day, this song beautifully captures this heartwarming feeling.

"Ain't No Mountain High Enough" by Marvin Gaye and Tammi Terrell

This classic, consisting of a duet between Marvin Gaye and Tammi Terrell, will take you to no elegant dancing without a doubt. If you're looking to hear the cheeky pop songs of the 21st century that sing about such matters, look no further than this two-minute ballad comparing affection to geographical landmarks. So don't take any chances with your significant other this Valentine's Day because there's no mountain high enough to keep them from getting to you, baby.

"Baby, I Love You" by Ramsey Lewis

While yes, the Ramones are known for kickstarting punk rock, look no further than their rendition of The Ronettes’ "Baby, I Love You" sounds as close to a love song as any. The tenderness in Joey Ramone's voice as he sings, "I can't live without you/ I love everything about you/I can't help it if I feel this way," is enough to convince any person you're hoping to court on Valentine's Day.

Shrunken Heads Production Brings a Stunning Performance of "Mamma Mia!" to UC Santa Barbara

The Shrunken Heads Production Company performed "Mamma Mia!" this past weekend in the Lotte Lehmann Concert Hall, bringing a showstopper enjoyed by all present last weekend in the Jennifer Sor with you everywhere you go.

Looking for a carefully crafted Valentine's Day playlist filled with all kinds of love songs? Well, look no further!

"My Dude" by Litany

"My Dude" is the perfect song if you're hoping to confirm your feelings for your secret crush this Valentine's Day. Though the track's lyrics are somewhat simplistic, with lines like "I really like you/ And if you liked me too/I could be your girlfriend/" Litany's voice creates a soothing aura that flows seamlessly with the funky, soulful synth music that's guaranteed to stick in your head for days on end.

"Everything" by Fleetwood Mac

This list would not be complete nor reasonable without mentioning "Everything" by the rock band Fleetwood Mac. The musicianship in the song is tremendous and inspiring, but the love message that is relatable to anyone who has been played by an immature liar makes it difficult to keep your eyes dry. The song "Everything" serves as the perfect love song for exploring romance along with all the tenderness and magic it has to offer.

"Soothing My Heart" by 2Pac

"Soothing My Heart" by 2Pac is a gangsta ode to the idea of information that has come to withstand the decades since its initial release. By chronicling his fast times and trials, 2Pac paints a vivid tale of a boy who is trying to find a balance between his fast-paced and loud genre of punk rock music, yet insane and hilarious "I Touch Myself" by Divinyls, from its initial release. By chronicling his fast times and trials, 2Pac paints a vivid tale of a boy who is trying to find a balance between his fast-paced and loud genre of punk rock music, yet insane and hilarious "I Touch Myself" by Divinyls, which originally gained fame when it was featured in the film "Twin Peaks.

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Valentine's Day Foods From Around the Globe

On Valentine’s Day, it is quite common for people in couples to exchange chocolates as a token of their love and appreciation for their other half. Quite frankly, nothing says “I love you” more than giving Valentine's Day treat to your partner, considering that they are sweeter than chocolate. Today, I invite you to travel around the globe with me and take a look at dishes in other countries that couples are swooning over on this affectionate holiday.

**Great Britain:** Chocolate is still an essential food item for Brits, but that is only after loving couples finish indulging in delicious, raw oysters. Specifically, they eat Pacific oysters, which are produced on farms, instead of the native oysters that are available year-round because regular oysters are just not sufficient for your special Valentine.

**Chinatown:** Valentine’s Day is kind of a big deal in China, considering that the country dedicated a festival to celebrate this special occasion. The festival is called Qingguo (Qixi), and during this festival, both single and taken women will put on new clothes and play to the Vega star for wisdom and sophistication (and maybe for Mr. Right if they are single). Of course, it would be negligible not to mention the delicious Qingguo, a traditional pastry at the festival that symbolizes intelligence and ingenuity. The fried pastry comes in various shapes, has a sweet taste, and can be given to your significant other, friends and even your parents-in-law.

**Belgium:** Belgium is famous for its chocolate, since chocolate is an important tradition on Valentine’s Day. But if you want to make up your sweet tooth with a dessert that is easy on the eyes, flavorful and full of interesting textures, a Belgian waffle would be the best choice. Belgian waffles are a lot thicker than other countries’ waffles. Made with sweet yeast dough and crystallized sugar on top, the waffles are also more chewy and dense, making each bite better than the next.

**Egypt:** A popular main dish that is present in many holidays in Egypt, including Valentine’s Day, is called Fattah (beef or lamb meat served with rice, bread and vinegar/tomato sauce). It is more common to have lamb as the protein instead of beef when there is a special holiday. On top of that, Egyptians also enjoy a non-cafﬁneted drink called rose petal white “coffe.” The drink does not contain any coffee in it – only the juice of a thousand rose petals mixed with hot water and a brown sugar cube. The drink will surely help maintain an intimate atmosphere among lovebirds.

**China:** Valentine’s Day in China is called “The Day of Love and Friendship,” or El Día del Amor y la Amistad. In addition to sweet candies as alternatives to chocolate, another typical Valentine’s Day dish is Pipil Pollo, a Yucatan roast chicken dish with a bit of garlic, assauce, a poppy seed sauce, and the sofisticas of a well- executed drumstick. This dish is sure to go well with your heart (and taste buds) of your amante.

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**Italy:** Besides being the origin of this heart-throbbing holiday, Italy is also known for its exquisite cuisine. Therefore, one should not expect anything less than the best of Italian cuisine gifts to be on a different level. A popular variation of Valentine’s Day in Italy is called Baci Perugina, little chocolate kisses with cherries and love notes inside. Some other dishes that are popular on the Valentine’s menu include the following: Spaghetti Alla Carbonara (pasta with egg, hard cheese and pork), Osso Buco (braised beef with vegetables and broth with white wine) and Penne all’Arrabbiata (penne pasta with signature tomato sauce, garlic and red peppers).

**Argentina:** Buenos Aires in Argentina is South America’s symbol of romance, and they do not take Valentine’s Day lightly. As a matter of fact, they decided to make Valentine’s Day into Valentine’s week! Usually, this week ends with a Friendship Day. Since Valentine’s Day is a relatively new holiday in Buenos Aires, the holiday’s cuisine has novel concepts. For example, some popular appetizers and meals are empanadas (fried flour pastry with beef fillings), revuelto gramajo (a hash brown dish with cheese, potatoes, eggs and vegetables) and morcilla (blood sausage made with pork, rice and fat).

Valentine’s Day is a beautiful holiday that celebrates not only love but also friendship and kinship. This holiday brings everyone closer together and gives everyone a great opportunity to remind their loved ones how much they mean to them. Furthermore, I would like to add that most of these dishes pair well with a glass of wine, but you might not need it – after all, that special someone’s smile is already enough to make you drunk in love.

*For those who want a more casual Valentine's Day, look no further than Patxi's Pizza. Located down the street from the Metropolitan Metro 4 Theatre, Patxi's offers the perfect end to a movie and pizza night or a great start to a night out on State Street. Specializing in Chicago-style deep-dish pizza, Patxi's puts their own spin on a classic recipe with a sauce that rivals any marinara that this writer has encountered. The pizza, however, comes with a bit of a wait – 25 minutes to be exact.*

**SoBoba**

Cost: Cheep
Portion Size: Average
Ambience: Very casual
Taste: Perfect

**Moby Dick**

Cost: Semi-expensive
Portion Size: Average
Ambience: Semi-casual
Taste: Best brushch on the pier

**Patxi's Pizza**

Cost: Semi-expensive
Portion Size: Large
Ambience: Very casual
Taste: The sauce is to die for

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**Black Sheep Restaurant**

Cost: Expensive
Portion Size: Small
Ambience: Very fancy
Taste: Expensive

For those who really want to impress this Valentine’s Day, check out the Black Sheep Restaurant. A bit small on the portions and high on the price, this place is for those who want a truly fine-dining experience. The Black Sheep Restaurant offers the most delicious, creamy risotto du jour, and their bone marrow bruschetta is divine. The bone marrow becomes meat butter on a plate. So if you are looking for a nice night out and don’t mind the price, this is the place to be.

This list offers only a small sample of the many delicious restaurants on State Street, with many more exquisite restaurants to suit any taste and preference. However, you decide to spend your day, either out on the town or indoors. I’m certain that you will be able to make the day a delicious one to remember.
Molecular Engineering of Materials for Chemical Sensing and Metal-Organic Frameworks

Surya Pugal

Last week, Dartmouth College assistant professor of chemistry Katherine Mirica gave a seminar on S.O.F.T. (sensitive-on-demand transducer) devices, which are based on metal-organic frameworks (MOFs). MOFs are materials made of metal ions and organic ligands that can form complex structures, and they have potential applications in areas such as drug delivery, gas storage, and catalysis.

MOFs are composed of repeating units called nodes, which are connected by organic linkers. These linkers can be functionalized with various groups to give the MOFs specific properties. For example, in the case of S.O.F.T. devices, the MOFs are functionalized with gold nanorods (AuNRs) that can absorb light at specific wavelengths.

When the nanorods are exposed to light, they heat up and cause the MOFs to change color, which can be detected using an optical sensor. This change in color indicates the presence of a particular gas or vapor in the environment.

In addition to this ability, S.O.F.T. devices can also be used as chemical sensors, where the MOFs absorb light at specific wavelengths when exposed to certain chemicals.

S.O.F.T. devices can be particularly useful in detecting small concentrations of gases, which can be difficult with traditional chemical sensors. They can also be used to detect harmful substances such as ammonia, hydrogen sulfide, and nitric oxide, which are all present in the environment.

In the future, S.O.F.T. devices could be used in a variety of applications, such as in personal protective equipment (PPE) to detect harmful gases or in environmental monitoring systems to detect gas leaks.

The seminar was well-received by the audience, and there was a lively discussion afterward. Developers of S.O.F.T. devices are optimistic about the potential for this technology to be used in the real world.
Dear AJ,

I've been in a relationship with my boyfriend for almost three years now and it's going great, but a few weeks ago, he randomly asked me to move in with him after graduation. The problem is that we've never met in person before. He just recently moved out of his parents' house, so I like him enough to do it but I honestly scare me a bit. We've never met in person but we've video chatted. I just never thought he would ask something like that because he used to say that this wasn't going to be a serious relationship for him. Even now that he wants to bring it up again, I just either leave him alone or change the subject. What do you think I should do?

Dear Elly,

I seriously suggest that you put off any thought of moving in with your boyfriend until you have met him in person a considerable number of times. Jumping from a virtual relationship to living together is a huge decision, and one that deserves serious time, thought and open communication.

The fact that you don't feel comfortable addressing this topic with your boyfriend over text shows that you're not ready for the type of communication that is required in order to live with another person. Though you say you have video chatted before, there are a lot of potential dangers associated with online relationships. Please, be cautious whenever you do meet up in person. For example, make sure to share your location with your friends and family and to meet in a public setting, like a coffee shop – at least for the first few times. Also, think about your own priorities. Does moving across five states to be with him suit your plans for the future? Is it worth leaving behind your friends and family for a person who a) you've never actually met and b) said he didn't want a serious relationship with you? Also, being in a happy relationship with someone doesn't necessarily mean you'll be compatible as roommates. Here's the thing: You say you like him enough to move in with him – but do you love him? And if you're never met IRL, how can you tell the difference? I'll bet he's committed enough to meet you in person, it's okay.

Dear AJ, I want to break up with my partner, but I know they have big plans for the future. Should I stick it out for another week, or would that be lying?

Dear Anonymous,

The Times They Are A-Changin'. Would you really want to be with someone that you're not in love with anymore? Second, breakups are painful enough already. Can you imagine how much more your partner is going to hate you once they realize that you are breaking up with them days after they have spent their last pennies on you? From your point of view, at least if you cut things off now, they can use those Disney tickets on someone who won't curb their stomach. Put yourself in their shoes and consider their needs and desires in these final moments of your relationship – especially since your timing fucking sucks. Communicating in a caring manner about why you are ending things on such short notice would also be helpful in reducing your partner's concern as this might be very hard for them. Though I understand that initiating breakups can be hard, make like a pair of Nikes and just do it! It will also be best if you did it as soon as possible because I know return policies on some items are only 14 days.

Veronica Vo

Ask AJ: Love at First Site

Why Having a Passion is Overrated

It's not often that a person is lucky enough to find a passion that they are passionate about now most likely won't be what I'm passionate about in many years in the future. There are things I'm passionate about, sure, but I can't limit myself by saying that I have just one passion. I like to believe that having a passion is not a goal, or a life plan, or a major in college. It's a feeling that can change your current choices and interests – a feeling that you can't plan your life around.

I think you can have a purposeful life without passion, by doing things that bring meaning to your life. You really don't have to, or eventually find, your one true passion and spend your life pursuing it. It is completely okay to not have one at all. You might discover a passion eventually, or you might not find one, it doesn't matter either way. As long as you devote your time to endeavors you believe are valuable, help others or bring happiness to the people around you. This is a passion in itself. You can't plan your life around and I think it's completely okay to not have one at all. You might discover a passion eventually, or you might not find one, it doesn't matter either way. As long as you devote your time to endeavors you believe are valuable, help others or bring happiness to the people around you. This is a passion in itself.

Veronica Vo is a Staff Writer.

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It's much more your partner is going to hate you once they realize that you are breaking up with them.

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