

STEPHEN MANGA / DAILY NEXUS

Lauren Illes is recovering after being stabbed in the pelvis on Friday night. Illes was taken to the hospital after the attack, where she underwent surgery and eight blood transfusions. Cyrus Rocky McClain was arrested for the assault.

## I.V. Stabbing Victim Recounts Attack

Shomik Mukherjee  
News Editor

A UC Santa Barbara student who was stabbed in her pelvis late Friday night in Isla Vista said she did not know her attacker, though she is confident police arrested the correct suspect the next day.

Lauren Illes, 24, lost nearly half of her blood and needed eight blood transfusions to survive the incident, she said. She is now on the way to a full recovery.

Police arrested Cyrus Rocky McClain, 19, on Saturday. McClain was charged with assault with a deadly weapon and infliction of bodily harm while committing a felony. He is being held in Santa Barbara County Jail on a \$500,000 bail.

McClain was a part-time Santa Barbara City College student in the fall, but he was no longer enrolled at the time of his arrest.

Illes spoke to the *Nexus* about fighting off her attacker and nearly dying from her injuries. She offered both praise and criticism of law enforcement's response, taking issue with a Santa Barbara Sheriff's Office (SBSO) press release that referred to her injuries as "not life threatening."

SBSO spokesperson Kelly Hoover clarified that Illes's injuries were not life threatening at the time of the suspect's arrest. Hoover, who wrote the release, said she was not trying to trivialize Illes's injuries, but rather assure the community that Illes was no longer at risk of dying. Still, multiple news outlets erroneously reported that the stab wound itself did not endanger Illes's life.

On Friday night, Illes stood with her boyfriend on the driveway of her Del Playa Drive home, watching police break up a party across the street. Illes, a third-year environmental studies major, transferred to UCSB in the fall.

She saw groups of friends pass by until she noticed a man, dressed in all black, walking around in circles by himself. She had never seen him before, she told the *Nexus* on Monday.

"He was looking into my house, and he had gone past my driveway into the back part of my patio, so he had crossed into my property," Illes said.

Her boyfriend pressured the unknown man to leave, and he eventually complied, she said.

All was calm for about 15 minutes. Then, out of nowhere, the man jumped on her and began pounding her with his fists, she said.

"I didn't know that I had been stabbed, and so I was actually trying to fight back," she said. "I was punching him and chasing him. And then I got really, really light-headed."

"I looked down and there was just so much blood all over me, and it just kind of kept pouring out. I was really confused because I didn't know what happened, and then I just kind of collapsed over there in my driveway."

While Illes lay in the driveway, her boyfriend began chasing her assailant, she said. During the chase, he started shouting at officers to attend to Illes. At that moment, the officers across the street were busy detaining a partygoer, Hoover told the *Nexus*.

“I didn't know that I had been stabbed, and so I was actually trying to fight back,” she said. “I was punching him and chasing him. And then I got really, really light-headed.”

Lauren Illes

After law enforcement responded, Illes was transported to the hospital. By the time she arrived, she had lost nearly half of her blood, and her bladder was plainly visible. The knife had also severed her iliac vein, which drains blood from the pelvis.

Surgeons operated on Illes for over three hours. She received eight

blood transfusions and nearly lost her life during the surgery, she said. When she woke up in a hospital bed with 11 staples in her body, she felt a lot of things – but mostly lucky to be alive.

"I felt extreme gratitude," she said. "The hospital and the care that I've gotten is really amazing." She also praised one of the cops who helped her, whom she said was trained in dealing with on-site trauma injuries.

Within 24 hours, law enforcement had arrested a suspect for the crime.

McClain was arrested and booked into the county jail after law enforcement brought him in for questioning. Illes said she and her boyfriend both identified McClain in a photo line-up, not knowing police had already arrested him.

Illes praised law enforcement for the quick turnaround, saying she was "grateful they spent the whole night trying to find the guy."

But in an anonymous Reddit post on Saturday, Illes's boyfriend criticized the police's initial response.

"I chased the attacker away right passed [sic] them yelling and they absolutely did nothing," he wrote. "Additionally, only one police officer on the scene was trained in trauma injuries. This is disturbing given their perceived preparedness in situations like this only a couple years after the shooting."

"They watched the attacker run away as I'm screaming the situation at them - he could have been easily caught," he added. Illes's boyfriend, who wished to remain anonymous, verified his identity to the *Nexus*.

Hoover, speaking for the SBSO, refuted his statements.

"Any inference that the deputies didn't react quickly is simply not the case," she said. "In fact, deputies acted immediately when they learned that a stabbing had occurred, and they worked along with detectives throughout the night to locate and arrest the individual. They immediately cared for the victim and their actions are what helped save her."

Meanwhile, another thing stuck out to Illes. On Friday night, as she slouched onto a telephone pole with a knife inside her body, dozens of people walked by her and did nothing to help, she said. Some passersby even took photos of her.

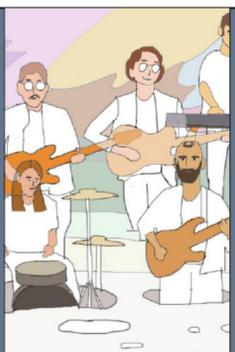
"The world doesn't make a whole lot of sense anymore," she said. "I would just like people to try and regain a little bit of their humanity because the fact that I had to lie there, thinking that I was dying, and having people go, 'Oh my god, look at this!' and take pictures – that was so disgusting to me. That bothers me almost more than anything."

Illes will take time off from UCSB as she recovers from her injuries. Barring infection or damaged tendons, she is on the path to a full recovery. But she still has no explanation for why she was attacked and firmly denies knowing the suspect before the assault.

"There's something that you can expect and you see coming, but this just seems so wildly unprovoked, so out of nowhere. There's no way to really explain it, other than [that] it's just really sad."

A  
LOOK  
INSIDE

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Brings to  
February  
in Santa  
Barbara



UCSB advisors  
are the epitome  
of how college  
is a scam  
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QUESTI  
THE  
ADVISOR  
IS  
OUT

OTM  
page 12  
Grilled  
Cheese  
Truck



Sunny  
High 77°F | Low 70°F  
Temperatures hitting mid 70s this weekend  
Surf Report  
Fair  
Steep swells all day

# THIS WEEK'S UP & COMING



## THURSDAY MARCH 1

### HONOR THE SCORNE: AN EVENING OF SELF EXPRESSION

MCC IN IV  
6612 SUENO RD | 7:30PM

The MCC hosts a quarterly open mic for anyone to artistically express themselves using all creative outlets. This quarters MC will be Eve Moreno, a trans femme and queer multimedia artist who identifies with the pronouns they/them/ and theirs. Eve's cultural background stems many parts of Latin America. Moreno's work highlights transgender and queer communities of color through photography, writing, video, painting, illustration and performance. Their work has been featured in community shows in Los Angeles, the Getty Museum, and the Huntington Library.

## SUNDAY, MARCH 4

### THE MAGIC CITY CAMPBELL HALL | 3PM

Loosely adapted from Edith Nesbit's 1910 fantasy novel, The Magic City tells the story of nine year-old Philomena, whose great love is building miniature structures out of books, toys and found objects. Left alone in a vast mansion belonging to her sister's fiancé, Philomena secludes herself in the attic where she builds a miniature city, later awaking to discover that the city has come alive. Projections, shadow puppets, live actors, miniature toy theater and live musical accompaniment bring this modern fantasy life with whimsy, wit and a world of imagination. Manual Cinema is a performance collective, design studio and film/video production company founded in 2010 by Drew Dir, Sarah Fornace, Ben Kauffman, Julia Miller and Kyle Vegter. Manual Cinema combines handmade shadow puppetry, cinematic techniques and innovative sound and music to create immersive stories for stage and screen.



## WEDNESDAY, MARCH 7

### REAL-WORLD CHALLENGES OF USING AI IN THE ENTERPRISE

CAMPBELL HALL | 3:30PM

Afshen Afshar received his Ph.D. in electrical engineering at Stanford, and serves as an advisory board member for computational finance at Carnegie Mellon. Recent advances in the field of artificial intelligence has been exciting, however, most enterprises have yet to substantively harness their data to positively affect their bottom lines. This lecture discusses some of the underlying technological and cultural reasons as well as approaches to success.



## FRIDAY, FEBRUARY 23

### IMPROVABILITY: 90TH ANNUAL ACADEMY AWARDS

8PM  
EMBARCADERO HALL | \$3

MAGIC LANTERN FILMS:



### CLUELESS & MEAN GIRLS

7PM & 10PM  
IV THEATER  
FRIDAY & MON. FEB 12 | \$4

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# SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: **1** 2 3 4

9	1	3		5				2
2								
	5	3	2		1			
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SOLUTION TO TUESDAY'S PUZZLE 3/14/12

2	3	5	4	7	8	9	6	1
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9	4	6	1	2	3	8	5	7
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8	7	9	2	3	5	1	4	6
7	5	2	3	8	6	4	1	9
4	9	8	5	1	7	6	2	3
6	1	3	9	4	2	7	8	5

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

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**ACROSS**

- "The \_\_\_ Kings Play Songs of Love": Hijuelos novel
- "But wait, there's more!"
- Surrounded by
- Armed mermaid
- Mascara target
- Better half, so to speak
- Did a fall chore
- Kid's comeback
- Luau strings
- See 38-Across
- Pathetic
- Where to 'ang one's 'at
- Insightful
- See 38-Across
- "The Matrix" hero
- Bit of shuteye
- Hi-tech brains?
- Test one's metal
- Clue for four puzzle answers
- Family insignia
- Like some coll. courses
- Big initials in Detroit
- Low digit?
- See 38-Across
- SFO guesstimates
- One is often seen near a dessert array
- RAV4 or TrailBlazer, briefly
- See 38-Across
- Turbaned Punjabi
- Feels lousy
- Professeur's charge
- Colored part of the eye
- Pool path
- "American Idol" success Clay
- Club membership, maybe
- Logician's "E," perhaps
- Numerical extreme

**DOWN**

- Some are mini
- Mount sacred to Armenians
- Title Gilbert and Sullivan ruler
- \_\_\_ Wellington
- Stick-in-the-mud
- Connects with a memory
- Desktop item
- Outdated globe letters
- Badly rattled
- Talisman
- Reprimand to quarreling siblings
- Brangelina, for one
- \_\_\_ Arc, Arkansas
- Texar's "If you ask me ..."
- TV's Arthur
- A, in Oaxaca
- Bowled over
- Souvenir from Scotland
- Black \_\_\_: spy doings
- Zealous type
- "Walk me!"
- Inspiring msg.
- Close game
- Mason \_\_\_
- Polenta base
- Crank (up)
- High-end
- She played Lois on "Lois & Clark"
- Violinist Perلمان
- Spinning toon
- Group within a group
- "I've got it!"
- Log cabin warmers
- 53 Olympics segment
- Baloney
- One writing a lot of fiction?
- Prismatic bone
- Ballet class bend
- "How's it hangin', bro?"

**ANSWER TO PREVIOUS PUZZLE:**

H	O	S	T		B	E	D	S		F	E	A	S	T		
A	S	T	I		A	X	O	N		L	A	L	A	W		
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xwordeditor@aol.com 04/27/12

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By Patti Varol (c)2012 Tribune Media Services, Inc. 04/27/12

"I'm stripping for the Nexus."

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News Office:  
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Email: [eic@dailynews.com](mailto:eic@dailynews.com)  
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**WEATHER**

The Weatherhuman is in an emotional lull at the moment. Nothing is good and nothing is bad. Everything is weird.

Tomorrow's Forecast: Maybe some feeling???

**CLASSIFIEDS**  
Miscellaneous

Short-Term Business Loan  
Prominent Santa Barbaran, UCSB graduate, seeks short-term business loan of \$5,000 to \$15,000 at 25%

return. Dec 1, 2017 to Feb 28, 2018. Secured by real property.  
Call (805) 682-9815

# Students Experience Gauchospace Technical Difficulties While LDAP Server Is Replaced and Upgraded



SIERRA DEAK / DAILY NEXUS

UCSB students have been unable to log into Gauchospace or have experienced website crashes during the last week. Frustrated students complain of difficulty seeing grades or viewing documents on Gauchospace due to the issues. Experts cite outdated systems as the cause.

Katie Wolf  
Reporter

The UC Santa Barbara learning management system Gauchospace has been experiencing technical difficulties that have resulted in website crashes since the beginning of the school year, with the most recent instances occurring during this last week.

"I was frustrated, panicked and stressed. I just kept reloading it for like five minutes until it came back up," first-year biology major Iris Chan said.

There have been several reports of system failures when students attempted to log in to check grades and view assignments, according to UCSB's Letters and Sciences Information Tech Center (LSIT).

The LSIT center recorded numerous outages from Feb. 5 to Feb. 26, with outages ranging from 20 minutes to over five hours.

Bret Brinkman, the director of instructional technology services for the College of Letters and Science, referred to these crashes as "unique situations" that occur when Lightweight Directory Access Protocol (LDAP) servers "experience an outage which prevent identification from occurring."

LDAP servers act as the "middleman" between a website and its users. The servers keep students' information, such as their names and affiliation with the university, then identify certain servers and regulate who is allowed to log onto a particular site.

When this software experiences issues, people who were already logged onto the site are able to use it freely and without any trouble. However, those who wanted to log onto the site when the servers

were having problems would have been unable to do so, Brinkman said.

Aubrie Amstutz, communications analyst for Enterprise Technology Services (ETS) attributed these frequent LDAP outages to outdated technology.

"The LDAP system was up for 1,165 days without any service restarts or any problems, before [the recent outages] happened," Amstutz said. "[The ETS did know] that the LDAP needed to be upgraded, so they've been working for this upgrade and planning for it."

The implementation of Ping, the new software that will replace the LDAP server, has already begun. Once the old software experienced its most recent issues on Feb. 26, the technicians for Ping began applying a minor version of it to act as a "mirror" to the LDAP servers functions.

A final version of Ping will be in place by the end of the 2018 calendar year, according to Amstutz. Its presence will help to ensure that viruses do not continuously invade the technology.

ETS is also developing a new site by the end of the 2018 calendar year in response to the server malfunctions that will allow students and staff to easily identify what department to contact when a situation like the Gauchospace crashes arise.

On the front page of the site there will be a "health status" area where people can clearly see what specific sites are experiencing technical difficulties at any given time.

These new developments will make it easier to identify and address additional server issues, Amstutz said.



## Goings-On in I.V. This Week

Staff Report

### BIKO GARAGE

The Multicultural Center is hosting its quarterly open mic night at Biko Garage in Isla Vista on March 1 from 6 - 9 p.m. The event, "Honor the Scorned: An Evening of Self-Expression with Eve Moreno," will include spoken word, poetry, music and dance. Eve Moreno is a trans femme and queer multimedia artist whose work highlights transgender and queer communities of color through performance and art. Biko Garage is located at 6612 Sueno Rd.

### FLASHBACK

Craving some of those sweet 80s and 90s teen flicks? Magic Lantern Films will be screening four classics this week at the I.V. Theater. Viewers can watch "Mean Girls" and "Clueless" on Friday, March 1 starting at 7 p.m. Friday night's event will be winter themed and there will be a photo booth, dance competition and free snacks. "The Breakfast Club" and "Fast Times at Ridgemont High" will be screened on Monday, March 5 at 7 p.m. The theme of the night's event will be Slumber Party, so come out in your pjs and get ready for teen movie trivia. Tickets are \$4.

### DEFEND YOURSELF

The Associated Students Commission on Student Wellbeing is hosting a self-defense class on Tuesday, March 6 at 5 p.m. Participants will learn proper striking and kicking skills and will have the chance to feel the burn with strength and circuit training. The class will be taught by Santa Barbara Krav Maga, and participants can cool down afterwards with free Blenders smoothies.

### DELTOPIA PREP

Deltopia is right around the corner and the Isla Vista Community Services District is inviting the community to discuss the Spring Quarter dayger and how to stay safe. The local government also hopes to plan the long-term vision for Deltopia and other community events at the meeting. The town hall will occur on Tuesday, March 6 from 6 - 8 p.m. at the I.V. Community Center.

### CAN YOU DIG IT?

The Isla Vista Food Cooperative and UC Santa Barbara's Department of Public Worms is hosting a home gardening and composting workshop for those interested in all things green on March 7 from 12 - 1 p.m. Attendees will learn how to grow healthy plants and use the space in their home most efficiently. The workshop will be taught by staff from the Department of Public Worms and Oscar Carmona, owner of Healing Grounds nursery. All attendees will also get free goodies, including seedlings, composting tools and snacks (because it is the co-op, after all).

# A.S. Senate Affirms Support for Undocumented Students

Victoria Gurrola  
Staff Writer

Associated Students (A.S.) Senate unanimously approved a resolution on Wednesday night to support the demands of UC Santa Barbara's Improving Dreams, Equality Access, and Success student organization (I.D.E.A.S.).

The resolution was authored by A.S. Senators Steven Ho and Brandon Mora and sponsored by fourth-year psychology major Lezli B. and fourth-year economics and accounting major Karla L.

The list of demands include hiring a full-time immigration attorney and an additional undocumented students program coordinator, providing additional financial aid options and internship opportunities for undocumented students.

I.D.E.A.S. previously presented their demands to UCSB Vice Chancellor Margaret Klawunn, but there has been "little action [taken]," Lezli said.

They will be meeting with the administration on Friday to further discuss these demands.

"We just want administration to know that it's not just [I.D.E.A.S.] behind this. We hope that the administration sees this and sees the impor-

ance of [the resolution] because we've been trying to get these demands passed for a while," Karla L. said.

The list also includes a proposed expansion of the current center for undocumented students on campus, the Monarch Lounge, which opened in April 2017.

Plans for the expansion of the Monarch Lounge include adding an additional study space, a conference room, an office for the Undocumented Student Services (USS) Coordinator, an office for the immigration attorney, a front desk, kitchen, gender-neutral bathrooms and a workspace for an USS intern.

These demands are expected to "[improve] the quality of life for undocumented students on campus," according to the resolution.

According to the resolution, "undocumented students account for at least 800 undergraduate students" and over 800,000 Dreamers are currently affected by the repeal of DACA, putting these students in "vulnerable" positions.

The resolution also addressed UCSB and Isla Vista's history of I.C.E. raids and the overall fear undocumented students may experience on campus.

Opportunities for undocumented students are limited because most jobs and internships require a social security number, the resolution states.

Financial aid is also limited and often doesn't meet the needs of undocumented students, according to the resolution. The status of these students also impacts their ability to secure housing and sources of income.

"We're glad this is a step forward to know that there are leaders of our student body supporting us," Karla L. said.

Legal support for undocumented students on campus is available through University of California Immigrant Legal Services Center, which operates out of the UC Davis School of Law.

Attorneys from the center visit UC campuses two to three times a quarter, according to the law school's website.

According to the resolution, the only attorney UCSB students have access to is currently located at UC San Diego and is "constantly overbooked."

"Many of us will not be able to pursue a life in the U.S. We should equally benefit and experience that UCSB aims to provide for every student," Karla L. said.



LIANNA NAKASHIMA / DAILY NEXUS

With the list of demands from the university, undocumented students will get much-needed resources close to home. By providing a safe space and a location to receive assistance, A.S. reinforces Dreamers' inclusion in the UCSB community.

# Local Performers Take the Stage at Winter Festival

## Milk Drunk, Ned Flangers and Jordan Mitchell & Briana Crosby brought a variety of music to the festival-goers



LIANNA NAKASHIMA / DAILY NEXUS

Festival attendees look on as Milk Drunk kicked off their set by playing a few original songs, and then led into a few covers, including one by Carseat Headrest. Milk Drunk was the winner of Battle of the Bands and performed in conjunction with KCSB.



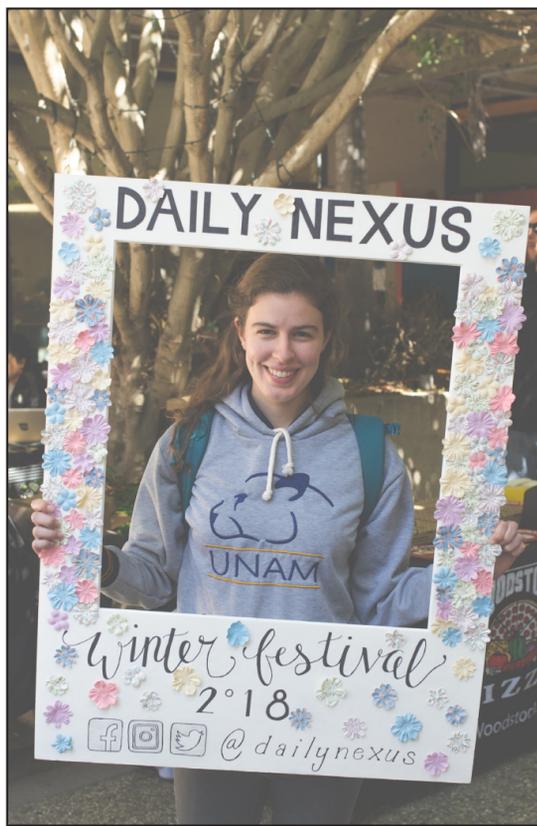
LIANNA NAKASHIMA / DAILY NEXUS

Ned Flangers, comprised of Carson Capps and Dylan Lyman, were the second artists to perform at the Winter Festival.



LIANNA NAKASHIMA / DAILY NEXUS

Anthony Cowell gets his caricature drawn by the winner of the Nexus t-shirt design contest, Peyton Stotelmyre.



LIANNA NAKASHIMA / DAILY NEXUS

Nexus staff meandered throughout the courtyard with the mobile photobooth, encouraging attendees to snap a pic.



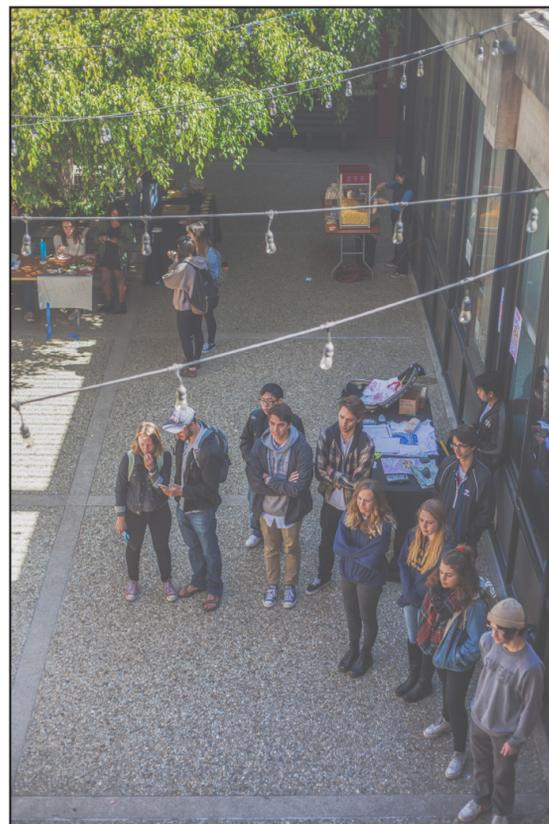
LIANNA NAKASHIMA / DAILY NEXUS

KCSB staff stopped to take a photo while promoting their Fund Drive at the Daily Nexus Winter Festival.



LIANNA NAKASHIMA / DAILY NEXUS

This was the Daily Nexus's first Winter Festival, an event that included caricatures, henna, live music and free food.



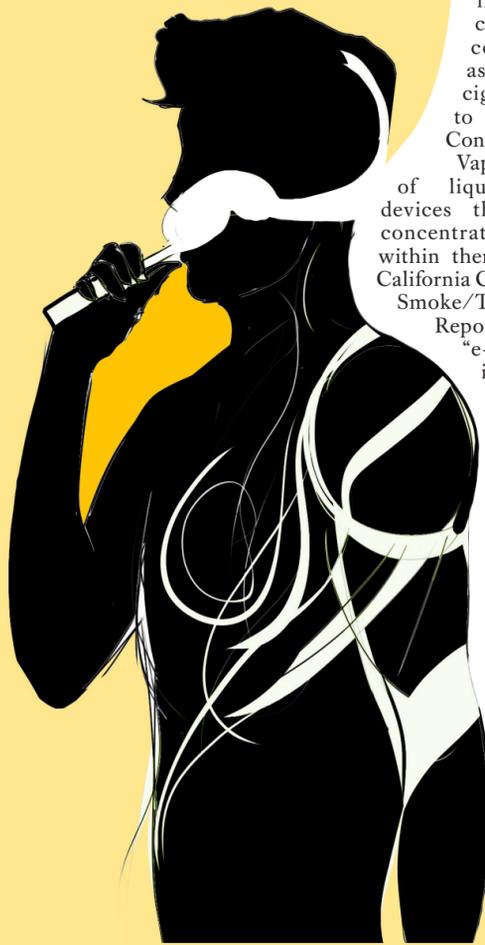
LIANNA NAKASHIMA / DAILY NEXUS

Students began to filter in as Milk Drunk took the stage at 11.

# Is It Cool to Juul? UCSB Administration Says No

“  
Vaping and e-cigarettes are a rising concern for UCSB as many students believe they are a healthier alternative to smoking cigarettes

Madison Barnes



Spencer Sween Reporter

The use of vapes, also known as e-cigs, has surged in populations of college students across college campuses as an alternative to cigarettes, according to Center for Disease Control and Prevention.

Vapes are a new type of liquid-based smoking devices that contain strong concentrations of nicotine within them. According to the California College and University Smoke/Tobacco-free Policy Report Card secondhand “e-cigarette aerosol is a new source of volatile organic compounds (VOCs) and ultrafine/fine particles.”

Studies from the Center for Disease Control (CDC) and the UC Office of the President reveal that around 16 percent of the college-age population and 8 percent of University of California students vape or handle similar nicotine products. The Report Card also says that in Calif., young adults are three times as likely to use e-cigarettes than

adults over 30.

Devices like JUUL, PHIX and similar models are among the most common e-cig products in use among students.

According to the Report Card, UC Santa Barbara is 100 percent smoke and tobacco free, including e-cigarettes. Despite this, UCSB has not escaped this new fad, and these devices “are a rising concern for UCSB,” according to UCSB’s Alcohol and Drug Program.

The CDC and the Santa Barbara County Public Health Department warn that these products can hurt the respiratory system “just like traditional cigarette smoke can,” and the addictive properties of the chemical make it just as harmful for psychological health.

Madison Barnes, a tobacco cessation educator at UCSB, explained that the consequences of vaping are normally not taken into consideration by users.

“Vaping and e-cigarettes are a rising concern for UCSB as many students believe they are a healthier alternative to smoking cigarettes,” she said.

Currently, UCSB actively works towards limiting use and providing various resources to get addicted students off these products.

One of these resources is the Alcohol and Drug Program, which offers support services to students that include free addiction cessation products and psychological advising in order to help afflicted students.

But even with the seeming decline of traditional smoking use and the ongoing efforts of UCSB’s administration to limit other forms of nicotine consumption, major challenges still remain to halt addiction across the student population.

One student, who asked to remain anonymous due to housing regulations,

explained that the dissipating smell of the vape and the strength of the nicotine makes it an ideal illegal substance in small areas like the dorms.

However, because of the high nicotine concentration in the devices, vapes can make users extremely susceptible to addiction.

Nik Babourine, first-year mathematics major, said he has met students in the Santa Catalina halls “that can’t even stay focused in group study sessions because they need to leave to get their Juul.”

Michael Takahara from UCSB’s Smoke and Tobacco Free steering committee explained that efforts to keep students from consuming nicotine will counter efforts of companies that supply these products.

“New ways of delivering nicotine to the body will continue to evolve as the Tobacco Industry works at creating new life long customers,” Takahara said in an email.

As newer methods and trends of nicotine consumption rise, UCSB’s various support services and policymakers “will continue to learn about them and address them” for the foreseeable future, Takahara said.

NATHAN CAMPOS / DAILY NEXUS

## Supreme Court Declines Trump’s Appeal to Review Federal DACA Court Case

Stephany Rubio News Editor

The United States Supreme Court declined to hear President Donald Trump’s appeal to have the court view the University of California’s case on the Deferred Action for Childhood Arrivals Program (DACA) this past Monday.

Trump was attempting to bypass the Ninth U.S. Circuit Court of Appeals, the second level of the federal court process, by having the Supreme Court review an order made in January.

The January court order by Federal Judge William Alsup, which temporarily blocked Trump’s attempt to end DACA, also involved the UC’s lawsuit against the Trump administration.

UC President Janet Napolitano filed a lawsuit against the Department of Homeland Security in September, claiming the repeal of DACA violated the rights of people who benefit from the program.

The UC announced in a statement on Monday that they are pleased the Supreme Court has denied the government’s appeal.

“Now that the administration’s extraordinary maneuver has been rightfully rejected, we look forward to defending U.S. District Judge Alsup’s injunction in the Court of Appeals,” the statement said.

U.S. District Judge Philip Gutierrez in Calif. ruled on Monday that Trump cannot rescind DACA protection without giving its recipients notice in order to legally defend themselves. This allows the Obama-era program more time to protect young undocumented immigrants.

Gutierrez’s preliminary injunction states that the administration cannot take away recipients’ individual protection under DACA.

After declining Trump’s request, the Department of Homeland Security will continue to accept DACA renewal applications for existing recipients, while the DACA court case will continue through the regular federal court processes.

Trump announced in September that he would end DACA by March 5. With less than a week to go until that date, Monday’s ruling is seen as a win for the nearly 700,000 young immigrants that are protected from deportation under DACA.

March 5 was seen as a deadline for Congress to take bipartisan action on immigration reform, which resulted in a three-day government shutdown last month. That deadline is now void, since the ruling gives Congress more time to make a decision on a long-term bill.

The court process is expected to take months, which may allow Congress time to pass a long-term spending bill for DACA and immigration reform. However, it may also delay action due to a lack of urgency, since the federal court process will likely pick up in October during

the Supreme Court’s new term.

Monday’s ruling is the third time a lower court has ruled against Trump’s rescindment of DACA, which essentially deems his efforts illegal and allows the program to continue past March 5.

The first was in January, an action Trump attempted to appeal on Monday. It allowed recipients to continue renewing their work permits and DACA status.

The second attempt on Feb. 13 stated that the terms by which the Trump administration ended DACA were unaccountable and arbitrary.

Both rulings allowed only current DACA recipients to renew their status, but do not allow those who never applied before the rescindment to apply for the program.

Monday’s ruling once again blocks Trump’s attempts to end DACA, but focuses more on individual protection rather than work permit status renewal.

The UC said in their statement Monday that it was “inappropriate for the Trump administration to short circuit standard appellate procedure and attempt to skip the U.S. Court of Appeals.”

They claim it was “a precipitous approach that echoes the government’s procedurally improper rescission of DACA at the heart of this case.”

“  
Now that the administration’s extraordinary maneuver has been rightfully rejected, we look forward to defending U.S. District Judge Alsup’s injunction in the Court of Appeals.

UC STATEMENT

SPRING 2018

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# CSD Addresses Isla Vista Sexual Assault Report Card

Sofia Mejias  
Staff Writer

The Isla Vista Community Services District (CSD) introduced a project to inform the community about sexual assault in Isla Vista, [nine months](#) after students [initially demanded](#) the project during a May 2017 sit-in.

The project, a sexual assault "report card," is one of 12 demands university administrators agreed to during the sit-in. The demand states that the university will work with the CSD to document the number of sexual assault incidents in Isla Vista, as well as the number of events centered on sexual assault education.

CSD President Ethan Bertrand suggested a three-pronged approach that includes using cumulative sexual assault incident statistics from 2016 and 2017, a list of sexual assault services and service providers and an overview of developing programs and ongoing efforts toward combating sexual assault.

This plan, while deviating from the plan originally suggested by UCSB alumna Ro'Shawndra Earvin during the May 2017 sit-in, still focuses on the "end-all, be-all" goal of the sexual assault report card, but starts instead with a framing of

the climate in Isla Vista, CSD Secretary Spencer Brandt said.

"We need to have an agreement on what the numbers are before we can go anywhere with the problem, because the I.V. CSD is not going to solve sexual assault in Isla Vista tomorrow," Brandt said.

While the report card's completion does not have a set deadline, Brandt said the biweekly meetings will allow community directors to work on the project.

"It will definitely be made very public once it's done. I think that we're still in our preliminary conversations about that, but it looks like it's one of our staff's top priorities right now," Bertrand said.

Brandt called the action taken on the sexual assault report card as a "starting point" toward solving the issue of sexual assault in I.V.

The next steps in addressing this issue involve expansion of the UCSB Community Service Organization Safety Stations, he said.

"The community trusts [CSOs] more than they trust the police when it comes [to] sharing information, and I think that expanding that would be a good piece of the puzzle that we can play," Brandt said.



SIAVASH GHADIRI / DAILY NEXUS



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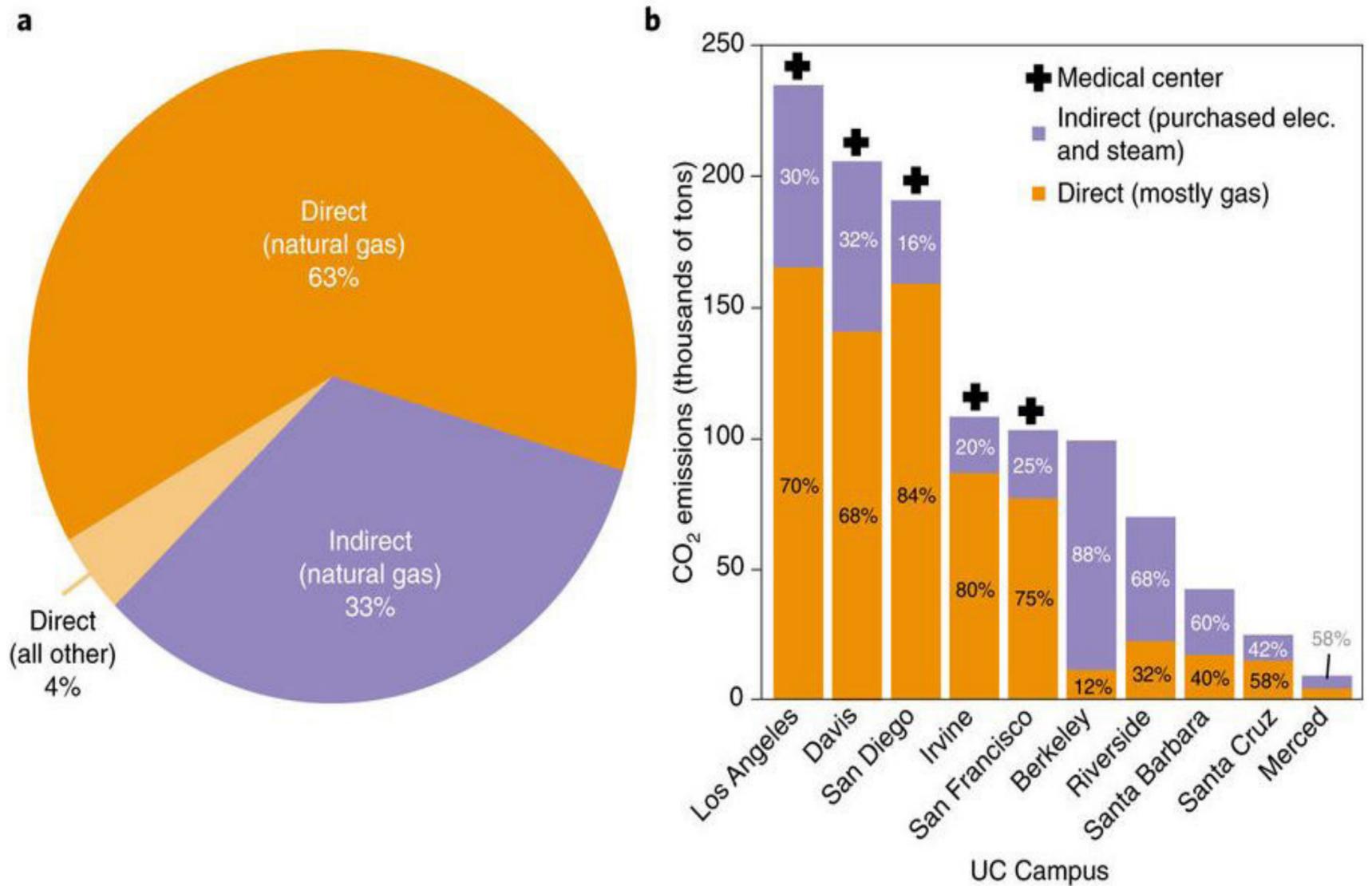
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# SCIENCE & TECH

## Climate Change One Step At a Time

The University Of California's approach to deep decarbonization offers lessons in efficiency, alternative fuels and electrification



Courtesy nature.com

Graph A shows natural gas burned on UC campuses accounted for 63 percent of the university's CO<sub>2</sub> greenhouse gas emissions, including both direct emissions and indirect emissions related to purchased electricity and steam. Graph B shows the magnitude and share relative to each campus of natural gas emissions varies across the 10 UC campuses according to their size and climate, with all five of the largest campuses having medical centers.

Stephanie Pernet  
Science Editor

Despite the U.S.'s withdrawal from the Paris Agreement on climate change mitigation, an agreement within the United Nations Framework Convention on Climate Change (UNFCCC) dealing with greenhouse gas emissions mitigation, adaptation and finance set

to start in the year 2020 makes it seem as though President Trump's decision has not hindered the carbon neutrality movement.

An example of the determination in reducing our carbon footprint can be seen right on our campus.

A 27-member team composed of researchers, facilities managers and students from across the UC cam-

pus, including UC Santa Barbara, have released a report that presents a feasible strategy to help achieve carbon neutrality by replacing natural gas with more climate-friendly options.

The University of California launched its Carbon Neutrality Initiative in 2013, aiming for carbon neutrality by 2025. However, how the UC system will hit its target is uncertain.

For now, the UC carbon neutrality pledge applies to direct emissions from UC-owned infrastructure and indirect emissions associated with the purchase of electric power. Indirect emissions from employee-owned vehicles, off-campus computing, air travel and those embodied in consumer goods and services are subject to long-term goals but actionable plans will require more leadership.

As the UC is focusing on its own emissions, gas is central. It accounts for 96 percent of emissions. About half the UC campuses have gas-fired power plants and combined heat and power systems that save money through self-generation of energy services. The other half of the campuses are typically smaller, and most of their emissions come from purchased electricity.

In California, essentially all carbon emissions from the electrical grid come from burning natural gas, which accounts for 60 percent of the state's power generation; the rest of the grid is operationally emissions-free. In California, and increasingly in the broader US power sector, decarbonizing electricity is about natural gas.

The report's three-step plan to reduce the UC's consumption of natural gas entails aggressively increasing energy efficiency across all 10 campuses and five medical centers and in the short term replacing natural gas with biogas. In the long term, the goal is to electrify all end uses of energy and switch to only renewable sources.

"Economically, energy efficiency is a no-brainer," David Auston, director of the TomKat Foundation-funded project, a researcher at UCSB's Institute for Energy Efficiency (IEE) and a senior fellow at the campus's National Center for Ecological Analysis and Synthesis (NCEAS), said. "Not only is it wise to do it because it saves money, but those funds can be used to make investments in other things like electrification and biogas."

The first step in the report is to reduce energy use by retrofitting existing buildings and designing new buildings to be highly efficient and all-electric rather than reliant on gas-fueled systems. According to the report, well-planned energy efficiency investments pay for themselves through avoided energy costs.

By the researchers' estimates, addi-

tional retro-fits could cut UC electricity use by 38 percent, and natural gas by 29 percent.

The second step is to replace conventional natural gas with less emission-intensive alternative fuels that would allow continued use of gas infrastructures.

For now, most eyes are on biogenic methane (biogas), produced today mainly by anaerobic decomposition of organic materials such as manure, food waste, agricultural wastes, fermentable landfill materials and biosolids from wastewater treatment plants. The UC system already buys some biogas.

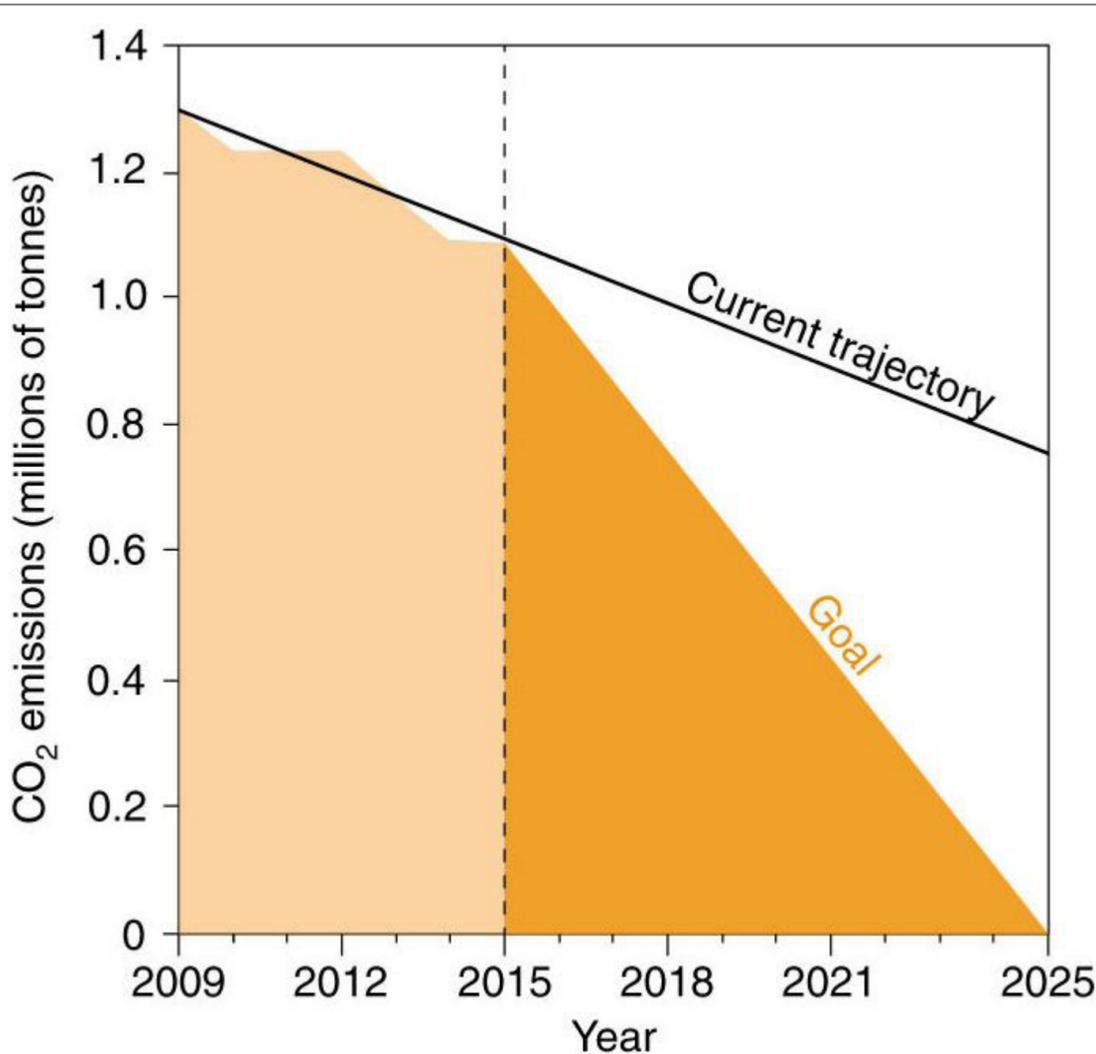
For example, UC San Diego purchases biogas credits from a sewage treatment plant on Point Loma, about 15 km away, while burning conventional gas to power a fuel cell.

"We view biogas as an interim measure that buys us more time," Auston said. "Ultimately, it must be phased out and replaced by 100 percent electrification."

The last step is electrification. The UC system is procuring more zero-emission electricity, a practice that is typically implemented by purchasing wind and solar energy. UC's campuses now include more than 50 megawatts of on-campus renewable electricity generation and 80 megawatts of utility-scale solar generation from sites in remote Fresno County. Buying zero-emissions electricity to supply existing power loads is relatively straightforward and does not raise many organizational or financial barriers.

Independent from the UC's Carbon Neutrality Initiative, the report and paper are part of the larger TomKat Carbon Neutrality Project to identify practical, bottom-up strategies for meeting the 2025 deadline. This effort was funded by the TomKat Foundation and the UC Office of the President (UCOP) and co-led by UCSB's NCEAS and the IEE. Additional financial support for the report came from the Center for Information Technology Research in the Interest of Society and the Banatao Institute.

After years of global talking without much action on climate change, the good news in Paris is that there is now a framework for leaders and followers alike to get serious about deep cuts in emissions.



Courtesy of nature.com

The graph above shows the UCs' recent rate of progress toward eliminating carbon from operations since 2009. Progress in bending the curve downward is anticipated from 2016 to 2018 based on solar PV coming on-line and biogas development.

Armchair QB



On Tuesday, Feb. 27, 2018, LeBron James became the first player ever to score 30K points, dish out 8K assists and grab 8K rebounds in their career. Where can I make a reservation for the nearest "MJ vs. LeBron" debate?

# SPORTS

## Daily Nexus Sports

BE SURE TO VIEW OUR LATEST VIDEO ON THE UCSB MEN'S BASKETBALL TEAM! THE GAUCHOS HOST UCR THIS THURSDAY ON ESPN#GoGauchos

# March Is Here! The Race for First Continues for UCSB

Spencer Ault  
Staff Writer

Sitting just a half game out of first place in the Big West, the UCSB men's basketball team is starting down the most important week of the season to date. Two home games, the first against Long Beach State and the second against Cal Poly, will determine how the Gauchos enter the Big West Tournament and likely what seed they'll hold.

Only a week and a half ago, UCSB sat in the driver's seat of the Big West. Two tough losses – the first against UC Davis and the second against UC Irvine – dropped the Gauchos behind the Ant-eaters and into a tie for second with the Aggies, a much more precarious position.

Those two losses were the result of two of the worst offensive performances the Gauchos, now 21-7 overall and 10-4 in the Big West, have had all year, but the team showed signs of a resurgence in their win on Saturday over CSUN.

"The game [against CSUN] was our best offensive efficiency game of the year," Head Coach Joe Pasternack said. "I thought our guys did a great job of sharing the basketball and getting great shots on offense, which the previous two games we struggled with."

Thursday night's game against the Beach will be a test of the sustainability of the rediscovered offensive success for both the team and its key players. Graduate transfer forward Leland King II bounced back from a combined nine points against Davis and Irvine with a 25-point, 12-rebound performance against CSUN, and his continued production will be essential to the Gauchos' success.

Equally important to offensive production, of course is defensive performance. In Pasternack's eyes, the two are directly tied together, as defensive success directly feeds offensive success.

"This week, our complete focus is being able to

defend and rebound for 40 minutes," Pasternack said. "When we do that, our offense will take care of itself. When the ball is coming out of the net, we don't get fast break points. When we can get stops and run, that's when we're at our best."

The return of senior forward Jalen Canty will likely be a big help in both the defensive and offensive departments. Canty missed the last six games due to a suspension for violating team rules, but will return on Thursday night against Long Beach, giving UCSB some sorely needed shot-blocking and offensive diversity.

Long Beach State will enter the Thunderdome as losers of its last three games and in a tie for fifth place in the Big West at 7-7. The Beach has struggled to get stops in each of their last three games, surrendering at least 70 points in all of them and 80 points twice.

The story offensively for Long Beach State is the same as it was when UCSB traveled to the Walter Pyramid a few weeks ago: senior forward Gabe Levin is the one to stop. Levin is leading the Big West in conference scoring per game, but he doesn't have another teammate in the top 20.

After Long Beach State on Thursday, the Gauchos will take on Cal Poly in the Thunderdome on Saturday for Senior Night. The Mustangs have just four wins in Big West play this season, but one of those came at UCSB's expense all the way back on Jan. 4, so Saturday's Blue-Green Rivalry matchup has the added motivation of a revenge game for the Gauchos.

As UCSB's last game before the Big West Tournament, the matchup against Cal Poly will also be an important tune-up for the team. Working Canty back into the lineup and continuing to rehabilitate the offense will both take time, something the Gauchos won't have much of once the tournament starts.

As evidenced by their 9-19 overall record and 4-10 mark in conference play, the Mustangs have had a rough go of things this season. That Jan. 4 win over UCSB, secured with three last-second free throws, may have been the high point of Cal Poly's season.

All the same, the Gauchos can't afford to overlook the Mustangs, as tempting as it might be with the Big West Tournament in sight. Guards Victor Joseph and Donovan Fields hurt UCSB the first time around and are coming off of strong games against CSUN.

Joseph is sixth in the Big West in points per game in conference play with 15.8 and has knocked down 40.9 of his three-point attempts against conference opponents. The senior guard dropped 36 points in the Mustangs' double-overtime win over the Marauders, and will test the Gauchos' ability to provide 40 minutes of solid defense.

A sweep of this week would give UCSB a home record of 13-1 for the year, its best since at least the 1980-81 season. Two strong games by King and Max Heidegger would also likely push the pair into third place on the list of all time UCSB scoring duos, as they currently sit just 41 points behind Michael Bryson and Gabe Vincent, who combined for 1,042 points in 2015-16.

There's a lot on the line for the Gauchos this week, but most important is the first-place slot in the Big West.

Two wins guarantee UCSB at least a half-share of the regular season crown, an incredible turnaround for a team that finished in dead last at 4-12 last season.

The Gauchos host Long Beach State on Thursday night at 8 p.m. in an ESPN-televised matchup, and then close their season in the Thunderdome against Cal Poly on Saturday at 7 p.m. for Senior Night.



DUSTIN HARRIS / DAILY NEXUS

UCSB enters the last week of its season two wins away from tying a program-high 23 wins. The 'Chos are just a season removed from a program-high in losses (22).



DUSTIN HARRIS / DAILY NEXUS

## Gauchos Enter Final Game of Conf. Schedule

Calvin Thrift  
Staff Writer

In its final conference game of the regular season, the UCSB women's basketball team will travel off the mainland and to the island of O'ahu in order to face the Rainbow Wahine this Thursday.

With the Big West conference tournament rapidly approaching, the fourth-place Gauchos will aim to close out the regular season with what would be their second win in a row before the postseason gets underway next week.

Following their recent win at home against Riverside, the Gauchos are 9-6 in Big West competition and 12-15 overall.

Hawai'i, sitting at seventh in the Big West standings, is 4-10 in conference play and 11-16 overall.

The Rainbow Wahine are looking to bounce back after a road loss to Long Beach State over the weekend.

Additionally, UCSB will hope to defeat Hawai'i for the fourth time in a row, as Hawai'i's last win over Santa Barbara took place in the 2015-2016 season.

Crucial to UCSB's success in the Big West this season has been redshirt senior Drew Edelman. The 6'4" forward is averaging a double-double in conference play with 16.9 points per game and 10.9 rebounds per game, while shooting 60.8 percent from the field.

In addition to her offensive efficiency, Edelman has scored in double figures against Big West opponents in all but two games this season.

"I told her a few weeks ago just how proud I was of her," Head Coach Bonnie Henrickson said. "Just being able to maintain poise and composure because

she gets a lot of attention, a lot of traffic, a lot of physicality. She's done a really good job of handling that pressure and not playing backwards because of a missed call or bad call."

In the Gauchos' home victory over Riverside, Edelman led her team with 27 points, tying her season high for points in a single game. Luckily for UCSB, Edelman's other 27-point game this season came against none other than Hawai'i.

In their visit to the Thunderdome on Feb. 3, the Rainbow Wahine were outrebounded 32-26 by the Gauchos and outscored in the paint 42-27, a sign of Edelman's significant paint presence on both ends of the floor.

A concern for the Gauchos will be whether or not they can replicate their efficient shooting against Hawai'i, since Santa Barbara shot 48 percent overall, 50 percent from beyond the arc and 90 percent from the free-throw line in the last meeting.

For Hawai'i, disrupting UCSB's offense early and limiting Edelman's paint touches will be key, but the Rainbow Wahine have a weapon of their own: Sarah Toeaina.

In her senior season, guard Toeaina is averaging 16 points per game and 6.1 rebounds per contest while shooting 51.5 percent overall from the field. Toeaina scored 25 points in Hawai'i's latest visit to the Thunderdome, and the senior has drawn high praise from Coach Henrickson.

"She's a kid who really competes. She's composed and has a great mid-range game. She gets on the offensive glass and gets out in transition, so we've got our hands full, we've got to be prepared," Henrickson said. "We need

to limit where they like to catch it, what shots they like to get, where they're most efficient and be more disruptive in that action. She leads the league in free-throw attempts, she's coming off a game where she had 19 against Long Beach State. That's not the answer because now she's scoring while she's resting."

Toeaina will certainly be a tough assignment for the Santa Barbara guards and help defenders; however, one of UCSB's freshman guards, Sarah Bates, has drawn praise from her head coach as well.

Averaging 13.6 points per game in Big West competition, Bates is the Gauchos' second-leading scorer and knocks down 43.8 percent of shots from beyond the arc.

"In a role where she's played a ton of minutes, and we've needed her to do a lot of different things for us," Henrickson said. "She's been able to step up and answer that, which has been important for us."

With the Big West Tournament scheduled for next week, Thursday's game marks the last of the regular season, but UCSB remains focused on what's next.

"This time of the year we're just trying to eliminate game slippage and understand what our responsibilities are to find success," Henrickson said. "We want to build momentum off the other night and build momentum getting a road win and be able to get as many conference wins before the tournament since we've been here, which is a little milestone for us."

The Gauchos will take on Hawai'i on Thursday, March 1, with tip-off scheduled for 9 p.m. at the Stan Sheriff Center in Honolulu.

## From Sunny SB to the Sunshine State: UCSB To Travel & Play in Citrus Classic

Max Kelton  
Staff Writer

Following a packed Gauch Classic that resulted in two wins and two losses, the UCSB softball team fell below the .500 mark.

Santa Barbara will hope to surpass an even record as it will travel this upcoming weekend to Kissimmee, Florida, to compete in a five-game stretch for the 2018 Citrus Classic II.

It's been a bumpy season for UCSB thus far, which boasts just a 7-8 overall record, but nevertheless, many positive aspects give the team hope and promise for the latter half of the season.

Sophomore infielder Alyssa Diaz fired out of the gate early in the season, leading the Gauchos to a 5-1 commanding start to the year and batting 11-20 (.550) in those six matches.

Since then, however, Diaz has been lacking similar tenacity at the plate, putting up a below-average .346 (7-28) batting average as the team has struggled, dropping seven of its past nine games.

Overall, in 15 games this season, the pitching staff has been pretty solid for UCSB. As a bullpen, the Gauchos have a 3.51 ERA.

However, in losses, UCSB gives up 6.25 runs per game compared to just four runs per game in wins.

The 'Chos will kick off this upcoming weekend with a matchup against the Florida International University Panthers on Friday, who are led by junior outfielder Tatyana Forbes.

Forbes has been on a tear as of late, leading the Panthers to a 9-8 overall record on the year and batting .395 this season.

Ace sophomore pitcher Shannon Saile looks to make her mark on the tournament herself, currently tossing a strong 1.13 ERA and sporting a 6-3 record, as she has displayed overwhelming dominance right out of the gate.

Once the tournament is underway, the Gauchos will take on Troy University to complete a doubleheader on day one of the tournament.

Troy, currently boasting an 8-6 mark, is coming off a 9-3 loss to Tennessee Tech, and will look to bounce back in the Citrus Classic II as they face UCSB and Florida International in a doubleheader of their own.

Sophomore catcher Katie Webb leads the team in batting at .356 while slugging over .367 and adding two deep fly bombs over 12 RBIs on the season.

Saturday's workload doesn't decrease much for the 'Chos as they shift their focus to another doubleheader, opening up with a matchup against Niagara University.

The Purple Eagles have had a tough start to the season, losing six of their first nine games to bring their record to 3-6 heading into the tournament.

In its six losses this year, Niagara has given up an average of nearly nine runs per game and has actually been shut out three times this season.

Immediately following the contest against Niagara, UCSB will take on the Binghamton University Bearcats, who look to make a dent into their early season win count.

Owners of a 1-3 record, the Bearcats have been quiet this season, but look to rebound with a seven-game stretch over four days in Florida this upcoming weekend.

UCSB's action-packed Citrus Classic run will end on Sunday

morning as the Gauchos look to end on a strong note against the 5-4 University of Massachusetts Minutemen.

Boasting a four-game win streak, UMass is quarterbacked by redshirt senior shortstop Jena Cozza, who has flashed excellence and poise alike over the team's recent four-game ride to success.

Cozza, hitting 8-13 (.458) and blasting five long balls over that span, is on pace for a stand-out season in her final year with Amherst.

Other teams competing in the 2018 Citrus Classic II include University of Notre Dame, Fordham University, Ball State, Robert Morris University, University of Delaware and the Czech National Team; however, UCSB has its slate complete.

Santa Barbara will begin its tournament run at 11:30 a.m. on Friday, March 2, at the ESPN Wide World of Sports Complex.



DUSTIN HARRIS / DAILY NEXUS

The Gauchos will travel to the Citrus Classic beginning this Fri. through the weekend. They are one win away from the .500 mark.

# For the Love of the Game: The Resurgence of Gabe Vincent

Jorge Mercado  
Sports Co-Editor

Feb. 2, 2017, was another normal night for the UCSB men's basketball team. In the midst of its worst season under then-Head Coach Bob Williams, the team hosted CSUF with an abysmal 3-16 overall mark and just one win in conference play.

The one thing UCSB had going for them was guard Gabe Vincent. At the time, Vincent was the team's leading scorer, averaging 14.8 points per game, and added along 3.7 rebounds and 2.4 assists per game.

His 51 threes were the most on the team and, just a week and a half earlier, he had become the 28th Gauchos to score 1,000 points in a career.

The point is, Vincent was good. The former Big West Freshman of the Year and All-Big West Honorable Mention was still having a great season despite his teams' poor play.

Going up against Fullerton, Vincent was still showing the same fire he showed all season. Nothing was going to stop the Stockton, Calif. native; not if he had anything to say about it, at least.

Unfortunately for him, there was nothing he could do about what happened late in the first half.

After driving into the lane, Vincent jumped in the air and drew the foul, but when he fell, he landed awkwardly on his left knee.

The crowd quieted down, the coaching staff looked worried, and Vincent went to the bench with a grimacing look.

UCSB would go on to lose the match 79-53, and worse, the Gauchos feared that they would lose Vincent for the remainder of the season. Their fears were realized just one day later when an MRI revealed he had suffered a torn anterior cruciate ligament in his left knee and would be sidelined for a minimum of six-to-eight months.

Vincent said that all he could think about was, "How soon can I play again?"

"I never really second guessed [the timetable] I was given. It took me a few weeks to really process what was going on, but after that I went through the motions of trying to come back and getting healthy."

For Coach Williams, the injury hurt him just the same. After all, he was the man that recruited Vincent to UCSB.

"I am heartbroken for Gabe and the team," Williams said to UCSB Athletics. "He's been a stud for three years and has also become our team's leader. Knowing Gabe, I believe he will bounce back from this and be stronger than ever."

Williams got it right with that last statement.

Additionally, once the 2017 season ended, Vincent was met with the bad news that his senior season would come with the shellshock of having to work with an entirely new coaching staff.

Following a disappointing 6-22 season and missing the Big West Tournament, the university decided not to extend Williams's contract and go in a different direction.

While obviously saddened by the news, Vincent knew he had his own worries that he needed to take care of.

"It really hurt a lot; me and Bob [Williams] were close, and he recruited me, and he was a big part of the reason I came to UCSB," Vincent said. "With that being said, that's how this business goes, and we knew we had to move forward, and we responded well."

While coming back from an ACL tear is nothing new in this day and age thanks to wonderful medical advances, it is still a long grind, and not everyone returns to peak form.

To Vincent's credit, he never thought negatively. He put his head down and worked every single day to be ready come the season opener in 2018.

"Every day was a struggle. I don't think there is anyone that has been hurt in that way who can tell you it is easy," Vincent said. "It's not a fun process, not easy, but you just have to take it day by day. You have good days and bad days, but at the end you're working to come back."

And while Vincent was working hard, the UCSB administrative staff was working hard as well, hoping to add another great basketball coach to the rotation. On April 4, UCSB introduced Joe Pasternack as their new head coach, and right away he went to work adding graduate transfers Marcus Jackson and Leland King II.

Along with the additions, Pasternack was adamant about bringing his new philosophy to this team and bring a new attitude. Most importantly, he wanted to bring a new culture, one that "honors the process."

"Coach Pasternack did a great job of bringing in a great staff and great

guys like Marcus and Leland to help us compete," Vincent said. "He is a real competitor and he loves to win, and that's what he is all about."

All this constant activity and excitement only made the former St. Mary's High School standout anxious.

Still, all his hard work would pay off as on Saturday, Nov. 11, Vincent returned right on schedule to start the season opener against North Dakota State.

While breakout sophomore guard Max Heidegger stole the stage with an astonishing 33 points in the Gauchos 85-66 win, Vincent was still there, playing as hard as ever. The senior would finish the night with seven points and a career high of eight assists on just 17 minutes.

"My greatest memory [in these last four years] is probably my first game back from injury," Vincent said. "Suited back up with the guys again after something that happened so tragically, and in the midst of such a terrible season, to turning it around to what this season has become is unbelievable."

As games kept coming and going, Vincent and the Gauchos would just get better and better.

Against UC Irvine at the Thunderdome, a game that was televised on ESPN2, Vincent stole the show. The senior dropped a season-high 21 points on the Anteaters and led the Gauchos to a primetime win. Even better, it was his first full game without his knee brace, as it broke just a few nights earlier against, coincidentally enough, Cal State Fullerton.

"I planned on getting out of the brace a week later so really it just came early; so it was different, but it worked out well, and now I feel stronger and stronger every day," Vincent said.

Fast-forward to the current day, and UCSB has more than tripled its win total from the last season with a 21-7 overall mark and is currently fighting for first place in the conference standings heading into the final week of the regular season.

From six wins to 21, this season has been a complete 180 for Vincent.

"It is special. I mean, this group we have in general is special. They are a big part of the reason why I wanted to get back so quickly ... because I saw the potential this team had," Vincent said. "Now we just have to finish this the right way and set out what we wanted to accomplish at the beginning of the year."

Like Vincent said at the end, however, the mission is still not over.

The Gauchos still have goals of winning the Big West Tournament and making an NCAA run.

That doesn't mean the former Big West Freshman of the Year shouldn't enjoy his final home games, though.

"To be honest, this whole season has been pretty emotional, coming back from injury, day by day knowing it's my last season, so things have been building up," Vincent said. "I'm sure it will be emotional, but I just have to harness it into a good game."

As luck would have it, Vincent's final home game will be Saturday against the Gauchos biggest rival, Cal Poly.

The Mustangs stole the first meeting between the Blue-Green rivals, 80-79.

"The rivalry is real; I don't know how else to put it. Even being at SLO is just different," Vincent said. "But I am happy to compete against them again, especially after dropping that last game. It was my first loss to Cal Poly during my time here. I took it real personally, so I am excited to get them back over here."

With Saturday marking the end of Vincent's brilliant career, one might surmise that he wants to be the one to steal the show.

But those who know him personally know that Vincent is as humble as they come.

"It's going to be just another game. If I go off, I go off, and if I don't, I don't, but as long as we get a win at the end of the day," Vincent said.

Beyond this season, if there is one thing Vincent loves, it is basketball. This will not be his final stop, something he is very adamant about.

"NBA is the dream, always has been and definitely is not something I plan on giving up on now," Vincent said. "Even if I can't make it, this is still going to be my career. I have to make money somehow so whether it be overseas or G-League, I am just going to be excited to continue my career."

If there is one thing this piece highlights, it is that Vincent is as resilient as they come. The senior is going to leave behind quite a legacy here at UCSB, and yet, all he wants to be remembered as is "a good teammate and a guy that loves to compete and win."

That will not be a problem, Gabe.



DUSTIN HARRIS / DAILY NEXUS

## Men's Tennis Returns Home in Hopes of Ending 2-Match Skid



DUSTIN HARRIS / DAILY NEXUS

Spencer Ault  
Staff Writer

After two disappointing road losses, the UCSB men's tennis team will look to bounce back at home Saturday against St. Mary's.

In particular, the Gauchos were devastated by their loss against New Mexico on Sunday, a match in which they held a 3-0 lead. But the Lobos rallied all the way back, and senior captain Simon Freund, who was playing through an injury, couldn't keep his lead on court two.

With the availability of Freund in question for the match, Santa Barbara will have to lean on its younger team members to come away with the victory. In particular, they will look to standout sophomore Joseph Guillin to right the ship should Freund miss time.

Guillin has been a surprise revelation for the Gauchos so far this year, winning seven singles matches in a row heading into the matchup with the Gaels and sporting an 8-1 overall mark.

"[Guillin] has demonstrated he's going to win at the three and four position, but we'd like to move him up high and see what his top end is," Head Coach Marty Davis said. "His tennis IQ is super high, and he sees the game well which means we don't have to spend time coaching him during matches."

While St. Mary's enters the match with a 2-5 record, they are coming off a 4-3 victory over Grand Canyon in their last match.

In addition, while UCSB defeated the Gaels 7-0 last year, four of the six singles matches went to a third set, and another was forced to drop out because of injury.

This year, St. Mary's returns much of that team, including their top two players, sophomore Damon Kesaris and senior Nash Vollenweider.

"Their top two players are both really good, and they're definitely better than their record shows," Davis said.

In particular, Kesaris has been playing dominant tennis this year. Last year, the South African was named the WCC freshman of the year, as well as All-WCC first team singles.

This year, he has built on that success, kicking the season off with a 6-1 record in singles. Junior Nicolas Moreno de Alboran barely beat him in three sets last year, and the rematch should prove to be an entertaining bout on court one.

The court one doubles duo of Kesaris and Vollenweider will also pose a challenge to the Gauchos; last season, the two were named All-WCC honorable mentions for doubles.

With Moreno de Alboran and junior Anders Holm playing well on court one, that matchup should also shape up to be a nail-biter.

Where the Gaels have struggled, however, has been on the lower courts. In two of their seven matches this season, Kesaris was the only player on the team to notch a victory. If the Gauchos are to pull off the victory on Saturday, they will have to depend on Holm, freshman Viktor Krustev and junior Hironori Koyanagi to win their individual matches.

In his return from injury last week, Krustev went 1-1, losing his match against Utah but winning in straight sets against the Lobos.

He will need to build on that momentum on Saturday for UCSB to alleviate pressure off of Moreno de Alboran and Guillin.

For the Gauchos, this match will be their first of four in the next two weeks because of their reshuffled schedule following the Thomas fire.

Less than 24 hours after the game, the team will leave to Tucson to take on the University of Arizona.

Santa Barbara currently holds a 6-0 record in the all-time series against St. Mary's and will look to remain unbeaten against the Gaels.

UCSB will take on St. Mary's at 1 p.m. on Saturday, March 3, at the Rec Cen courts.

# ARTSWEEK

## Real Estate Brings Summer to February in Santa Barbara

Max Pasion-Gonzales  
Staff Writer

Real Estate has found a brilliant niche in their vibrant, dreamy sound that provides a meditative atmosphere for ambitious explorers and daydreamers alike. The East Coast indie group has developed a unique aesthetic of elevated background music, having an outer layer of calm waves and a deeper layer of meaning and inspiration. Their live performance last Sunday at SOhO in downtown Santa Barbara displays this perfectly with fluctuating moments of passionate energy, as well as longer drawn-out spells of connected tranquility. Their performance is genuinely reflective of the band's success, and it elevated the record's feelings of happiness to newer heights.

The longer I waited in the intimate space of SOhO, the more I realized I was in for a night away from the normal day-to-day of college life. After making my way to the bar area and ordering a gin and tonic before the show, I noticed that there was a very apparent sense of high audience diversity. Along with the high presence of Doc Martens and cuffed jeans from the college crowd, as expected, there was also a somewhat surprising amount of an older Santa Barbara crowd. Thinking back, this rings true to the band's appeal as their pure and refined rock sound recalls older bands of music history, such as The Smiths and Pink Floyd. Moments before the tunes began, the venue filled to full capacity and anticipation filled the Sunday air. Acoustic indie songstress Bedouine kicked off the night's festivities with soothing ballads from her 2017 self-titled release and accurately set the stage for the music to follow. After a powerful ovation from the crowd and an unfortunate goodbye from Bedouine, the stage was set for the next phase of the evening.

Real Estate took to the stage and was met with high applause, and they delivered immediately with classics "Saturday" and "Had to Hear." The music sounded as clean and vibrant as expected with a balanced mix and well-orchestrated connection. The band's limited physical movement and crowd interaction mixed well with the feel of the sound and was balanced out by an extremely sonically pleasing presence. Although the group uses dreamy instrumentals and drawn-out essays to generate atmosphere, the life context is often successful in making these lengthy moments feel like an instant. I often found myself drifting away in Real Estate's harmonies only to come back to reality feeling like a lifetime had just passed.

The hands-down most powerful moment of the night was early in the set when the band performed the hit song "Darling" from their latest album, *In Mind*. The synth chords moved beautifully in and out of the song's arrangement and set a gorgeous landscape for the performance of the track. The disorienting off-beats of the instrumental hit perfectly, which was by far the most effective moment of the night in connecting with the audience; it made me move and smile like an entranced fan. Afterward, the applause was at an all-time high for the night, and the crowd showed an amount of euphoria

that I haven't seen in a long time. It was a moment that left the crowd wondering what could possibly come next to keep the audience alive. Needless to say, the band kept the mood moving.

After that glorious display of bliss, Real Estate followed with a one-two punch of "White Light" and "Crime." Afterward came the most wild and heavy moment of the night with *In Time* standout "Two Arrows." The track features a long psychedelic instrumental outro that makes plenty of noise in the studio version, but a mere listen to a digital copy of the song does no justice to what would happen live. The live rendition was long, distorted and crazy, with high-pitched self-made feedback screeching from the lead guitar, a punching bassline and eclectic drum fills from the sticks in the back. There were time switches and solos and guitar thrashes that left the audience in awe. When it finally faded out and all the chaos ended, there was a moment of stillness where it seemed that neither the viewers nor the band even knew what to do.

A tremendous applause erupted as the bassist happily proclaimed, "It's different every time. That was the Santa Barbara version."

After we all recovered from that display, Real Estate followed up with more vibes of "Serve the Song" and "It's Real," before heading out to commence the encore. After a surprisingly cohesive chant of "Real Estate!" the band came back out to appease the crowd with "Municipality" and end with show essential "Talking Backwards."

It is especially important to note the power of the band's closer, "Talking Backwards" was a beautifully reflective moment for the set, which was the band executed flawlessly. Arguably the band's biggest and best song, it ended the night with a sort of victory lap for the night's main event, displaying that they are alive and well, better than ever and living it up in the beautiful and immersive atmosphere that they have created. It was outstanding, it was gorgeous, it was near perfect, and it left all of us feeling so damn happy. The night was above and beyond the level of quality and emotion that was expected, showing just what a successful, transparent and heartwarming band Real Estate is.



**Their performance is genuinely reflective of the band's success and it elevated the record's feelings of happiness to newer heights.**



KELLY HE / DAILY NEXUS



PEYTON STOTELMYRE / DAILY NEXUS

Artsweek Staff

### SOPHIE, "Faceshopping"

"Faceshopping" is the third single for SOPHIE's 2018 effort, and it is insanity. She layers her own distorted vocals into a metallic and glitchy beat, and the vocals of frequent collaborator Cecile Believe provide the software to the production's hardware. Although "Faceshopping" is a futuristic pop song about surface-level presentation, it wrenches something primal from the chest. It rips it out to beat and clank and screech in broad daylight.

### Father John Misty, "Mr. Tillman"

Josh Tillman's latest release as Father John Misty is a cheerfully sinister affair, a pop song sprinkled with glockenspiel and told by a frustrated hotel concierge. Through a mask of courtesy that erodes throughout the song, said concierge alternately chides and consoles Tillman with increasing absurdity. The impersonal verses are punctuated by Tillman's insistence that he's "feeling so fine," despite a wealth of evidence for the opposite. The song concludes with an eerie glockenspiel solo, the high note a little too low, just dissonant enough to keep us guessing.

### Sir Michael Rocks, "Krillin In Yo Hood"

The Cool Kids member and Chicago rapper Sir Michael Rocks continues to drop quirky, eccentric sounds with his latest single, "Krillin In Yo Hood." The artist boasts his technical abilities with tightly-packed, rapid-fire bars over the entirety of the Dragon Ball Z inspired track. Sir Michael Rocks remains one of hip hop's most confident and illustrious figures today.

### Shannon & the Clams, "Backstreets"

While their entire album *Onion* is worth listening to, Shannon & the Clams' single "Backstreets" greets the listener with an instant wistful and sentimental feeling. Shannon & the Clams are known for their beachy garage punk and surf sound, comparable to that of the Growlers or Tijuana Panthers. The chorus transitions from their familiar fast-paced swing to a slower and more comforting sound. "Backstreets" incorporates the gyrations involved in a typical beachy song with an added nostalgic and dreamy nuance.

### SALES, "Off and On"

Florida pop two-piece SALES is back with the second single from their forthcoming project which is teased to release this summer. "Off and On" displays a slight deviation from the band's previous sound, all while incorporating familiar elements from their previous releases. The track is warm and swirly; Lauren Morgan's vocals bounce off the cut's guitar leads with lovely charisma and charm, leaving the listener daydreaming in a pool of organized noise.

### Khalid feat. Swae Lee, "The Ways"

Executively produced by Kendrick Lamar, the "Black Panther" soundtrack was packed with hits from a variety of artists. Khalid and Swae Lee's "The Ways" is smooth and intoxicating. The track's tropical production and Khalid's airy vocals combine for one of the catchiest R&B tracks of the year thus far.

### Unknown Mortal Orchestra, "Not in Love We're Just High"

Funky and introspective, "Not in Love We're Just High" sets the bar high for Unknown Mortal Orchestra's upcoming album *Sex & Food*. Listeners, while initially bombarded with a cacophony of sounds, quickly ease into the soothing vocals, cool synths and infectious beat of the pseudo-ballad about a cocaine-induced infatuation. Though seemingly cohesive with 2013's *II* and 2015's *Multi Love*, "Not in Love We're Just High" and lead single "American Guilt" point to a more reflective look at the times we live in today. *Sex & Food* is set for release April 6 via Jagjaguwar.

### Rejjie Snow feat. Dana Williams, "Room 27"

Irish rapper Rejjie Snow returns with a melancholically dreamy cut from his latest LP, *Dear Annie*. Dana Williams sends the track into a cloudy bed of sonic bliss over the track's hook as Snow delivers depressing, introspective bars in his verses. The rapper contemplates suicide in a despairing quest for the so-called "27 Club."

### A.A.L (Against All Logic), "I Never Dream"

American-Chilean producer Nicolas Jaar released his debut album under the moniker A.A.L this month. *2012-2017* features danceable, bright tracks, most notably highlighted by the ever-so-funky cut "I Never Dream." Jaar's intricate sample slicing sets the track apart from his electronic contemporaries, displaying a broad range of seamless and subtle sounds all wound up in one delightful package.

### Janelle Monáe, "Make Me Feel"

Certified badass Janelle Monáe brings flashy, bubbly sounds with "Make Me Feel," one of two debut singles from her upcoming album *Dirty Computer*. This will be the artist's first LP in five years as she comes off success from her roles in films such as "Hidden Figures" and "Moonlight." If you like the nostalgic charm of artists like Michael Jackson and Stevie Wonder, this track is sure to make your day.

# Marvel Films From Worst to Best: A Top Ten Ranking

Christien Skousen  
Reporter

This President's Day, "Black Panther" arrived in theaters with a storm of hype and critical praise, marking the 18th movie in the Marvel Comics Universe (MCU) and the last one before "Avengers: Infinity War" hits theaters in May. May will also mark the 10th anniversary of the first of these films, "Iron Man." Over the past 10 years, the MCU has not had a truly terrible movie, though some of them have been fairly lackluster. In celebration of the fantastic "Black Panther" and in anticipation of "Infinity War," here are the top 10 films of the MCU, ranked:

## 10. "Guardians of the Galaxy Vol. 2"

The second "Guardians of the Galaxy" cranks up the humor, and, for the most part, it works. A few of the jokes undercut more serious moments, and the relationship between Chris Pratt's Peter Quill and Michael Rooker's Yondu could've been more developed, but the movie works. The soundtrack rivals the first film's, Kurt Russell's Ego is a far better villain, and the glorious color palette of the film pops with vibrant colors and a well-defined sci-fi aesthetic.

## 9. "Thor: Ragnarok"

"Thor: Ragnarok" turns the "Thor" franchise into an outright parody of the superhero genre, albeit a loving parody. Exchanges are improvised, and the jokes never stop coming. Like all the best parodies, "Thor: Ragnarok" also works well as the genre it's parodying. The action is gorgeous, and the score is absolutely bonkers with dramatic choirs, triumphant symphonies and blazing synths. The film is the embodiment of the bizarre, tacky sci-fi fantasies of the '80s, and because of its brazen confidence and unwavering willingness to just be silly, the movie about Thor and the Hulk having space adventures just works.

## 8. "Guardians of the Galaxy"

"Guardians of the Galaxy" offers a cosmic version of the Avengers, with many of the same draws. The dynamic of a team coming together is magical in a similar way, but what makes "Guardians of the Galaxy" so amazing is how it manages to introduce five protagonists and bring them together all in one film. Star-Lord, Gamora, Drax, Rocket the Raccoon and Groot all enter the film as unknown entities and make their mark in a big way. The villain is a little weak, but other than that, the movie is an absolute jam.

## 7. "Spider-Man: Homecoming"

As the sixth "Spider-Man" movie and the third iteration of the character on the silver screen, "Spider-Man Homecoming" has to work to justify its existence. Fortunately, the movie is a joy. Tom Holland is pitch perfect as a Peter Parker struggling to become an Avenger while trying to get a date for homecoming. Michael Keaton as the Vulture is one of the MCU's greatest villains, giving the movie a killer twist, and Iron Man is able to exist in the film as a mentor without stealing the spotlight. The cast is peppered with great comic actors, from Martin Starr to Hannibal Buress to Donald Glover, who fill the film with humor while grounding it in Parker's very teenage world.

## 6. "The Avengers"

Watching "The Avengers" when it came out was an event. A sequel to five different movies at once with characters from each different franchise was something never before seen. The action was huge, and the immense battle scenes were offset by persistent charm and quips. Mark Ruffalo enters as the Hulk without a hitch, working better in a team-up movie than the Hulk ever could by himself. Different aspects of the previous films come into play in a way that doesn't punish viewers for having missed some of the previous movies, while also making the universe feel very full and fleshed out. "The Avengers" is a ton of fun with Earth's mightiest heroes.



LILY GARCIA-DALY / DAILY NEXUS

## 5. "Captain America: Civil War"

The third Captain America worked as an Avengers movie, but its Captain America branding gave it the narrative focus necessary to create some real drama and tight plotting. Chris Evans is steady and dependable as Captain America, while Robert Downey Jr. stands out in his best performance of Iron Man yet. This is the movie that fits most effortlessly into the context of the Marvel universe, introducing Black Panther and Spider-Man into the story all while servicing the fundamental conflict of the film. Daniel Brühl plays Zemo as a relatable villain, though he is overshadowed by the conflict between Captain America and Iron Man. The airport fight sequence where Avengers fight Avengers is the best in the series, and "Captain America: Civil War" is the best Avengers movie so far.

## 4. "Iron Man"

The first of the franchise, "Iron Man" came out nearly a decade ago and is still one of the high points of these movies. Downey Jr. was born to play Tony Stark, with his playboy attitude underlined by moments of real humility. The movie uses an awareness of the real world and its politics and consequences to ground the fantastic narrative in reality. The end credits scene, the first of many to come, hinted at a broader universe in the making. "Iron Man" is funny, dramatic and creates the foundation for a universe immersive enough to handle 18-plus films.

## 3. "Captain America: The First Avenger"

"Captain America" is a World War II war movie that features not just a superhero but a very good man. Director Joe Johnston uses the movie's period setting to create a story of black and white morality, with larger than life heroes fighting larger than life villains. The anachronistic HYDRA, with its space age weapons derived from a magic cube, is the perfect villain for this

blast-from-the-past pulp adventure. The film's over-the-top conflict of good vs. evil allows for Steve Rogers, played by Evans, to exist as a paradigm of selflessness and self-sacrifice, which is a refreshing fantasy in the more conflicted modern age.

## 2. "Black Panther"

T'Challa was first introduced in "Civil War," but in "Black Panther," he has a movie dedicated to himself and his world, and the movie is better for it. The first act is a little long and the last act is a little short, but Wakanda and its cast are so fully realized that they more than make up for the film's pacing problems. Michael B. Jordan's Erik Killmonger is a villain who steals the scene every time he enters, and he is a critical part of the film's political ideology. "Black Panther" is continually embarrassed by a wealth of riches, with its stacked cast, kinetic action and a vital story packed with meaning and thematic resonance.

## 1. "Captain America: The Winter Soldier"

"Captain America: The Winter Soldier" takes Steve Rogers from his simplistic, 1940s comfort zone of right and wrong and throws him headfirst into the 21st century. Robert Redford plays the film's main villain, and his presence works perfectly with the film's '70s spy thriller tone. From bottom to top, the film's construction is airtight. Humor is present in the film without undercutting the tension, and the action is as grounded as a superhero movie gets. While the film doesn't wear its heart on its sleeve as boldly as "Black Panther," it is still an intelligent movie with a point of view. "The Winter Soldier" also worked as a major paradigm shift in the MCU, altering its trajectory for the better. With almost no fluff to speak of, "Captain America: The Winter Soldier" is almost a perfect piece of escapist entertainment.

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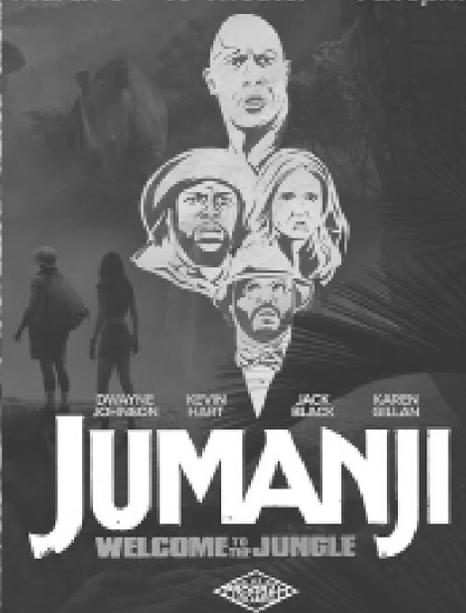
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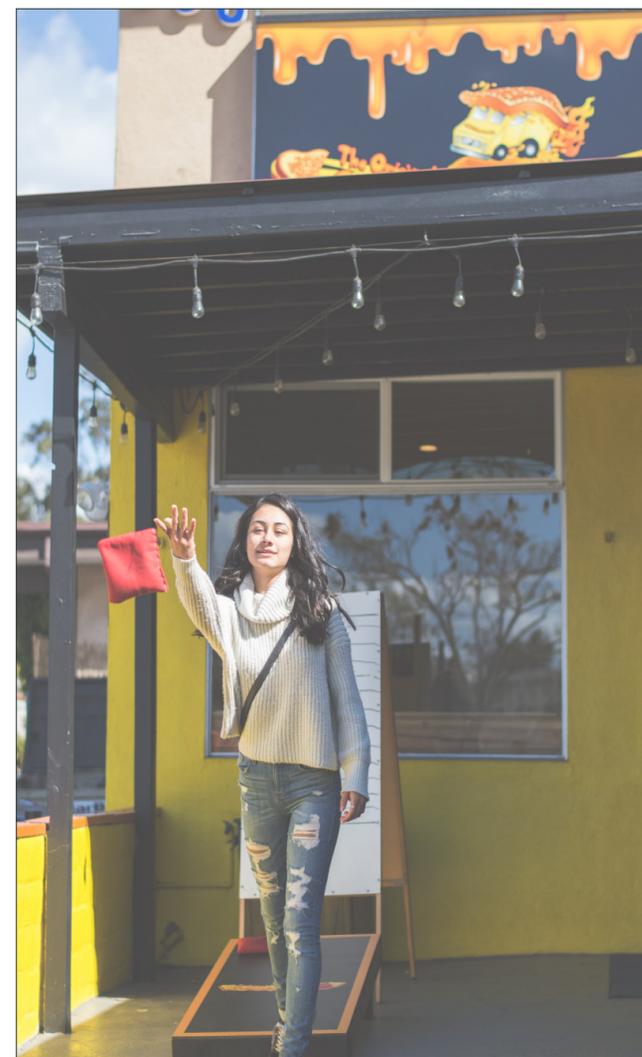


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# ON THE MENU

## Grilled Cheese Truck Rolls into New I.V. Residence



Tiffany Velazquez  
On The Menu Asst. Editor



This Saturday, the Grilled Cheese Truck opened its first brick-and-mortar location in the streets of Isla Vista. Located on Embarcadero Del Norte where Santa Ynez Burrito once stood, the restaurant offers its cheesy, gooey concoctions to the hungry stomachs of UCSB students.

Having tried the Grilled Cheese Truck back when it first came to campus during a food truck fair, I was excited to see what the restaurant had to offer in the form of a now-permanent location. Unable to make it out for the grand opening due to a rather unfortunate third case of the flu, I braved the light rain Monday afternoon for a taste of the classic American staple.

Upon arriving, the restaurant proved inviting, the closed-off patio and outdoor heaters a welcome relief from the dreary weather. I paused to take a look around before making my way inside the brightly-lit establishment.

I took my time to order, stopping behind a group of girls to consider the menu. Simple enough, they offered "plain and simple melts," pre-prepared "signature melts" and a "build your own melt" with the option to choose your own bread and sweet and/or savory additions, such as smoked pork or Nutella. Additionally, the menu offers the option to add macaroni and cheese, tomato soup, celery coleslaw or homemade bread and butter pickles as a side. I decided to really go for it with the buffalo chicken melt and a side order of tater tots, the sandwich consisting of spicy roasted buffalo chicken, habanero jack cheese, blue cheese and celery coleslaw.

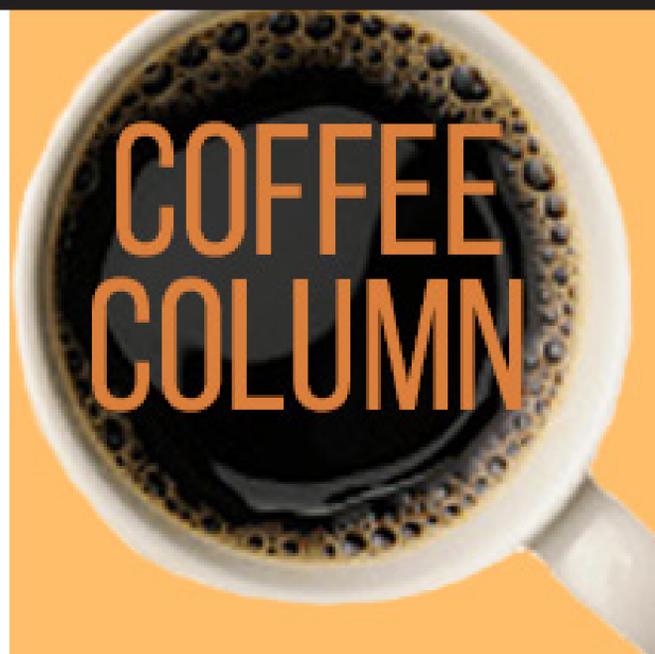
The dish delivered great flavor, the ingredients working well together to balance each other out. The celery coleslaw worked to both counteract the heat of the buffalo chicken while adding a nice freshness to an otherwise heavy sandwich. The tater tots proved an excellent addition, perfectly hot and crispy. I made my way through the grilled cheese in no time, my stomach content by the end.

The Grilled Cheese Truck delivered in flavor, no doubt about it, but it fell a bit short in price, in my opinion. Starting at \$3 for the basic American cheese melt, my meal amounted to a total of \$12. While within the price range of its surrounding restaurants, it was a bit difficult for me to justify the price for a grilled cheese, even one as packed with flavor as this one.

Regardless, it definitely seems like the Grilled Cheese Truck Stop has a real chance of making a name for itself in Isla Vista, as its weekday midnight and 2 a.m. weekend closing times cater to a typical college student's needs. Who knows, maybe it has what it takes to break the location's bad-luck streak.



ALL PHOTOS: MAX ROBBINS / DAILY NEXUS



Calista Liu  
Staff Writer

Hot bean water fuels our nation. Yes, you read that right. With approximately 83 percent of adults drinking coffee in the United States, you probably know numerous people in your life who seemingly can't live without it – perhaps even yourself.

Yet what do we truly know about this beverage that controls the majority of the population, besides how many creamers you like to put in your cup o' joe or your go-to Starbucks order? While there are numerous benefits to drinking coffee, you know what they say about too much of a good thing.

### BENEFITS:

Coffee may reduce the risk of type 2 diabetes. According to researchers at the Harvard School of Public Health (HSPH), participants who increased their coffee intake to more than one cup a day had an 11 percent decrease in risk over a four-year period, in comparison to people who did not change their intake amount.

Coffee may reduce suicide risk and depression in women. In another study led by HSPH, researchers found that women who drank around four cups of coffee a day had a 20 percent lower risk of depression than those who drank little to none.

Coffee may increase alertness and even assist cognitive performance. In addition, numerous studies show that regular coffee drinkers have a lower risk of Parkinson's disease and Alzheimer's disease than those who do not drink coffee.

Coffee may lower the risk of multiple sclerosis. According to a study published in the Journal of Neurology, Neurosurgery & Psychiatry, coffee can protect against neural inflammation that results in the development and recurrence of the disease.

Coffee may reduce the risk of alcohol-related cirrhosis. Although you can also reduce the risk of chronic liver damage and failure by, you know, cutting back on your alcohol consumption, according to a comprehensive review done by the journal Alimentary Pharmacology and Therapeutics, drinking two or more cups of coffee can also reduce the risk of developing this liver condition by 44 percent.

### RISKS:

Coffee may cause insomnia and restlessness. Many people drink coffee to stay awake or alert, but drinking more than the recommended maximum of four cups of coffee a day may result in chronic sleep loss.

Coffee may trigger anxiety. Caffeine, in general, decreases levels of gamma-aminobutyric acid (GABA), a neurotransmitter that regulates anxiety, which in turn increases levels of cortisol and epinephrine, hormones that cause stress.

Coffee may also result in high blood pressure. Although the rise in blood pressure after coffee consumption is temporary, repeated increases in blood pressure combined with stress may result in an increased risk of heart disease, according to James D. Lane, professor of medical psychology at Duke University Medical Center in Durham, N.C.

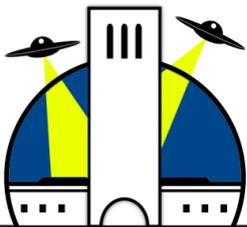
Coffee may result in muscle tremors. As caffeine stimulates the brain, it also stimulates the central nervous system, and, as a result, affects motor activity. According to the National Institutes of Health, caffeine may result in eye spasms. The effects of muscle tremors can also be found in other areas of the body. Once your hands start shaking, you may want to think twice about drinking another cup of coffee.

Coffee may result in more frequent trips to the restroom. As coffee is both a diuretic and a laxative, you may find yourself urinating and going No. 2 a lot more frequently. Thus, more coffee means more stress to your bladder and bowels.

### VERDICT:

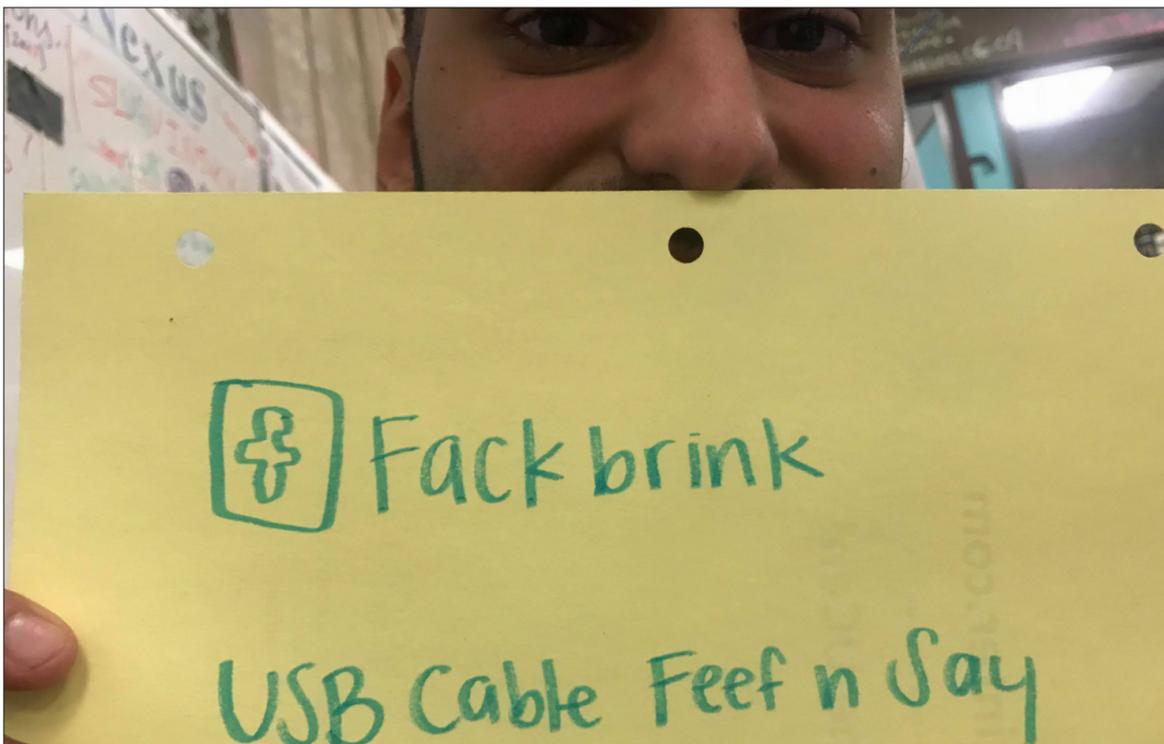
Although in recent studies, scientific research has revealed the positive aspects of coffee consumption, one of America's most beloved beverages will always be as controversial as it is popular. If you were hoping to find a justification for your venti vanilla latte addiction or your infatuation with white chocolate mochas, you may be disappointed.

Unsurprisingly, adding calorie-loaded creams, sugars and flavoring to your coffee will most likely do your body more harm than good. Overall, a comprehensive review on coffee, published by the British Medical Journal, states that drinking three to four eight-ounce cups of black coffee results in optimal health benefits. Drink up! (Responsibly, of course.)



# NEXUSTENTIALISM

Listicle, Satirical, Never Newsical



## BREAKING: New Snapchat Update Now Leading Cause of Sad, Sad Divorce

Mia Roncati  
Staff Writer

The new Snapchat update has been hitting home for a lot of its users – literally. In the past week, Apple has hacked into everyone's phone and forced the update, whether you asked for it or not. Tensions already have been running high as people have been wondering if they are going to be next; each time the app is opened is a 50/50 chance for your life.

also causing strife amongst its users. Recent studies in the Psychology Department at UCSB have previously conducted research before the update that shows that Snapchat streaks determine a happy marriage. In fact, having a 200-day or more streak absolutely guarantees a zero chance of divorce.

However, with the confusing layout, users have been giving up on their streaks with their significant other to communicate with easier methods, like e-mail or carrier pigeon. This loss of a streak is causing tension between typically happily married couples. Divorce rate in the state of California has almost doubled in only one week.

The loss is even being felt on the outskirts of the Isla Vista community. Maria "Snappie" Parker, a stay-at-home mom in Goleta, is reported to have had the most ongoing streaks with her Snapchat friends in 2017. She is now filing for a divorce from her husband after he stopped Snapchatting and made her lose her title.

"It's like he doesn't even want to try with our marriage anymore," she wrote in a Snapchat message to her lawyer. "I don't want to spend the rest of my life with a man who refuses to enjoy my puppy-dog face because of an update."

If you or a loved one have been affected by this Snapchat update, please call C.A.P.S. advisors to schedule an appointment for couple's therapy.

**“**  
I don't want to spend the rest of my life with a man who refuses to enjoy my puppy-dog face because of an update.

**SNAPPY PARKER**

Not only is the update confusing millennials with its clustered appearance and aggressive discovery page, but it is

Mia Roncati is a third-year who once lost an 800-day Snapstreak and cried for a week.

algorithm makes it end up on this Free & For Sale page," says leading engineer Tom McMahon. Facebook is hard at work on the issue, and they hope to have a fix implemented by the time date party season rolls around to combat the traditional influx of "seeking date" posts.

For people like Megan Masterson, this new fix spells the beginning of the end. When reporters reached out for comment she stated, "How else am I supposed to force people to listen to me? I only have 300 Facebook friends, and ranting on Free & For Sale is the only way to make sure people have to look at my bad opinions."

Maurice Hiccups has eggs in his brains.

## EPIDEMIC: Oh No! Local Fools Make Personal Posts on Free & For Sale

Maurice Hiccups  
Staff Writer

In an astonishing turn of events, local Isla Vista fool Megan Masterson puts a rant up on the Free & For Sale page instead of on her personal profile. In her post, she she states, "I'm so sick of how inconsiderate people in Isla Vista are by blocking her car in, and if they don't move it by 3 p.m., I'll tow."

Sources on the ground who are familiar with the situation say that by 3:30 pm the alleged blocking car was still in its spot and no tow truck had been called. The car left around 4 p.m., and everyone involved seems to have moved on – at least until this happens again, at which point the cycle will repeat.

The rise of off-topic posting in the UCSB Free & For Sale page has local residents worried and confused. We reached out to handsome local resident Maurice Hiccups who stated, "How am I supposed to buy concert tickets that I can't afford when I have to scroll through paragraph after paragraph of people complaining about random shit?"

Hiccups later goes on to say that he has seen it all. From individuals complaining about people sneezing in class to people seeking out dates, Hiccups believes that the state of affairs is gradually getting worse.

Facebook engineers believe the issue lies within the site's software. "What happens is people make posts that should be going up on their personal profile, and somehow the

## CONGRATS TO OUR T-SHIRT CONTEST WINNER



# OPINION

## Are UCSB Advisors Even Advising?

Opinion writer Stephanie Arentz details her experience at the UCSB advising office, and offers up potential remedies to problems she encountered



Stephanie Arentz  
Opinion Writer

As a first-year student at UCSB, I have had a few occasions to visit advisors, including academic, financial aid and registrar advisors. However, a majority of my experiences have not been worthwhile.

I first visited the UCSB Academic Advising Office in Cheadle Hall for questions regarding classes, as I knew I had one of the worst pass times for registration. I needed to ask the advisor if there were any classes for my major that still had open space, as many were already full.

After explaining my situation, the advisor decided that I needed to learn how to perform an advanced search on G.O.L.D. Despite my many protests stating that I already knew how to make an advanced search, she continued anyway. She eventually dismissed me, stating that this was all that could be done.

A few months later, during pass three, a friend of mine decided she also needed to visit an academic advisor. She approached them with a similar problem – needing another class but not finding any with vacancies.

After about 20 minutes of sitting through unimportant information and growing annoyance, she finally asked if there was anything at all that the woman could do to help her. Finally, the advisor pulled up a list with classes that had open spots.

Essentially, to get anywhere in Academic Advising, you need to continually pester the advisors until they give in and finally help you.

As for financial aid advisors, my one experience was moderately helpful, yet not something I would strive to repeat. For those unaware of how the

Financial Aid Office is set up, there are multiple booths, each with a peer advisor.

As the students explain their situation, the advisors write details on a whiteboard. If they cannot help you directly, they proceed to bring said whiteboard back to their superior, who will either report back to the peer advisor or come to you directly.

While, again, the service provided was not necessarily bad, the way in which students are helped is insensitive considering the matter at hand. For students with more personal questions, they may try to whisper, but the reality is that anyone can hear.

My question, for instance, was completely personal yet I was not offered any accommodations for privacy. While I would not expect to receive accommodations that were not offered to other students, it was made clear to me that the office lacks discretion in these matters.

All in all, I have learned that unless you have a serious concern, such as a change of major request or scholarship information, Academic Advising will likely not be of any use to you. The advising associates that you meet with to determine whether an appointment – walk-in or otherwise – is needed simply do not seem to care.

While this is a broad generalization based on mine and others' experiences, it is the message that is projected every time students are rushed out the door without the advice the advisors are there to give. There are advising associates and academic advisors that do, of course, do what is requested of them, but it depends heavily on what your particular circumstance is and how many students are in need of support.

There need to be higher standards upheld when these aids are helping students determine their college paths. We are spending a lot of money and effort to attend UCSB, and it is not acceptable to be left in the dark on matters as critical as class registration.

On another note, the amount of time these advisors often spend dancing around the lines of the question we need answered could easily be matched by directly answering the question at hand. There is no reason why a faculty member could not take the time to assist a student. Any excuses given are just that: excuses.

For students who have not received the help they need, I recommend asking fellow classmates. While a person in your inner circle might not have the advice you are looking for, branching out is always an option.

Confer with mutual friends, ask in a club's GroupMe or even post on one of the many Facebook groups provided to UCSB students. I guarantee that there is at least one student on this campus that has dealt with a similar situation and can assist you.

Financial peer advisors, while seemingly productive at their jobs, involve a breach of privacy that students may not want to deal with when discussing their financial aid. Things also have a chance of getting lost in translation, as you are giving information to a third party who will then see that it gets to an advisor that can bring to you a suitable answer. I was thoroughly unimpressed by the way in which this system was organized.

For students with personal concerns, I recommend emailing a financial advisor directly to set up a face-to-face appointment. This will eliminate the third-party interference and allow for a more solid understanding of the problem at hand.

Alternatively, if you are comfortable enough, I recommend asking a resident advisor, a counselor or a fellow student.

Overall, as hard as these advisors must work, they are not giving sufficient assistance. We are constantly left confused and irritated, and we are expected to solve our problems on our own. I hope that in the near future, the faculty will begin to understand the stress they inflict upon the students and in response start provide more support when sought out. Until then, however, the students must work together to provide each other with the solutions to our problems.

*Stephanie Arentz wants to see improvement on a resource that is critical to student life.*



There need to be higher standards. We are spending a lot of money and effort to attend UCSB, and it is not acceptable to be left in the dark on matters as critical as class registration.

## HOROSCOPES

The signs as fuckboys of I.V.

### ARIES

MARCH 21 - APRIL 19

Wears pastel Chubbies shorts. Thinks the market can regulate itself.

### TAURUS

APRIL 20 - MAY 20

Skateboards barefoot around I.V. and you're pretty sure he has never attended a lecture.

### GEMINI

MAY 21 - JUNE 20

Texts you "wyd" at 9 p.m. after drinking one shot of Bacardi.

### CANCER

JUNE 21 - JULY 22

His idea of a perfect date is inviting you to "die up" with the boys.

### LEO

JULY 23 - AUGUST 22

Tells you that he's going to put you on a "new wavelength mentally" and that he doesn't fuck with bad vibes. Also, he cums in 30 seconds.

### VIRGO

AUGUST 23 - SEPTEMBER 22

His idea of a perfect sex playlist consists of three hours of house music.

### LIBRA

SEPTEMBER 23 - OCTOBER 22

The guy that wears a Thrasher t-shirt, even though he has never skated before in his life.

### SCORPIO

OCTOBER 23 - NOVEMBER 21

Can't get into the address that he invited you to.

### SAGITTARIUS

NOVEMBER 22 - DECEMBER 21

Hits his juul during sex and gets so domed that he needs to take a break.

### CAPRICORN

DECEMBER 22 - JANUARY 19

Demonstrates his support for feminism by talking over you to say how much he loves feminism.

### AQUARIUS

JANUARY 20 - FEBRUARY 18

Invites you over to Netflix and Chill, and when you get there he asks for your login.

### PISCES

FEBRUARY 19 - MARCH 20

Wants to drop out of school to be a SoundCloud DJ.

QUESTIONS?



THE ADVISOR IS OUT