Probably forgetting his iClicker for a stupid intro class he doesn’t need anyway.

Brain work for shit. Is it just him? Is the world ending? Do you love this shit?

Eisenhower actor Tom Hanks brings cherished icon back to the screen in “A Beautiful Day in the Neighborhood” (2019). The film is a tale of kindness triumphing over cynicism, based on the true story of Fred Rogers and frontman Tom Junod’s (Matthew Rhys) unlikely friendship. When Junod, a jaded magazine writer, is tasked with profiling the children’s television pioneer, he must overcome his skepticism to learn about kindness, love, and forgiveness from America’s most beloved neighbor. Screenwriter and executive producer Matthew Rhys tempered his approach for the script, seeking discussions. The event is free but a reservation is recommended in order to guarantee a seat.

In the film “Now, Voyager” (1942), Boston heiress Charlotte Vale (Bette Davis) is the victim of a conniving mother (Glady’s Cooper) and teeters on the verge of a nervous breakdown. Emerging from her sanatorium retreat, she embarks on a crusade to destroy the film theory. E. Ann Kaplan (Story Brook University) will join Franco Perez, Director of the Center for the Study of Philosophy of Science to discuss the enduring legacy of this fascinating film.

ACROSS
16 Org. where students publish a newspaper
25 “How’s the weather?”
32 To kill
34 Gillette ancestor
46 Female
50 Golden
60 Football
62 Inter __
70 ‘50s tankers?

DOWN
2 4th in baseball
2 Get
20 Overhead views
21 “You got me”
22 Nail
24 Overzealous
27 Buckskin source
28 1970s-’80s self-help guru
31 “Coney Island”
35 End notes?
38 Ring decision
39 Oils a deck of
42 Hosp. readout
44 Lost, as a tail
45 Storm maker of
47 Cross-country
48 Lithe
49 Falls back
50 Similar things
51 Security images
52 Veil material
58 Designer’s
59 Schindler of
60 Ancient
62 Inter __
63 Gal idolizing actor
65 Designer
66 Interior
68 Hard
69 Mermaid
71 Bungle
72 Gal idolizing actor
74 “Coney Island”
75 Seven of

SOLUTION TO THURSDAY’S PUZZLE:
82 X, but no other family members...
...where were we?

WEATHER

Something must be in the air this Winter Quarter because Ze is a top-tier dumbass and can’t seem to make his brains work for shit. Is it just me? Is the world ending? Are you high right now? Do you love this shit?

Tomorrow’s Forecast:

Sun: Partly cloudy.
Mon: Rain.
Tues: Snow.
Wed: Snow.
Thurs: Snow.
Fri: Snow.
Sat: Snow.
Sun: Snow.

ANSWER TO PREVIOUS PUZZLE:

10 Pasture calls
11 Bin
15 Caterer’s supply
16 Scotch for a beer
17 Fark and Fonda after mud wrestling?
19 Since
20 Nul
21 You got me
23 Hawaiian coffee
25 River near
27 Buckskin source
28 1970s-’80s self-help guru
30 Bar supply
31 “Coney Island”
32 To kill
33 Bk. before
34 Gimlet spec
35 End notes?
36 Snare
37 Bar supply
38 Ring decision
39 Oils a deck of
40 Bar supply
41 Barnum’s Fijim, for one
42 Hosp. readout
43 Koch, readout
44 Lost, as a tail
45 Storm maker of
47 Cross-country
48 Lithe
49 Falls back
50 Similar things
51 Security images
52 Veil material
53 Epic with more
54 Respond to a
55 Salon choices
56 Salon choices
57 Franco finale?
58 Designer’s
59 Schindler of
60 Ancient
61 ‘Treats the boards
62 R&B artist Des’s__
63 Designer
64 R&B artist Des’__
65 Designer
66 Interior
67 Amazing to the
68 Hard
69 Mermaid
70 Interior
71 Bungle
72 Gal idolizing actor
74 “Coney Island”
75 Seven of

ACROSS
1 Org. where students publish a newspaper
4 Ancient Ephraim’s home
10 Pasture calls
14 Bin
15 Caterer’s supply
16 Scotch for a beer
17 Fark and Fonda after mud wrestling?
19 Since
20 Nul
21 “You got me”
23 Hawaiian coffee
25 River near
27 Buckskin source
28 1970s-’80s self-help guru
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70 Interior
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75 Seven of

SOLUTION TO THURSDAY’S PUZZLE:

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.

For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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Los Angeles Times Daily Crossword Puzzle

By Ned White

(c) 2013 Tribune Media Services, Inc.
“Some of [my] best therapeutic moments have not been with mental health professionals or therapists. My best mental health moments have been with my mentors, with my Yosas and with my guides.”

After the 2014 tragedy in Isla Vista, Rios, alongside a handful of other professors, began hosting “midnight office hours” in Isla Vista to offer students an outlet for support. The idea came out of empathy, according to Rios — he and his colleagues wanted to support students at a time when emotions were at a high and hope was at a low.

“Students would get a kick out of it if some of them would show up drunk with tequila bottles in their hand. They’d call me by my last name — and we just sat there, a group of professors, and talked to students,” Rios said.

“Some of them, though, you could tell they were lonely. They were roaming the streets of Isla Vista, little broken inside, and kind of [they] just needed someone to talk to,” he added.

On a larger level, Rios would like to see society move away from labeling children and students, which can take as little as five minutes per class.

“Education really has to be, according to Rios, an outlet for support. The idea of it is — and we just sat there, a group of professors, and talked to students.”

While growing up in Oakland, California, Victor Rios lived a life defined by struggle. He joined a gang, dropped out of school twice and had three felonies to his name — all before he was old enough to drive. His best friend was murdered in a gang fight, and shortly after, his uncle was shot and died in front of him as he blazed out waiting for an ambulance.

After facing gun violence, homelessness and poverty from a young age, Rios said he felt abandoned by society.

“When I was 15 years old, I saw myself being dead or in prison by the time I was 18. That’s just my environment,” he said in an interview with the News.

But neither of those things happened. Through perseverance and mentorship, he reshaped his destiny.

Rios, 42, is now a professor in the sociology department at UC Santa Barbara and the subject of a new documentary called “The Question of Will,” which traces through 25 years of his life and his work with a youth center in Watts.

At UCSB, Rios studies underprivileged youth with a personal eye on what’s happening to his own. Akin to finding a cure for a disease, Rios said “there’s no silver bullet” in solving the problems of underprivileged youth and social disparities. But after 15 years of research, he said he believes there is a cure.

“We all need a Yoda, right?” Rios said. “We want to have someone to turn to when you’re having a rough time and you’re alone. Someone to turn to when you need an answer to a question, or in the middle of a difficult to answer.”

For many of us, we might not have that Yoda.”

And for a long time, Rios himself didn’t.

But one day, while sitting in a high school computer science class, his teacher, Flora Rass, extended him an offer he had never been given before.

“(Rass) would always say to me when she saw me at school, ‘Victor, you might not be ready right now, but when you’re ready, I’ll be here for you,’” Rios said.

“When I was having a really tough time, when I hit rock bottom and my best friend had been killed and I was looking for that opportunity, I talked to her,” he added.

Rios told her that she’d be glad to help, but he had to put in the work to make it happen. At the end of high school, Rass graduated on time and went on to receive his bachelor’s degree at California State University, East Bay and later attended graduate school at UC Berkeley.

Riss said Rass was different “because she cared for the whole person.” She enabled him to consistently spend time in school instead of on the streets and would “even go to my house and look for me and ask how I was doing.”

A personal experience with Rass cemented his belief in the importance of using guidance as a key for success. Along with empathy, which Rass described as a major role of a teacher and education system, students, the role of a teacher and education system should not only tell students how to succeed but also show them how, he said.

Riss finds that the education system has a habit of pushing students aside and keeping them from leaving them stuck where they are. Instead, Riss believes that every student should have the power to control their education without the threat of being told you’re not ready. You’re not a part of this raver trajectory.

“This style of education is otherwise known as mastery learning, according to Riss, who is encouraged and supported in their studies by using tools and resources provided to them to achieve their goals.”

Mastery learning contrasts traditional classes, Riss said, where “the first thing you hear from a professor is, ‘Welcome everyone. Half of you are going to fail this class,’” to lead students to drop out.

But using the label “dropout” puts blame in the wrong place, according to Riss. They use the term “pushout” to better address the situation.

“When we label a kid a dropout, it puts all the blame on them, ignoring whatever issues the student may have,” Riss told NBC. “Pushout is a better term, because it forces schools and educators to think about who they are failing, and what they can do about it.”

Riss said he was encouraged more than discouraged. Riss believes students would experience a system that supports them at their lowest and lends a hand when they’ve been knocked down.

A good example is in the classroom where Riss said students’ academic outcomes are increased when teachers hone in on the emotional side of their students, which can take as little as five minutes.

“Education really has to be, according to Rios, an outlet for support. The idea of it is — and we just sat there, a group of professors, and talked to students.”

On a larger level, Rios would like to see society move away from labeling children and students, which can take as little as five minutes per class.

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Daily Nexus Guide to Housing: Ask Me Anything

The Daily Nexus has launched an Ask Me Anything (AMA). We have partnered with the Isla Vista Tenants Union and University & Community Housing Services to answer any questions you may have.

When should I start looking for housing?

UCSB Housing Office: The best time for continuing students to look for housing is during the winter quarter. As early as winter break, students are advised to start thinking about housing and discussing budget with their parents/guardians as appropriate, to determine what would be the best fit for them. Students looking for housing should plan to attend one of the “Housing 101” programs that are offered by University & Community Housing Services (UCHS) in various residence halls during winter quarter. These programs thoroughly cover university-owned and privately-owned community housing options, including deadlines, processes, types of leases, choosing a space, and choosing roommates.

Isla Vista Tenants Union: Begin figuring out who you are looking for housing with. Most people find what they are looking for during December, but options remain later on. Smaller places such as one-bedroom apartments get taken up first while larger houses are on the market longer.

What are my housing options (university versus U.V.)?

UCSB Housing Office: For university-owned housing, current first-year students are guaranteed a space in the residence halls. Current third-year and fourth-year students also have the option of university-owned apartments which are guaranteed if they live in the residence halls for their first two years and they meet the deadlines. For privately-owned options in the community, including Isla Vista, students can access the UCHS Rental Listing Service for available housing and should plan to attend one of the UCHS Rental Fairs on campus that bring property management companies together with prospective renters.

Isla Vista Tenants Union: The university offers living arrangements both on and off campus. There are university apartments specifically for upperclassmen, and graduate students. Isla Vista also offers many housing options. Both houses and apartments are up for rent. Several co-op houses exist in IV, as well. Is there a best area in IV to rent (a.k.a., where to get most of your money)?

Isla Vista Tenants Union: It depends on what you are looking for. Typically, the closer a house is to the ocean (Del Playa, Sabado Tarde) the more expensive it will be. Houses closest to campus may also be a bit pricier. However, pricing varies from house to house and depending on the management company. More expensive houses may also offer more amenities and features.

What if I don’t have anyone in mind to live with?

UCSB Housing Office: In university-owned housing, students self-assign themselves into an available vacant space; the other spaces in the room/unit are filled in by other continuing students through the same self-assignment process or by new incoming students during the summer. For privately-owned community options, students can utilize the UCHS Rental Listing Service to list themselves as a “Roommate Available” and can also browse through listings of other students who are looking to fill a space in their unit.

Isla Vista Tenants Union: University housing and many property management companies offer individual contracts for units, meaning you can find housing on your own and you won’t be responsible if one of your roommates leaves the unit. But if you still want to find friends to live with, be sure that you work as roommates. The people you party with may not be ideal to live with.

Editor’s Note: Additionally, if you’re interested in living in Isla Vista but don't have people in mind to live with, Isla Vista Tenants Union and University & Community Housing Services (UCHS) can help you find people to share an apartment with. The process is: you let them know what you are looking for, and the tenants union will help you find people to live with. Be sure that all your prospective housemates are on board and understand the terms of the lease.

What if I don’t want to live in IV?

UCSB Housing Office: There are also options in Goleta and Santa Barbara on the UCSB Rental Listing Service. What should I do before I sign my lease?

UCSB Housing Office: Students should visit the UCSB office upstairs in the University Center if they would like to have their privately-owned apartment lease reviewed. It is recommended that roommate groups go over the lease together to come up with questions before visiting the UCSB office for review.

Isla Vista Tenants Union: Ask to see the unit in person. Make sure the unit has everything you’re looking for. Spend some time talking to the property managers and develop a relationship. Discuss any parts of the lease needing clarification. Inspect all your prospective housemates are on board and understand the terms of the lease. Some also find it useful to ask current or previous tenants their experiences living in the unit.

What if I don’t have a parent/guardian or co-signer?

UCSB Housing Office: For privately-owned accommodations in the community, tenants generally need to find a replacement and pay a lease transfer fee in order to terminate their lease early. For university-owned housing, residents also need to find an eligible replacement, unless they cease to be a UCSB student, in which case their lease would likely be terminated.

What are my rights as a tenant?

UCSB Housing Office: UCSB has a Student Success Guide online that goes over tenants’ rights and responsibilities. What happens if I have a dispute with my landlord over my security deposit?

UCSB Housing Office: Students with security deposit disputes can be assisted by UCSB. To avoid disputes, it is HIGHLY recommended that tenants have a move-in and move-out video in order to protect their deposit. For a small fee, UCSB will video the condition of the unit before move-in and document any pre-existing damages and then again at move-out to detail the condition of the unit at the end.

What happens if I want to terminate a lease early?

UCSB Housing Office: For privately-owned accommodations in the community, tenants generally need to find a replacement and pay a lease transfer fee in order to terminate their lease early. For university-owned housing, residents also need to find an eligible replacement, unless they cease to be a UCSB student, in which case their lease would likely be terminated.

Got questions about where to look for housing, what to look for in your lease, finding people to live with or more?

The Daily Nexus has partnered with the Isla Vista Tenants Union and the University & Community Housing Services to answer them all!
First Female Chancellor of UCSB and Within the UC System, Barbara Uehling Charlton, Passes Away at 87

Arturo Martinez Rivera
Asst. News Editor

Barbara Uehling Charlton, UC Santa Barbara’s fourth and only female chancellor in its history, passed away at the age of 87 on Jan. 2 due to complications from Alzheimer’s disease, her obituary read.

From 1987 to 1994, Uehling was chancellor of the University of Missouri, Columbia and worked at various universities around the country, including Roger Williams College, Illinois State University and the University of Oklahoma, according to a campus memo sent out by Chancellor Henry T. Yang on Jan. 3.

“UC Santa Barbara’s fourth chancellor, she provided steady and able leadership at a time of both economic challenges and rapid growth,” Yang said in the memo. “She emphasized diversity and academic excellence, and is credited with the development of the campus’s first 15-year Long Range Development Plan.”

The campus flag was lowered to half-staff on Jan. 8 to honor her memory. Yang said.

Uehling was the first female chancellor in the entire UC system. Steven Elzer ’88, who was the news editor of the Daily Nexus when Uehling was inaugurated, remembered the excitement that came along with her inauguration, but also the turmoil that encompassed the campus at that time.

“We were very excited about [the first female chancellor]. She was an extraordinary leader,” Elzer said. “There was a lot of politics on the campus at that time. There were a lot of different factions that were divisive. It was a very raucous time in the history of the campus for sure. And she did everything she could to try to unify those deep divides that were rumbling over campus.”

According to a previous Nexus article from 1986, Uehling’s predecessor — Chancellor Robert Hattenbach — resigned following misuse of state funds to improve his home, including a hefty $90,000 renovation to his kitchen. According to Yang, she was instrumental in the construction of many buildings on campus.

“She came to a campus that was in a really bad state and property crisis. A significant building program has been one of her major contributions to UCSC,” Yang said.

“When we are still short of funds and tensions, I think Chancellor Uehling will leave behind a solid plan for our long-term physical development — a plan that will carry the campus into the 21st Century. Another outstanding mark of the Uehling era here at UCSB is the expansion of the School of Engineering,” he added.

Uehling also managed to restore trust in the Office of the Chancellor, following a tumultuous time of corruption during Hattenbach’s term, Elzer added.

“She put a lot of herself and a lot of effort into rebuilding the campus image, and she took on the role in the Office of the Chancellor in a time that needed that,” Elzer added.

“She had the best interest of the campus at heart and understood her unique role at the time in the history of the campus and then doing everything she could to do it right.”

UC Santa Barbara Undergrad Seat on UC System-Wide Title IX Student Advisory Board Now Filled

Katherine Swartz
Asst. News Editor

The University of California Title IX Student Advisory Board recently filled the vacancy for an UC Santa Barbara undergraduate representative seat, bringing UC Santa Barbara voices back to the board for the first time since November 2018.

Alia Reynolds, a third-year global studies major and policy analyst for Students Against Sexual Assault (SASA) and currently serves as its director, bringing the experience to her role as the undergraduate representative.

“Right now, especially because I know of a lot of personal stories of students who have or have not gone to [the] Title IX office because they feel that the Title IX system is very retraumatizing, I remember that was one that I specifically had a problem with,” Reynolds said.

The live cross-examination during the judicial process of a Title IX investigation would mean that survivors would be in the same room as potential perpetrators, allowing cross-examination through the potential perpetrators’ lawyer.

“If it’s very personal and potentially retraumatizing, I remember that was one that I specifically had a problem with,” Reynolds said.

Reynolds said it was important this year more than ever that the Title IX policy investigations were robust and transparent, and that it’s a very transparent process and it’s not under some sort of blanket or that people don’t know what’s going on.”

The board has continued to operate over the past year without any USCBA representation. All UC representatives on the board ended their yearlong terms in the beginning of the 2019-20 academic year, so the Title IX office has had to work over Fall Quarter 2019 to not only fill long-lasting USCBA vacancies, but also new vacancies created as of all the other UC campuses.

“Students are the ones that are paying for these services and the people that are paid by the UC system, we’re paying for them,” Reynolds said. “So it’s important that we know exactly what that money is being used for, and that it’s a very transparent process and it’s not under some sort of blanket or that people don’t know what’s going on.”

The full board will meet for the first time on Jan. 17 at UCOP’s office in Oakland.

At the time of publication, the system-wide Title IX Office and UC Office of the President Media Relations staff did not respond with information about whether the graduate position remains vacant.

For Reynolds, it was important that the system-wide Title IX Office and UC Office of the President Media Relations staff did not respond with information about whether the graduate position remains vacant.

In an interview with the Nexus, Reynolds noted that the timing of her appointment is particularly sensitive as the campus is bringing the experience to bear on campus response.

“Right now, we’re at a very heightened time with regard to discourse around sexual assault and sexual harassment [at UCSB] — so I think it’s really important that we see that discourse not just to bring awareness to those things and to talk about them, but also to provide tangible changes that can prevent future instances,” Reynolds said.

The changes to Federal Title IX policy were first proposed in November 2018 by Secretary of Education Betsy DeVos and would require “prevention of incense throughout the grievance process” and a live cross-examination of survivors among other changes, according to the U.S. Department of Education website.

“The live cross-examination during the judicial process of a Title IX investigation would mean that survivors would be in the same room as potential perpetrators, allowing cross-examination through the potential perpetrators’ lawyer,” Reynolds said.

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HEADING TO THE HILL?

AFFORDABLE SKI AND SNOWBOARD EQUIPMENT RENTALS WITH FREE TRAVEL DAYS!

Saturday, Jan. 11
2:00 – 4:00 p.m.
At the new Isla Vista Community Center
976 Embarcadero del Mar

Meet your Local Elected Officials and learn about local resources and programs available to you!

Jane: Supervisor Joan Hartmann
Congressman Salud Carbajal
Assemblymember Monique Limon
Isla Vista Parks & Recreation District – Spencer Brandt, President
Isla Vista Community Center – Jonathan Abboud
Isla Vista Satellite garage – Carlos Lopez, Chair
Santa Barbara City College Trustee Jonathan Abboud
Santa Barbara City College – Audrey de la Garza
Hopping Bob’s Family Market
Isla Vista Foot Patrol
Santa Barbara County Animal Services
Santa Barbara County
Santa Barbara County Public Works – Composting
Santa Barbara County Public Works – Lighting
Isla Vista Food Pantry
Isla Vista Youth Project

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If you live here YOU CAN VOTE HERE!

More Information: Supervisor Joan Hartmann • 805-568-2132

Field trip by Joan Hartmann for Supervisor 2020, ID# 1381196
Paid for by Joan Hartmann for Supervisor 2020, ID# 1381196
YOU CAN VOTE HERE!
IF YOU LIVE HERE
government
Information & Assistance in Registering to Vote!

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Field trip by Joan Hartmann for Supervisor 2020, ID# 1381196
Paid for by Joan Hartmann for Supervisor 2020, ID# 1381196
YOU CAN VOTE HERE!
IF YOU LIVE HERE
On Wednesday night, the On-Campus Senators Austin Foreman and Emma Swanson and sponsored by fourth-year political science major Marc Foreman and Emma Swanson and sponsored by fourth-year political science major Marc MacPherson at the Senate meeting last quarter about the dangers that eucalyptus trees can present.

Vukcevich said he spoke to the Senate during Fall Quarter 2019 about a eucalyptus tree that fell in his hometown and killed a woman several years ago, and about another tree that fell during his freshman year, nearly damaging the Santa Rosa Residence Hall.

"And then, junior year, it fell right on UV Foot Patrol. So this is an issue that I've been talking about with my friends for a while, but I decided to do something about it, mostly because of the amount of trees that did fall last year," he added.

Foreman and Vukcevich met with Vice Chancellor for Administrative Services Garry MacPherson at the end of fall quarter to discuss the tree removal, which is currently underway.

Foreman said the university had already removed 31 eucalyptus trees over winter break that were considered "high-risk, or near population centers," including several near Santa Rosa Residence Hall.

According to Foreman, MacPherson said that removing high-risk trees is much less expensive than fixing damage done to property once trees have fallen.

Foreman said he was told that it cost approximately $750,000 last winter to repair properties that were damaged by fallen trees, whereas it would cost approximately $250,000 to remove all high-risk trees on campus.

Foreman added that MacPherson expressed strong support for the resolution and said MacPherson told him that "something like this resolution is really needed to show the entirety of the administration that this is an issue that the students value and would like to see taken care of."

The language of the resolution notes that in addition to eucalyptus trees "posing a danger to public safety," the trees are not native to the area and "do not support any ecological environments native to Santa Barbara.

Additionally, the resolution stipulates that the UCSB administration should focus its tree-removal efforts on "areas that have a higher likelihood to cause loss of life or damage to infrastructure in the case of tree failure — namely, major walkways, major bikeways, and lived-in buildings (on campus as well as in the vicinity of Isla Vista).

The next priority should be areas where tree roots have damaged road or bike infrastructure, the resolution added.

Foreman emphasized that the support for tree removal is contingent on the trees being replaced at a one-to-one ratio with trees that are native and support local wildlife, like the birds who typically nest in the eucalyptus trees. The trees must be planted "at or adjacent to the immediate locations where trees were removed," according to the resolution.

Foreman credited the EAB for those stipulations and said the board had helped with ensuring the resolution was environmentally friendly.

The Ocean Road Housing project, which was recently revived after being put on pause after "mounting public pressure," as the Nexus reported in 2009, faced criticism for the fact that the proposal included plans to remove the eucalyptus trees that stretched along Ocean Road. In addition to opposition to the trees themselves being removed, students expressed concern about the loss of separation between the university and Isla Vista on Ocean Road that the trees historically have created.

Last winter, several trees fell on houses in Isla Vista and buildings on campus during a storm, causing destruction of property and raising concerns about safety around the trees.
In the three months since the Restorative Justice Program launched, 22 people have had their citations dismissed — a number that program founder and Sheriff’s Deputy Justin Schroeder said brought the program “pretty much right on track” with the department’s expectations.

Unfortunately, the program was not advertised officially until Oct. 4, and it was advertised as a way to create a “bridge between law enforcement and the community” — the same sentiment that has been advertised in other programs Schroeder has created since taking the position of Isla Vista’s community resource deputy in December 2018.

Residents must attend a class, typically taught by Schroeder and members of the UC Santa Barbara Police Department, and perform a number of community service hours. Guest speakers are also invited to talk to residents about the impact their actions have on others.

Starting from the program’s launch on Oct. 4, in June, 58 people received citations for one of the three violations listed above. Of the 58 people, 49 signed up to attend the class; 31 have finished the classes but have not yet completed the community service portion, according to Schroeder.

“We saw a huge peak [in attendance] when it first launched, which was right before Halloween,” Schroeder said.

He noted that there was a “significant drop” during UC Santa Barbara’s winter break, a period in which most students leave Isla Vista for the three-week gap between quarters.

In order to be eligible to have a citation waived, residents must register for the program in person at the Isla Vista Foot Patrol and have to complete the classes themselves within 90 days. Schroeder hopes to launch an app in the near future to help residents sign up using their smartphones.

The typical class is two hours long and begins with a brief history of Isla Vista, discussing more “high-profile” incidents that newer students may not know about. Attendees also are guided through an interactive activity, in which they attempt to solve a community problem. Schroeder and guest speakers also explain why certain policies are in place.

He added that they additionally go into “how people can make safer choices when using alcohol and drugs — not necessarily telling them not to do it, but how to do it safely”.

So far, it has been a “pretty good mix” of UCSB and Santa Barbara City College students attending the classes, Schroeder said.

Three classes have been held so far, and the typical class sees between 15 and 20 people.

Schroeder also noted that citations issued in Isla Vista are down 50% from last year, a fact he attributed in part to Isla Vista outreach programs, such as the Party Registration Program which launched last year.

“We’re not lecturing these people — we really are trying to work with them to make sure crimes are reduced in the future,” Schroeder said.

The party registration program, according to Schroeder, is the most “high-profile” incident that this new program is attempting to work through.

One week before the program started, Schroeder and guest speakers met with the Isla Vista Foot Patrol and have “front doors” meetings with student organizations.

“High-profile” incidents that Schroeder is working on include making efficient use of the funds available — a task that takes all quarter to plan.

This past winter break, the trip’s participants traveled to San Antonio, Texas, to help with the immigrant community there, according to Valdez.

Schroeder said that until the very end, there is no indication of the trip’s destination.

“Students are selected to go on the trip’s website, each program has its own process,” Schroeder explained.

“Applications, they don’t know where the trip will be, Valdez said.

“We're going on. We're doing social justice work as opposed to just disaster relief,” noting that participants traveled to Ferguson, Missouri in August 2014.

The destinations for each trip vary widely, ranging from Florida to Oregon, according to the C.A.B. website. Students applying to be a part of a volunteer trip, however, are kept in the dark regarding the trip’s location — it’s not until after they have been accepted that participants are told where the trip will be.

“Just the fact that we’re going to San Francisco or Los Angeles. You get to do a lot of those things where you really interact with different communities and you learn how to communicate with them and how to talk to them,” Zhou said.

“Even like volunteering gives you more of a purpose. I also typically go outside of your comfort zone,” Zhou said.

“Really value the opportunity and contribute to a community that really needed help.”

UC Santa Barbara students typically spend their winter breaks commuting between hometown couches, hanging with their old high school friends or taking care of their beloved pets.

But in 2008, UCSB’s Community Affairs Board, a board dedicated to community service under the Associated Students Senate, offered students an alternative option — the opportunity to help underserved communities all over the country.

„First trips, aply named “alternative breaks” have been held every year since. The most recent trip took place over this past winter break and brought students to Texas, according to Alex Valdez, who serves as the alternative breaks co-coordinator.

Valdez, a fourth-year history of public policy major, said alternative breaks fit the model of Community Affairs Board (C.A.B.) as a whole: serving the local community.

At some point [C.A.B.] came up with the idea of doing a program that went... out of the state of California, to other areas, other communities,” said Valdez.

According to the alternative breaks website, each program often gets an average of 200 applicants, but only 10 to 15 students are selected to go on each trip.

“We're adding more people. We're doing more of a purpose. I also typically go outside of your comfort zone,” Zhou said.

“I think that really needed help.”
## UCSB Men’s Volleyball Kicks Off 2020 With Asics Invitational

The UCSB men’s volleyball team entered Big West play on a five-game winning streak and with a full head of steam. That head of steam turned into a win-now-six 63-45 dismantling of Cal Poly on Wednesday night in a statement game for the Gauchos. UCSB’s win pushed the team’s record to 12-4 overall and 3-0 in the conference. The Gauchos defense wholly stifled the Mustangs in their strongest performance all season. Cal Poly shot just 28.3% from the field and were only able to muster 14 points in the second half, allowing the Gauchos to walk away with the victory.

Junior guard Devard Ramsey had 4 steals — the most on the team — and set the defensive tone. UCSB created 14 points off of turnovers, which helped the Gauchos pull away early and keep the Mustangs at bay. Cal Poly couldn’t buy a bucket against the UCSB defense, but the game was much closer on the other end. The Gauchos shot 51.1% from the field, hit 7 of their 14 three-pointers, to go along with 4 steals. Ramsey, somewhat surprisingly, led UCSB in rebounding with 8 boards, the first time the team’s many possessions into points, it’s often either opposition Matt Ujkic and outside hitter/libero Hayden Boehle.

This year, the Gauchos will be without some of their top players from last season. Notable returning seniors for UCSB include outside hitter-led Hunter with 13.9 points per game, LBSU’s more high-profile opponents had. While they didn’t have the same physical and skill advantages that the Gauchos’ win pushed the team’s record to 12-4 overall and 3-0 in the conference. The Gauchos defense wholly stifled the Mustangs in their strongest performance all season. Cal Poly shot just 28.3% from the field and were only able to muster 14 points in the second half, allowing the Gauchos to walk away with the victory.

Junior guard Devard Ramsey had 4 steals — the most on the team — and set the defensive tone. UCSB created 14 points off of turnovers, which helped the Gauchos pull away early and keep the Mustangs at bay. Cal Poly couldn’t buy a bucket against the UCSB defense, but the game was much closer on the other end. The Gauchos shot 51.1% from the field, hit 7 of their 14 three-pointers, to go along with 4 steals. Ramsey, somewhat surprisingly, led UCSB in rebounding with 8 boards, the first time the team’s many possessions into points, it’s often either opposition Matt Ujkic and outside hitter/libero Hayden Boehle. Chavers led the Gauchos in scoring. Hunter leads the team with 13.9 points per game, and Carver III and Slater are both in double-digits as well.

Long Beach State has no size inside, which should present UCSB’s sophomores forward Amadou Souleye. With offensive opportunities, shegan is the only Beach player taller than 6’6”. South and sl. Winning a point at the net will be the name of the game for the Gauchos on Saturday. If UCSB is able to turn Long Beach State’s mistakes and size into stops and points, then they’ll have a good shot at keeping the good times going.

## Gauchos Blowout Rival Mustangs in Big West Opener

Despite the loss of those valuable pieces, UCSB should continue to play good volleyball, bringing back seven players for their fourth and final run as Gauchos. Notable returning seniors for UCSB include opposite Spencer Frederick out of Lynnwood, California; setter Casey McGarry and outside hitter Jax McFarland.

My preseason presumption is that UCSB shouldn’t have many on-court chemistry imbalances or leadership blunders, given that these seniors have now been playing with one another for around four years. Along with these seniors, an exciting prospect is returning to UCSB for his second season.

Ryan Wilson earned Freshman of the Year honors in the Big West Conference for his outstanding play as an outside hitter. Wilson finished the 2019 year ranked No. 2 on the team in kills (254) and digs (121). Along with this, he was awarded Big West Freshman of the Week honors four times throughout the year.

UCSB comes into the new decade ranked No. 2 in the Big West Conference, with high hopes that they will compete in the conference championship game. The Gauchos men’s team kicked off their 2020 season this weekend as they host the Asics Invitational.

This is the third consecutive year UCSB has hosted the tournament, with this year including UCSB, Long Beach State, Cal State Northridge, Concordia, McKendree and Benedictine Mesa. The Gauchos square off against Concordia in their season opener. Last year, the Gauchos went 3-0 in this tournament, racking up wins against Harvard, Grand Canyon and Concordia.

Santa Barbara is hopeful to have similar success in their season opener. UCSB’s opening round match versus Concordia tipps off at 3 p.m. on Thursday, on the following day, Santa Barbara hosts Benedictine University at Mesa at 5:30 p.m. Finally, they wrap up their series of games with McKendree at 8 p.m. If you want to support the UCSB men’s volleyball team, all of the games will be hosted in Rob Gym this weekend.

Women's Water Polo Looks To Build Off Historic Season

Omar Hernandez
Sports Editor

The UCSB women's water polo team will have championship aspirations on its mind as the 2019-20 season gets set to kick off next week. The Gauchos will be looking to build off a historic 2018-19 campaign that included a program-record 22 wins, a record-tying five All-Big West selections and a third-place finish in the Big West Tournament.

While the team's postseason run fell just short ofwhat the Gauchos hope to build during the regular season, the path to success is filled by committee this season, but this year's selections and a third-place finish in the Big West Tournament.

The Gauchos have a wealth of talent returning from last year's squad, which featured a number of key contributors. One of the biggest challenges for UCSB this season will be to stay healthy and consistent, with the hopes of creating more opportunities for inspiration and motivation.

With the right mix of talent and strategy, the Gauchos have the potential to build on last year's success and compete for a national championship. The team will need to focus on solidifying their defense and making key adjustments to their offensive game plan in order to achieve their goals.

The UCSB women's water polo team has the talent necessary to compete for a national championship, and the team will need to build off last year's success and focus on improving their consistency and overall performance if they hope to reach that level.

Asst. Sports Editor
Brandon Victor

Even beyond Perez, CSUF has demonstrated its offensive prowess all season, averaging an impressive 71.5 points per game. With sophomore Amineh Bock and junior Taylor Turley also averaging double figures, Fullerton teams hardly have to go to the bench for production.

The Gauchos hope to keep pace with the top teams’ offenses, which will need to find the balance between scoring and getting the ball out of the paint. While Perez averages 4.2 assists per game, she also turns the ball over nearly four times per game herself.

In addition, many of UCSB’s losses will hinge on the health of third-year point guard Danae Miller, who averages almost 14 points per game. After missing the Gauchos’ blowout loss to Arizona, Miller was forced to leave the last game against Ottawa early after reaggravating her injury. With Miller heavily reliant on her opportunistic approach in the open court, the Gauchos will need a healthy Miller to keep pace with the Titans.

Even with a fully operational Miller, UCSB will need to continue to lean on freshman Ilana Lane if they hope to fight for a conference title this year. One of the biggest surprises so far this season, Lane has averaged an eye-popping 12.8 rebounds per game this year — good for third in the entire country.

On offense, Lane provides the Gauchos with a highly efficient post option, with the first year averaging 14.8 points per game on 58.2% shooting from the floor.

With the Titans allowing nearly 70 points per game, look for Thursday’s game to be a high-scoring affair between two overarching teams.

Things won’t get any easier for UCSB in Saturday when they host Cal Poly in an early round of the Big Green rivalry game. The Mustangs prefer to play with a bang this week. The Gauchos will host CSUF on Thursday at 7 p.m., before taking on Cal Poly at 2 p.m. on Saturday at the Thunderdome.

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**Reminiscing Over the 2010s With These Iconic UCSB Shows**

Here’s a list of the best performances that have taken place here at UC Santa Barbara over the last decade (2010-2019)!

### Artsweek Editor: Aly Witmer

**UCSB alum turned DJ, Steve Aoki brought his beats back to Isla Vista for a free performance at the Hub.** Aoki graduated with a degree in women’s studies and sociology and lived at the famous “Peddler Patch” house on Sabado Tarde, hosting about 25 shows per month and totaling over 200 bands, including Jimmy Eat World. His 2010 Hub concert was sold out, and nothing less than a spectacular show. Aoki performed again in the Hub in April 2011 and once more controlled over 200 bands, including Jimmy Eat World. His 2010 Hub concert was sold out, and nothing less than a spectacular show.

**1. Parasite**

Bong Joon-ho’s Korean masterpiece will keep you on the edge of your seat from the first moment it starts up and right through to the final frame. The movie is about a poor family of four living in a small apartment and their lives are turned upside down when they discover an even poorer family living in the basement of the same building. The movie quickly becomes a thrilling ride as the poor family tries to get the rich family’s money and make their own fortune. The movie is a perfect blend of drama, action, and comedy, making it a must-watch for anyone who loves movies.

**2. Little Women**

Based on Louisa May Alcott’s novel, this movie tells the story of the March sisters—Meg, Jo, Beth, and Amy—who grow up to become independent young women in the mid-19th century. The movie is a beautiful depiction of the struggles of women during that time and shows how they were able to overcome those challenges to become strong and successful women.

**3. Pain and Glory**

Antoniadis film tells the story of an aging film director who is trying to come to terms with his past and the choices he made. The movie is about a man who is struggling to make sense of his life and the choices he made as a young man. The movie is a beautiful exploration of the human condition and the choices we make that shape our lives.

**4. Marriage Story**

A heartwarming story about two people who fall in love and get married, only to later discover they have different opinions on what makes a happy marriage. The movie is a beautiful exploration of the ups and downs of a relationship and the choices we make that shape our lives.

**5. The Irishman**

Martin Scorsese’s crime epic features Robert De Niro as busybody mob boss Tony Soprano, who is eventually caught in the crosshairs of the Italian-American mafia. The movie is a beautiful exploration of the life of a mob boss and the choices he made that shape his life.

**6. Jojo Rabbit**

A co-writer of the movie, Taika Waititi, was named as the winner of the award for Best Original Screenplay for his work on the movie. The movie is a beautiful exploration of the life of a young boy who discovers the power of creativity and imagination to overcome the challenges he faces in his life.

**7. Once Upon a Time... in Hollywood**

The movie tells the story of two fictional men Rick Dalton (Leonardo DiCaprio) and Cliff Booth (Brad Pitt) as they try to make a name for themselves in Hollywood. The movie is a beautiful exploration of the life of a struggling Hollywood star and the choices he made that shape his life.

**8. Joker**

The movie tells the story of a struggling comic book artist who becomes a famous superhero in Gotham City. The movie is a beautiful exploration of the life of a struggling artist and the choices he made that shape his life.

**9. Knives Out**

The movie tells the story of a wealthy family who is trying to solve the murder of their father. The movie is a beautiful exploration of the life of a wealthy family and the choices they made that shape their lives.

**10. The Farewell**

A beautiful story about a Chinese woman who is trying to come to terms with the fact that she is dying. The movie is a beautiful exploration of the life of a woman who is trying to come to terms with her mortality and the choices she made that shape her life.

**Honorable mentions: 1917, The Lighthouse, Last Black Man in San Francisco, Tom Moran’s The Potter, The Icky, La Muñecita**
New Vaping Mortality Study Finds More Than 90% of Vapers mortar

Max Myzkowski  
Nexustentialism Editor

In the wake of a series of vaping-relatedmaladies across the country, researchers in the UC Santa Barbara biology department have recently conducted a study regarding the mortality rates of individuals who vape. The results of the double-blind study, which have shaken the foundational assumptions made by many in the vaping community, have conclusively determined that over 90% of vapers are, indeed, mortal.

“We were honestly shocked,” said one member of the research group conducting the study. “We obviously expected one or two fatalities to be included in our sample, but this is just unheard of.”

Many avid vapers have been reportedly taken aback by this news of their own ephemeral, transient nature, and the revelation that they soon, too, will be returned to the ground from which they came has sweetened the taste of even the mintiest of Juul pods.

While some individuals who vape. The results of the double-blind study, which so perfectly capture the Ghaut spirit.

1. Stop Doing Cocaine
Many Gauchos we talked to are looking to curb their drug habits in the new year, wanting the only powder they need to be that on the slopes during winter break. Some Gauchos have come to the realization that their over-candy habit may not be as sustainable as they once thought.

“Yeah, I realized all the rappers and singers I like could afford rehab if they wanted it,” local party boy, Schnoz Hoover, said. “I figured I should stop while I can still write it off as a phase in college and before it becomes like, an addiction.”

2. Be More Environmentally Conscious
UCSB is one of the most environmentally conscious campuses in California, and this is due largely to student activism. In another push toward sustainability, Gauchos are looking to do their part to lessen the carbon footprint of the UCSB and IV.

One house on Pasado has looked to decrease imports of alcohol by distilling their own vodka. “It kinda tastes like Dove Beauty bars and patchouli, and we’ve lost the use of our shower, but it is worth it to save the earth,” said the SB bootlegger who wished to remain anonymous.

3. Start Working Out Again
Gauchos all say they’re already so damn attractive! If y’all get any fitter, I will lose all bargaining power in the socio-sexual marketplace, and I just cannot afford that right now. I completely respect your fitness journey and everything, but please, when you super-fit Gauch-Bros are crushing puss and Gal-chos are getting that D, consider the rest of us and leave some leftovers.

4. Blackout Less
Our reputation as a party school is something of a self-fulfilling prophecy, but some Gauchos are looking to break this cycle. “I’m definitely going to blackout once a week, it is just unsustainable,” third-year student Allie K. Holick said. “But I am just hoping to get that number down there instead of my current four.”

5. Be More Grateful
From time to time, we may all forget to give adequate thanks for the gifts and privileges that we enjoy on a daily basis. It is important not to let the hustle and bustle of a highly-ranked university lifestyle distract us from the wonders all around us. Some Gauchos are looking to reclaim their attention and display their gratitude toward those who deserve it the most.

A. Wiessass  
Staff Writer

As the waters of 2019 evaporated to the relentless winds of time, many Gauchos saw themselves reflected in the puddles left behind and realized to better themselves as they washed into the currents of 2020. Nexustentialism has curated the Finest Gauchos New Year’s resolutions from across campus and is delighted to share the resolutions which so perfectly capture the Ghaut spirit.

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New Year’s Resolution: Take a Healthy Initiative in 2020

Paige Holloway
Asst. On the Menu Editor

The new year often comes with new goals for self-improvement. For many people, this means enlisting new habits to help them develop a healthy lifestyle. Simple health practices are more important to sustain a healthy lifestyle. Here are eight tips you can follow to start your 2020 in a healthy direction.

1. DRINK MORE WATER
It’s a known fact that drinking water throughout the day can help improve energy levels and aid in digestion. However, many students and young adults still don’t drink enough water to keep themselves properly hydrated. The Mayo Clinic recommends drinking at least 8 cups of water a day, but in actuality, the proper fix is simply to improve your hydration levels.

2. EAT MORE GREENS
Adding vegetables to your diet every day is a great way to pack in nutrition and keep you feeling full.

3. EVERYTHING IS OKAY IN MODERATION
As we all know, we don’t always have to eat healthy foods 20% of the time, it shouldn’t hinder your health. This mindset is great for making healthy living sustainable for the long run.

4. IMPLEMENT A MULTIVITAMIN INTO YOUR DAILY ROUTINE
The average American diet consists of 3,500 milligrams to 4,700 milligrams of potassium every day. While the average adult human body needs about 2,000 milligrams of potassium every day, our bodies naturally start to run out of the adrenal gland’s hormones, and more is needed. However, if our body has no ingredients, in this case minerals, to make more energizing hormones, we instead start to drift to the bottom of the cup.

5. TAKE PORTIONS INTO ACCOUNT
It’s important to consume a balance of all the major food groups. The negative stigma around carbs and fats can sometimes alter our perceptions about health. Although an abundance of unhealthy carbs like pizza or pasta may not be the best option, our bodies do need complex carbohydrates. The goal should be to eat a balanced meal with some combination of vegetables, healthy fats, proteins and carbohydrates.

6. MAKE EATING A PRIORITY
Although this one goes without saying, many busy adults frequently skip meals due to having little time or forgetting entirely. Not only does going without food slow down our metabolism, it also can decrease our blood sugar, making it more difficult to think straight. This negative habit detrimentally affects our health and diminishes the way of our productivity. There are many ways to counteract this, such as carrying snacks to eat throughout the day or meal prepping for the week. We should always make time for our health first.

7. DON’T VETO MAJOR FOOD GROUPS
In order to maintain a healthy lifestyle this year, it’s important to consume a balance of all the major food groups. The negative stigma around carbs and fats can sometimes alter our perceptions about health. Although an abundance of unhealthy carbs like pizza or pasta may not be the best option, our bodies do need complex carbohydrates. The goal should be to eat a balanced meal with some combination of vegetables, healthy fats, proteins and carbohydrates.

8. LISTEN TO YOUR BODY
It’s perhaps the most important tip because it applies to every other tip. Knowing what your body needs and treating it well is the best way to start living healthier this year. Finding healthy food combinations that you actually enjoy not only makes healthy living easier but also sustainable. If going to the gym isn’t something you find enjoyment in, look into other exercise methods that could spark your interest.

Start the Day Right: The Power of the Adrenal Cocktail

Kayla Kressin
Reporter

What if I told you there is a cocktail that could make your energy levels go through the roof? This cocktail provides energy while helping to offset stress and even infections. It's also something you can easily and cheaply make yourself.

Do I have your attention? Well, before describing how to make it, it's important to understand your body and a bit of biochemistry.

The adrenal gland is located just above the kidneys and is vital for regulating different hormone levels including cortisol, aldosterone and, of course, adrenaline. These hormones control the body’s energy levels, including the ability to increase your blood pressure or heart rate to respond to stressful situations. An imbalance in any of your adrenal gland hormone levels can cause everything to fall out of place, possibly making you tired or simply not feeling your best. For instance, a blood pressure drop can cause brain fog, inhibiting concentration on academic studies and simple day-to-day tasks. So, it’s really important to manage these hormone levels.

The path to balanced hormone levels starts with balanced minerals in your body. Sodium and potassium are the two most important elements for maintaining the hormone aldosterone. In each of our cells, there is a sodium-potassium ion pump. This active transport process is responsible for maintaining equilibrium inside the cell, importing potassium and exporting sodium. The ideal intracellular sodium-to-potassium ratio is 1:6. But the problem is that the average American diet consists of more sodium than potassium. The human body needs 3,500 milligrams to 4,700 milligrams of potassium every day. However, according to a study by The American Journal of Clinical Nutrition, the average American only consumes about half of that. Without the proper amount of potassium, the sodium-potassium ion pumps of each cell cannot function properly. To maintain the 1:6 ratio, the cell pumps additional sodium out of the cell, taking water with it because sodium ions must chemically bond to water molecules to be transported.

This overcompensation process leaves the cell dehydrated, sodium deficient and decreases the adrenal function. Due to electrolyte depletion, not enough aldosterone is produced, resulting in fatigue. Some try to fix the fatigue with caffeine or sugars or even a nap, but in actuality, the proper fix is simply to improve your mineral balance.

Typically, between the hours of 8 a.m. to 10 a.m. and/or between 2 p.m. to 3 p.m., our bodies naturally start to run out of the adrenal gland’s hormones, and more is needed. However, if our body has no ingredients, in this case minerals, to make more energizing hormones, we instead start to drift to the bottom of the cup.

By consuming an “adrenal cocktail” at these times, the adrenal gland will receive the right amount of sodium and potassium to release hormones of the adrenal gland, like aldosterone, to get those cells pumping.

Adrenal Cocktail Recipe

• 4 ounces Orange Juice
• 1/4 teaspoon Celtic Sea Salt
• 1/4 teaspoon Cream of Tartar

The orange juice contains vitamin C, which can help heal damage caused by stress on the body. This type of stress includes physical stress, such as that caused by an injury.

Organic orange juice contains more vitamin C than its non-organic counterpart because it is less processed.

Celtic Sea Salt is recommended over table salt because it does not contain extra additions, such as iodine in table salt. Also, sea salt contains trace minerals which add to our needed electrolyte values.

Cream of Tartar is the common name for potassium bitartrate. It is a white powdery substance that is soluble in water and acid, meaning it’s perfect for dissolving in the citrus juice. When making the cocktail, it’s important to mix and shake it thoroughly so the potassium doesn’t just drift to the bottom of the cup.

Not long after drinking this cocktail, you will feel rejuvenated, as you will have fixed your fatigue the right way! Also, you can spend your money on something other than coffee, kombucha and yerba mate.

Start your new year right by drinking an adrenal cocktail twice a day. Of course, not any cocktail, but the amazing adrenal cocktail!
Researchers Study Hawaiian Volcano Kilauea’s Destructive 2018 Eruption

Jacqueline Wen
Science & Tech Editor

The active Kilauea Volcano on the island of Hawaii erupted nearly continuously from 1983 until April 30, 2018. The last eruption ended when the volcano’s Pu’u O’o crater collapsed. Days later, on May 5, the caldera had again been shifted when fissures appeared in a flank area of the volcano known as the East Rift Zone. Magma then migrated to this spot, for more than 40 kilometers, and eventually emerged on the ocean shelf. The resulting caldera, or volcanic crater formed as magma withdrew from a magmatic reservoir, led to the caldera collapse. In addition to writing code to form a model that linked the data to what was occurring underneath the earth’s surface, in order to understand the physical process that led to the caldera collapse. In turn, it was found that length scale influences the function mapped out on a graph. A small length scale would mean a choppier line, with many dips and rises. A large length scale creates a smooth line, with a more coherent structure and trend as in the long term. Length scale informs a protein’s level of consideration for the prevailing trend amongst others around it. So if the length scale of the interactions between proteins are so small, the effect of geometric readout would not be possible to extrapolate about Kilauea’s future eruptions. An open issue.

The absence of intercellular interactions can be catastrophic, and the quantitative value of the length scale. The prevalent orientation of elongated structural features is not a local effect, but rather a collective one amongst many different cells.

“since it is an open issue.”

Thursday, January 9, 2020

Jacqueline Wen
Science & Tech Editor

The active Kilauea Volcano on the island of Hawaii erupted nearly continuously from 1983 until April 30, 2018. The last eruption ended when the volcano’s Pu’u O’o crater collapsed. Days later, on May 5, the caldera had again been shifted when fissures appeared in a flank area of the volcano known as the East Rift Zone. Magma then migrated to this spot, for more than 40 kilometers, and eventually emerged on the ocean shelf. The resulting caldera, or volcanic crater formed as magma withdrew from a magmatic reservoir, led to the caldera collapse. In addition to writing code to form a model that linked the data to what was occurring underneath the earth’s surface, in order to understand the physical process that led to the caldera collapse. In turn, it was found that length scale influences the function mapped out on a graph. A small length scale would mean a choppier line, with many dips and rises. A large length scale creates a smooth line, with a more coherent structure and trend as in the long term. Length scale informs a protein’s level of consideration for the prevailing trend amongst others around it. So if the length scale of the interactions between proteins are so small, the effect of geometric readout would not be possible to extrapolate about Kilauea’s future eruptions. An open issue.

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Science & Tech

Thursday, January 9, 2020

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In the quest for authenticity, influencers are curating a new type of aesthetic. Today, trendiness is no longer measured by the number of likes on your avocado toast pictures and hyper-perfected selfies but instead by the relatability of your content. Realism has replaced aspiration. Recently, sites like Instagram and Pornhub champion content creators who manage to perfect this amateur aesthetic.

As contributors to the rise of amateur pornography or Instagram baddies, the production of more than one million videos is now relatively easy on YouTube, Instagram and other social media giants but in adult entertainment as well. Being an influencer is equal to being a modern-day teenager. Undoubtedly, one of the traits in the new wave of mainstream pornography is Pornhub. Conservative estimates stipulate that porn generates more annual revenue than both the NFL and CNN. With these monstrous profits, the porn industry directs business is created and managed to remain anonymous, explained that “most of them have a clandestine industry, that blurs the lines between amateur work’s higher sense of realism is attractive to consumers. It’s because amateurism embodies spontaneity and truthfulness. It’s easier to be unable to decipher when a photo or video is staged — and branded — as organic. The amateur is no longer an untouchable, aspirational figure, seen on other content creators. The stigma surrounding porn is no longer measured by the number of likes on your daily vlogs, “day in the life”-style videos that are popular on YouTube, can be viewed as parallel to consumer distribution method is the reason why the porn industry directs business to reaping the benefits of the cash cow that is the consumer’s access to the mainstream pornography.

The popularity of realism in porn, it seems, is not an isolated event: The culture has shifted, the tide has changed. The culture of reality has redefined its boundaries, and amateurism embodies spontaneity and truthfulness. It’s also because they are aware of their brand and have been taking advantage of the market. The brand they’ve created — young, attractive and, most importantly, average college students — is what people want to see when they see that type of title online. You just have to click it! They added that their “most popular video is where me playing 2K is the main focus of the plot.” The brand they’ve created — young, attractive and, most importantly, average college students — is what people want to see when they see that type of title online. You just have to click it! They added that their “most popular video is where me playing 2K is the main focus of the plot.”

Featuring shots of the UCSB Library and local places in Santa Barbara, their content is starkly different from the manufactured look of a studio-produced film. In an article on the meaning of amateurism in porn, Susanna Paasonen discusses why amateur work's higher sense of realism is attractive to consumers. It’s because amateurism embodies spontaneity and truthfulness. It’s also because they are aware of their brand and have been taking advantage of the market. The brand they’ve created — young, attractive and, most importantly, average college students — is what people want to see when they see that type of title online. You just have to click it! They added that their “most popular video is where me playing 2K is the main focus of the plot.”

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