

KAITLYN NGUYEN / DAILY NEXUS

A.S. President Hieu Le proposed a plan to renovate the UCen building, which could increase student fees by \$20 per student per quarter.

Student Fees May Spike With UCen Remodel

Evelyn Spence
Asst. News Editor
Tamar Dzotsenidze
News Editor

Associated Students President Hieu Le proposed a plan to complete an expansion project of A.S. and the University Center, according to a resolution that was tabled indefinitely on Wednesday, Jan. 31.

The UCen/Student Union Renovation and Expansion project goal is to “address critical building infrastructure needs of the UCen,” according to the first draft of the resolution submitted to Senate.

The first draft of the resolution was tabled indefinitely, and a new one was passed at the Jan. 31 Senate meeting, reaffirming support for Le’s plan.

Senator Grecia Martinez authored and Senator Kian Maalizadeh seconded the first draft of the original resolution. Maalizadeh authored and Martinez seconded the Jan. 31 affidavit resolution.

“I have high hopes for it, and I want other students to believe in it,” Martinez said of Le’s plan.

San Miguel Hall Council member James Ferraro spoke against the first resolution during the public forum during Wednesday’s Senate meeting.

Ferraro, who met with Le earlier, said Le had stated that the project would require a student fee increase that could reach as high as \$300 a year beginning in five years. Until then, the project would require a \$20 increase per student per quarter.

“That’s a 48 million dollar project, as I mentioned, and I think it’s a lot to ask from students to pay for the majority of that cost,” Ferraro said. “A lot of students have a very tough financial burden,

and every dollar really counts for them.”

Le declined the *Nexus*’ request for comment, but spoke to the Senate later and confirmed the potential costs of the new project for students.

He said the project has a \$48 million budget which would be funded through a combination of student fees and fundraising, and that the fees would range from \$21 to \$99 per quarter. The project, however, is still in its preliminary stages; Le will need to collect signatures to get the measure on the ballot for the 2018 A.S. elections.

He said the plan would include an approximately \$50 million return for students with financial aid to supplement the fee for students who could not otherwise afford it.

Ferraro explained that the current proposal doesn’t include any financial commitment from the university aside from setting up a fundraiser that would solicit funds from alumni donors.

“I think a lot of you really opposed when the UC Regents or when [the] university is really trying to raise our fees and you guys really fight and you’re great leaders on that,” Ferraro said to the senators.

“But I think when it comes to this and when it comes to internal funding, I think you really have to be careful and really pay attention to what they’re asking for, especially Office of the President,” he added.

The original resolution references a 2012 space survey which states that “38% of A.S. entities has no assigned space, while a quarter of A.S. entities used temporary or shared spaces. A.S. is located in seven different buildings on campus making it difficult for students to collaborate and integrate their ideas, projects, and communications.”

The resolution proposed the expansion and renovation of the UCen because it is nearly \$2 million in debt and the majority of the businesses

UCEN p.5

A.S. Senate Passes Resolution Supporting Mentally Disabled Students in On-Campus Housing

Evelyn Spence
Asst. News Editor

The Associated Students Senate unanimously passed a resolution on Jan. 24 supporting disability equality within UCSB Housing and Residential Services.

According to the resolution, numerous students have been removed from housing due to their mental disabilities. The resolution reads that disability discrimination is “an issue that constantly looms over UCSB students” and calls for the alteration or removal of the “Personal Care” clause in the UCSB housing contract.

The “Personal Care Clause,” located under the Personal Care section of the housing contract, states that “residents are responsible for their own self-care and personal needs.”

“UCSB Residential and Community living claims to ‘value diversity and inclusivity,’ but actively removes/refuses students who are neuroatypical without alternative housing options, contributing to disability discrimination within housing, student housing insecurity, and poor mental health,” the resolution reads.

The resolution was authored by Senator Alison Sir and Senator Anthony Pimentel and was developed and finalized on Jan. 23, according to Pimentel.

“I felt a resolution was the most efficient solution to make a plan of action by creating a committee and working on this issue head on,” Sir said.

She added that the students who brought the issue to her attention would like to remain anonymous due to the “extremity and sensitivity of this particular issue.”

Pimentel said that the issue was first brought to Sir and she asked him to be the co-author. Students with a mental disability are part of a community that is oftentimes “overlooked,” Pimentel said.

“When this type of mistreatment to a community occurs, I find it necessary and critical that, as a student leader, I do all that I can to hold the people responsible for their mistreatment to a community of students who need the most support,” he said.

The resolution states that the “personal care” clause should be eliminated and a new clause dedicated to students with disabilities should be created.

The Senate demands that UCSB Housing include a new clause dedicated to students with disabilities because “citing C.A.P.S. is not acceptable.”

The UCSB Housing contract states that Counseling and Psychological Services (C.A.P.S.) is available 24 hours a day, 7 days a week through 805-893-4411.

Additionally, the contract states that C.A.P.S. offers a large range of services, including crisis intervention, individual and group counseling, psychological assessment, stress management and referrals to outside agencies.

The Senate resolution, however, states that C.A.P.S. is prevented from “being an adequate source of relief for students with short- and long-term mental illnesses” because only a limited number of appointments can be provided for each student.

The resolution adds that C.A.P.S. is “severely understaffed.”

Sir said she and Pimentel are currently planning to have a meeting with C.A.P.S. to discuss the program and the concerns outlined in the resolution.

The clause “provides much gray area for Housing and Residential Services to work with in illegally excluding mentally ill students from UCSB Housing,” according to the resolution.

Currently, it is “considered reasonable” for UCSB Housing to remove or reject individuals who have a history of mental instability and who are not currently being treated to “mitigate the mental instability,” according to the resolution.

On-campus housing is held to different standards than other landlord-tenant relationships as a government community-based housing entity.

Pimentel and Sir will be holding a Housing Ad-Hoc Committee Feb. 2 in the Nati conference room from 6 p.m. to 7:30 p.m. to discuss a plan combatting the Personal Care Clause, according to Pimentel.

Interested students and the general public are invited to attend to share their own experiences or voice their opinions on this issue, Pimentel said.



KAITLYN NGUYEN / DAILY NEXUS

Senators Anthony Pimentel and Alison Sir will be holding a Housing Ad-Hoc Committee on Feb. 2 from 6 p.m. to 7:30 p.m. to discuss a plan combatting the Personal Care Clause.



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ANTHONY PIMENTEL

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INSIDE

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Artsweek
Reviews Netflix
Hit: “The End
of the F***ing
World”



How deal
with
sophomore
slump

OPINION
page 14



SCIENCE &
TECH
page 7

Through
fluid
mechanics,
soap can
solve a milk
maze

Sunny
High 77°F | Low 70°F
Temperatures hitting mid 70s this weekend



Surf Report
Fair
Steep swells all day



THIS WEEK'S UP & COMING



SATURDAY, FEBRUARY 3

CHUMASH CULTURAL WORKSHOP

MUSIC BOWL | 12PM

Children of all ages are welcome to learn about Chumash culture and tradition with the Samala Cultural Presenters of the Santa Ynez Band of Chumash Indians. From Malibu to Paso Robles, Chumash history spans thousands of years and acres and is an ever present part of our lives in Santa Barbara and Goleta. Come learn about Native American of culture and traditions through stories, singing and dancing. *Kaqinaš* (thank you) for helping us honor the vibrant presence of communities indigenous to California's Central Coast, from history to the present.

WEDNESDAY, FEBRUARY 7

CIRQUE ELOIZE GRANADA THEATER | 7PM

Be transported to a dusty gathering place with Saloon, Cirque Éloize's music-packed theatrical thrill ride inspired by the Wild West. A driving force in the circus art reinvention movement, the Montreal-based circus troupe has been creating award-winning cirque shows for nearly 25 years and ranks among the world's leading contemporary circuses. In this acrobatic adventure, 11 top-level cast members will perform phenomenal physical feats set to live



TUESDAY, FEBRUARY 6

COMPAGNIE ACCRORAP/KADER ATTOU

GRANADA THEATRE | 8PM

French-born Algerian choreographer Kader Attou, with his company Accrorap, is one of the foremost representatives of French hip-hop dance. Since the exciting emergence of breakdance in the 1980s, Attou, director of Centre Chorégraphique National de La Rochelle, has sculpted an aesthetic that blends street moves, Indian kathak and contemporary dance. Now decades into a celebrated career, he makes his West Coast debut with an introspective look at his journey so far, set to a stirring mix of crackling classical and electronic records. Performed by 11 exceptional hip-hop dancers who have honed their unique styles over the years, The Roots is a transformative evening-length performance that represents the heart of hip hop.



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FRIDAY, FEBRUARY 2

IMPROVABILITY:

FLASHBACK FRIDAY

8PM EMBARCADERO HALL | \$3

MAGIC LANTERN FILMS:



THE FLORIDA PROJECT

7PM & 10PM IV THEATER FRIDAY & MONDAY

| \$4

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SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: 1 2 3 4

4								6
5			7					8
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SOLUTION TO MONDAY'S PUZZLE 4/24/12

2	7	4	8	9	1	3	5	6
3	1	5	4	7	6	9	2	8
9	8	6	2	5	3	4	1	7
6	5	8	9	1	7	2	4	3
1	4	3	6	2	8	5	7	9
7	2	9	3	4	5	6	8	1
5	3	1	7	6	2	8	9	4
4	6	2	1	8	9	7	3	5
8	9	7	5	3	4	1	6	2

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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ACROSS

- 1 Taj Mahal city
- 5 Merry
- 11 One doing serious crunching in 29-Down
- 14 Perturb
- 15 Hang on a clothesline
- 16 One of a swiveled pair
- 17 1981 Richard Pryor film
- 19 Sit-_: protests
- 20 Ancient Greek theater
- 21 Merry old king
- 22 In a funk
- 23 Managed
- 24 Band whose frontman passes through the audience in a plastic bubble, with "The"
- 27 Typical "Twilight" fan
- 28 Billy of "Titanic"
- 29 Daisylike blooms
- 32 Pipe dream
- 36 Bartlett, e.g.
- 37 Distress signal
- 38 Pop
- 39 Chew out
- 42 Chic
- 44 "How steak is done" sauce
- 45 Like a battery needing a charge
- 46 "Everything but" item
- 50 "Don't _": 2005 R&B hit
- 53 Dull discomfort
- 54 Chess ending
- 55 Cultural values
- 57 King of Spain
- 58 Jolly Roger fliers
- 60 The word, as suggested by the saying formed by the ends of this puzzle's four longest answers
- 61 Cab rider-to-be
- 62 Sheltered, at sea
- 63 Mimic
- 64 Lover of Tristan
- 65 Student's stressor

DOWN

- 1 Shady alcove
- 2 Dutch cheese
- 3 Gotten up
- 4 Choir member
- 5 "The Brady Bunch" girl
- 6 Tin Woodman's saving grace
- 7 Auto race noise
- 8 Puts on a pedestal
- 9 Arms supply
- 10 Caustic substance
- 11 It's measured in alarms
- 12 Man cave hanging
- 13 Church areas
- 18 Suss out
- 22 Leading a charmed life
- 25 Guitar great Paul
- 26 Novel-sounding beast
- 27 Outdoor dining spot
- 29 Busy month for 11-Acrosses
- 30 Notice
- 31 Percussive dance
- 32 Homer call?

- 33 Charged particle
- 34 Like 2011, e.g.
- 35 Anti's cry
- 37 Plot outline
- 40 "Delightful!"
- 41 Causes of pallors
- 42 Phil Rizzuto's number
- 43 Fall implements
- 45 Tried to lose, in a way
- 46 Fate
- 47 Freeze, as a road
- 48 Herb in a bouquet garni
- 49 Slot in a stable
- 50 Country that's nearly 25 times as long as its average width
- 51 Crosses one's fingers
- 52 Liability's opposite
- 56 The other one
- 58 Key letter
- 59 Before, to a bard

ANSWER TO PREVIOUS PUZZLE:

S	C	A	B	P	L	A	N	I	D	A	H	O
E	L	I	A	E	A	V	E	M	I	L	A	N
M	I	S	T	E	R	B	I	G	M	A	I	Z
I	M	L	O	S	T	L	A	L	O	B	E	A
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P	E	R	I	L	O	A	S	T	O	U	T	A
H	O	T	E	L	M	R	E	S	R	B	I	S

xwordeditor@aol.com 03/07/12

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03/07/12

CLASSIFIEDS

Miscellaneous

Short-Term Business Loan
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SIERRA DEAK / DAILY NEXUS

UC, California To Support Undocumented Students Despite DACA Repeal

Stephany Rubio
News Editor

As federal lawmakers negotiate a government spending deal, the Deferred Action for Childhood Arrivals (DACA) program remains at the center of an attempt for a bipartisan solution on immigration.

Congress has until Feb. 8 to agree on government spending, and until then will abide by short-term bill H.R. 195 to fund the government without coming to a resolution for the children of undocumented immigrants.

President Donald Trump formally ended DACA on Sept. 5, 2017 and expects to fully end the program by March 5.

It is uncertain where DACA will leave its 800,000 recipients at a federal level, but California legislators and the University of California (UC) have stated they will continue to provide support for undocumented students.

"If there's a federal restriction, then there will be a restriction for federal resources for undocumented students in accessing them; however, for most resources they don't need DACA to access, for example, The California Dream Act," said Diana Valdivia, coordinator of Dream Scholars/Undocumented Students Services at UC Santa

Barbara.

Valdivia said the California Dream Act, which allows undocumented individuals who have AB 540 status to apply for financial aid at the state and institutional level, will not be affected by DACA ending. Educational aid in California will not be affected regardless of DACA status.

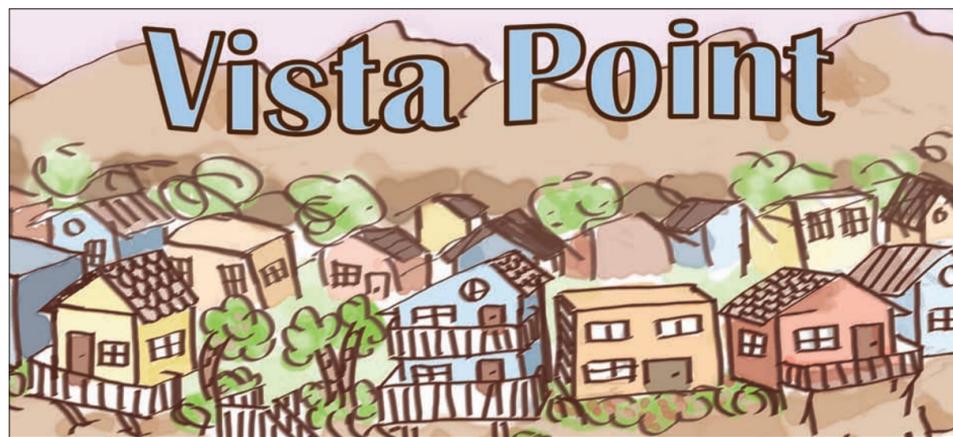
The UC Immigrant Legal Services Center will continue to provide legal services to undocumented students with or without DACA, according to Valdivia.

In 2013, the UC Office of the President allocated \$5 million across the 10 UC campuses for undocumented student support and later earmarked \$8.4 million a year through the 2018-19 academic year to be divided among the UC's DREAM Loan Program, Undocumented Legal Services and targeted undergraduate and graduate fellowships.

UC President Janet Napolitano also released a statement on Sept. 12, 2017, expressing support for undocumented students and prohibited UC campus police from contacting, detaining and arresting individuals based on suspected undocumented status.

In September, Gov. Brown signed Senate Bill 54, which declared California a sanctuary state, prohibiting local and state law enforcement agencies from collaborating with

DACA p.5



SIERRA DEAK / DAILY NEXUS

The Goings-On in Isla Vista This Week

Staff Report

SELF DEFENSE

The Associated Students Commission on Student Wellbeing is hosting a self-defense class on Tuesday, Feb. 6, at 5 p.m. Participants will learn proper striking and kicking skills and will have the chance to feel the burn with strength and circuit training. The class will be taught by Santa Barbara Krav Maga, and participants can cool down afterwards with free Blenders smoothies.

SAM'S FOR A CAUSE

A joint fundraiser, hosted by Alpha Tau Omega and Pi Beta Phi, will be held at Sam's to Go on Tuesday, Feb. 6, from 12 p.m. to 11 p.m. for the victims of the fires and the mudslides. The fundraiser will be in effect from open until close, so grab a bite at Sam's!

SAVAGE HENRY

The Real Savage Henry and Pookie are back and kicking off Winter Quarter with another live show from 9 p.m. to midnight. They will be selling t-shirts and stickers at the show. The show will be held at 6692 Trigo Rd.

LISTEN

Have your ears been in need of some good tunes? A Bird and a Bush is hosting a music night at the Biko Garage in I.V. on Sunday from 7 p.m. to 10:30 p.m. The event will feature music from Justus Proffit, Toner, Share and Simple Sib. Head on over for a Sunday night of groove.

BEACH CLEAN UP

This Sunday at Goleta Beach Explore Ecology will be hosting a beach cleanup from 10 a.m. to noon. The group hopes to stop trash from entering the ocean to turn the tide on marine debris. For those interested in learning more about the impacts of trash on marine life, you can speak with Explore Ecology Educators. In an effort to reduce the use of single-use plastics, organizers urge participants to bring their own bucket, gloves and bags. Explore Ecology will be hosting beach clean ups at various beaches in the area every Sunday.

MEATLESS SUNDAY

A local group called Food Not Bombs will serve free vegan food at 5 p.m. Sunday, Nov. 19, at Little Acorn Park (next to Bagel Cafe). Food Not Bombs is a large organization that spans the country and is a form of "franchise activism." They believe that corporate and government priorities are skewed and allow hunger despite the abundance of food and food waste. Those interested in cooking for Sunday can email organizers at foodnotbombsislavista@gmail.com or look for more information on the Food Not Bombs - Isla Vista Facebook page. The dinner is held regularly every Sunday.

MINDFUL MEDITATION

Mindful Heart Programs will be hosting free meditation sessions on Monday, Jan. 22, from 7 p.m. to 8:15 p.m. The sessions will continue every Monday until Jun. 19 and will include a short dharma talk and guided meditation. The sessions are held at St. Michael's University Church at 6586 Picasso Rd. in I.V.

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New Lt. To Direct Isla Vista Foot Patrol After Previous Lt.'s Departure

Lt. Juan Camarena prepares for new post by getting to know Isla Vista communities as Lt. Cintron reflects on past successes and challenges

Shomik Mukherjee
News Editor

The Isla Vista Foot Patrol (IVFP) is now led by a new station lieutenant, who took over the position this week after the departure of Lt. Ruben Cintron.

Lt. Juan Camarena will transfer from the Human Resources Bureau of the Santa Barbara Sheriff's Office (SBSO) where he has worked for 19 years, including service in the Major Crimes Division.

Cintron was transferred to the Criminal Investigations Bureau, where he intends to ride out a nearly 28-year career into retirement. His transfer was part of a regular SBSO rotational schedule, under which officers serve for about two years in a division before rotating to another job.

This won't be the first time Camarena will serve in I.V., as he worked brief stints with the IVFP while he was a sheriff's deputy in the late 2000s. He noted that I.V. today has a far less populous weekend party scene, crediting his predecessors for "making things safer" for the community.

Born in Mexico to migrant field workers, Camarena is a first-language Spanish speaker, reader and writer. He joined the Marines out of high school before starting at the SBSO.

Camarena said he will open his doors to both UC Santa Barbara students and I.V.'s robust Spanish-speaking population. While he's getting settled into the job and familiarizing himself with the neighborhood, he said he will work to police by the "golden rule."

"Using just the simple values I learned from my parents will open the doors for me to address the community and build that trust," he said.

I.V. residents in the past year have reacted strongly to reports of burglaries and sexual assaults.

In May, Cintron attended an I.V. Community Services District Town Hall to address resident concerns directly. Camarena emphasized his own commitment to preventing assaults from occurring. While law enforcement won't have all the answers, he said, a unified I.V. might be a step toward solution.

"Little by little, I'm trying to introduce myself to the different communities so we can see what we in law enforcement and the community need to do to find that fair balance, so I.V. will be a safe place to live, to work in and visit," Camarena said.

CINTRON, BY THE NUMBERS

Since Cintron came onto the IVFP in March 2016, crime rates have roughly improved in the neighborhood over a two-year period, according to statistics provided by SBSO spokesperson Kelly Hoover.

There were 190 burglaries in I.V. in 2015, 196 in 2016 and 106 in 2017 through Nov. 29.

When it comes to simple and aggravated assault, the numbers fluctuated.

Between July 2015 and June 2016 there were 181 simple assaults, while between July 2016 and June 2017 there were 149.

There were 35 aggravated assaults between July 2015 and June 2016 and 37 between July 2016 and June 2017.

CINTRON REFLECTS ON ACHIEVEMENTS, CHALLENGES

Cintron, who took up the post of station lieutenant in March 2016, said he believes he helped I.V. continue a "trajectory toward the better" during his time.

"I fully embraced and engaged with the community," he said. His proudest efforts were put toward preserving community safety and reducing police presence during Halloween weekends.



Courtesy of Santa Barbara Sheriff's Office

Lt. Ruben Cintron

Law enforcement presence decreased under Cintron's watch, alongside a decline in crime. During the four-day period through Halloween 2016, the IVFP stationed nearly 300 officers. Less than 100 IVFP officers patrolled the streets during the same period in 2017.

Cintron's tenure didn't go without controversy. A proposed noise ordinance in Oct. 2016 threatened to scale existing "no-loud-music" restrictions from midnight back to 10 p.m. on weekend nights. A sizable community response, comprised mostly of UCSB students, railed against the proposition. The IVFP promptly delated and later nixed the plan. Cintron maintains that the noise ordinance was never his idea; before he'd arrived, the IVFP was "constantly" receiving noise complaints and Cintron was told to finish the job, he said.

For the most part, though, the community has made things easier for him, he said, which will, in turn, make things easier for Camarena, whom he called "very open-minded."

Nearing 30 years on the job at the SBSO, Cintron's stint in I.V. will likely be the penultimate leg of his career.

"It was a challenge, but I learned a lot," he said. "A lot of different ideas from different people. It was a good time. A good two years."



The Daily Nexus

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ROBERT MAYNARD HUTCHINS



Little by little, I'm trying to introduce myself to the different communities so we can see what we in law enforcement and the community need to do to find that fair balance, so I.V. will be a safe place to live, to work in and visit.

LT. JUAN CAMARENA

Beaches Still Closed Due to Mud Runoff

Spencer Sween
Reporter

Santa Barbara beaches have been closed for three weeks as the county continues to find high levels of contaminants in the water, according to the Santa Barbara County Public Health Department.

The various coliforms and bacteria measured have remained at staggering levels above state standards. As of Monday, Goleta Beach has fecal coliform levels that are 150 percent over state standards and enterococcus levels at over 10,000 percent. Fecal coliform and enterococcus are types of bacteria.

While eight beaches were closed initially, only Carpinteria State Beach, Goleta Beach and Hammond's Beach remain closed.

The Public Health Department warns against going into affected waters, citing high levels of bacteria which could indicate that other disease-causing bacteria are present.

The department will continue to conduct testing on Goleta Beach and other areas, but for now it recommends remaining 400 feet away from beach areas where mud transports are temporarily deposited. The buffer zone is marked by orange fencing.

Elevated levels of bacteria in ocean water were first seen after Santa Barbara County began moving mud from Highway 101 to local beaches.

Mud and soil runoff from the storms following the Thomas Fire in early December were collected and then transported by county flood control officials to make room for road repairs. Goleta Beach was selected as a temporary storage site for this policy.

The mud dumping largely contributed to the rise in contaminant levels along surrounding areas due to the "unknown amounts of untreated sewage and possible chemical contaminants in the water and sand," said Susan Klein-Rothschild, deputy director of Santa Barbara's Public Health Department.

On Wednesday, the Public Health Department issued a release warning the public to "refrain from eating recreationally raw fish and shellfish where levels of bacteria highly exceed standards." Individuals should cook "recreationally caught" seafood before consuming it, the department said in the release.

Goleta Beach is one of the areas cited in the release.

Campus Point remains open due to acceptable water conditions, county officials said, as coliform levels are stable and only enterococcus bacteria exists in the water. These conditions, however, could fluctuate for as long as mud is being brought to Goleta Beach.



Bacteria concentrations at Campus Point will likely be a function of currents and winds that bring the sediment plume from Goleta Beach to Campus Point.

JENNY DRISCOLL

"Bacteria concentrations at Campus Point will likely be a function of currents and winds that bring the sediment plume from Goleta Beach to Campus Point," explained Jenny Driscoll, an associate for Santa Barbara Channelkeeper.

Santa Barbara Channelkeeper is conducting water soil tests for *E.Coli*, fecal coliform and other biological contaminants that could seriously affect beachgoers at these locations.

The Public Health Department is also testing the water. Updated data can be found on the Public Health Department and SBCK websites.



XINYANG MIAO / DAILY NEXUS

The Public Health Department warns that water in several areas may still be contaminated with bacteria. Residents should avoid closed areas of coastline and thoroughly cook recreationally caught seafood.

T-SHIRT DESIGN CONTEST

\$100 Prize



The winner's design will be revealed at our Winter Festival on February 28

Contest Rules

- 3-color limit
- Include Daily Nexus name and year established (1990)
- Encompass aspects of UCSB and Isla Vista

Submissions

Please submit designs to socialmedia@dailynews.com with subject: T-Shirt Design

DEADLINE: Feb. 7 @ 6 p.m.

DACA

Continued from p.1

Immigration and Customs Enforcement.

Congressman Salud Carbajal received local backlash on his decision to vote for H.R. 195, since the government shutdown was later seen as a Democratic tactic to demand legal protection for undocumented students. His campaign platform was largely based on supporting undocumented students.

At an open forum, Carbajal representative Elijah Ettenger said that Carbajal voted for H.R. 195 to maintain private assistance for mudslide victims in Santa Barbara County.

According to a Congressional Affairs Advisory document, certain requests for individual disaster assistance

will no longer be possible during a government shutdown. These include requests for case management and crisis counseling, which would require review or approval from a furloughed employee.

Trump has expressed openness to a deal that would create a path to citizenship for DACA recipients in exchange for funding of his promised wall at the border of the United States and Mexico. Valdivia did not offer an opinion on the possibility.

"If you were to ask me and then you ask someone else, then their notion would be different," she said. "It would be a political guess."

UCEN

Continued from p.1

nesses are not successful. It also states that the interior and exterior needs to be remodeled for general aesthetics "in order to have a comparative advantage over other elite universities."

The resolution also references the UCSB Long Range Development Plan 2025, which calls for an annual one percent growth of students until UCSB reaches a capacity of 25,000 students.

Le created a task force to revisit the Student Union Revitalization Fund (S.U.R.F.), which had been originally created by previous A.S. president Jonathan Abboud in 2013, according to the resolution.

The S.U.R.F. proposal received approval from the Campus Planning Community, Vice Chancellor of Administrative Services Marc Fischer, Vice Chancellor of

Student Affairs Michael Young, Chancellor Henry Yang and A.S. when it was first proposed in 2014.

Le's task force would assess the "internal needs" of A.S. and update the S.U.R.F. proposal. The updated plan provides 40 percent more program area than the previous concept and "[addresses] critical building infrastructure needs of the UCen."

Proposed spaces that would also be refined would include the A.S. Bike Shop, the A.S. Food Bank relocation and expansions, A.S. Senate Chambers, A.S. Recycling Center relocation, A.S. office improvements and an Environmental Sustainability Resource Center.

The original resolution states that Senate stands in "full support" of Le's project and described the project as "well-needed" and "long-overdue."

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Frankenstein
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Robert Romanyshyn

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SCIENCE & TECH

Maze Runner Redefined

Through fluid mechanics soap can solve a milk maze

Jacqueline Wen
Staff Writer

In a three-by-three inch maze containing milk and a pool of red dye, drops of liquid soap are added, propelling the dye forward. The dye doesn't just spread out to every corridor, but instead travels knowingly, continuously moving and taking sharp turns until it reaches the end of the maze. It has correctly solved it.

So what's the explanation behind this phenomenon?

It involves the Marangoni effect, which occurs when a gradient of surface tension exists at an interface between two states of matter, such as two liquids. Another instance in which you might observe the Marangoni effect is tears running down the walls of a glass of wine after you swirl it.

Surface tension refers to the property created by bonds among molecules of liquid, allowing the liquid to resist an external force. Higher surface tension means the bonds are stronger and the liquid is more resistant. It's how insects can walk on water, and it's what gives water droplets their round shape.

The soap is a surfactant, or a substance that lowers local surface tension when it's between two fluids. By targeting areas of higher surface tension ahead of its path in the maze, the soap (and dye) move forward and create a Marangoni force.

"The intermolecular forces of substances matter when you have an interface between two fluids because when you add soap, the attractive forces between two molecules of soap are locally weaker and the attractive forces between molecules of water on the other side are stronger," Fernando Temprano-Coleto, a UC Santa Barbara graduate student and one of the researchers who worked on the project, said.

"The surface tension decreases around the area where you put the drop [of soap], and the imbalance in the average strength of intermolecular forces between two substances causes the soap to expand, inducing force and, therefore, motion."

While the milk was used mainly for color contrast in

demonstrating the Marangoni effect, it helped in other ways as well.

"We found out milk has some nice properties, likely chemical ones, that allow the Marangoni effect to be sustained for longer amounts of time because it is an extremely complex substance. It's a colloid that never settles and it's not such a pure liquid as water," Temprano-Coleto said.

However, he points out that the Marangoni effect demonstrated in the maze is not limited to just milk, as tests with water have shown it works all the same.

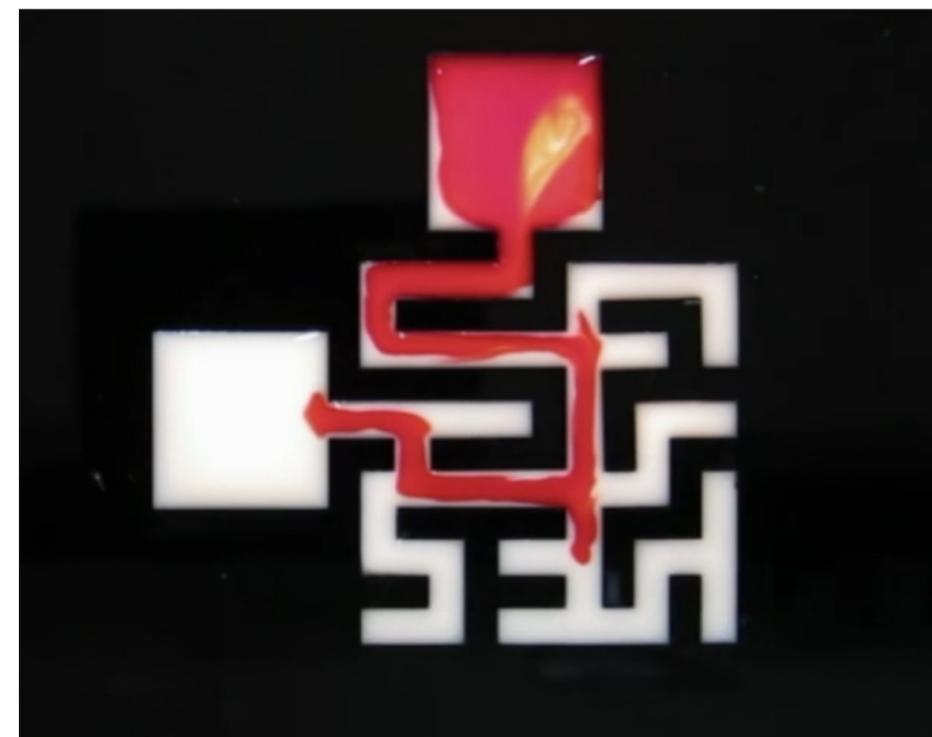
As for how the soap appears to know which directions to take to solve the maze, Temprano-Coleto says the results tested the researchers' hypothesis of how the soap interacts with pre-existing surfactants in the fluid.

When the soap tries to advance in a channel in the maze, it compresses the channel as it pushes the endogenous surfactants ahead of its path. This increases the soap's concentration as the surface area decreases, and creates a counter-Marangoni effect resistant to the soap's front.

"Therefore, the path with the largest surface area is the path that allows the front to push most without compacting the surfactants that are already there. That's why [the soap] chooses that path, because it's the path of least resistance," Temprano-Coleto said.

The project resulted in Temprano-Coleto, his co-advisors, UCSB mechanical engineering professors Frederic Gibou and Paolo Luzzatto-Fegiz as well as François Peaudecerf from the University of Cambridge and Julien Landel from the University of Manchester, winning an award from the American Physical Society's (APS) Gallery of Fluid Motion after they submitted a video of their project.

"We wanted to show that geometry matters in Marangoni flows and that trace amounts of surfactants matter in these kinds of flows – not only in mazes like this, but in drag reactions, in superhydrophobic surfaces and so on," Temprano-Coleto said. "It was a fun thing we came up with to prove our points, and it turned out to be great. We were able to win an award from the APS, and we're pretty happy about it."



Courtesy of Fernando Temprano-Coleto

The maze experiment is a joint project between UCSB researchers and Julien Landel and Oliver Jensen at the University of Manchester, as well as François Peaudecerf at ETH Zurich.

Vulnerabilities Found in Cancer Persister Cells

Kelly Shi
Staff Writer

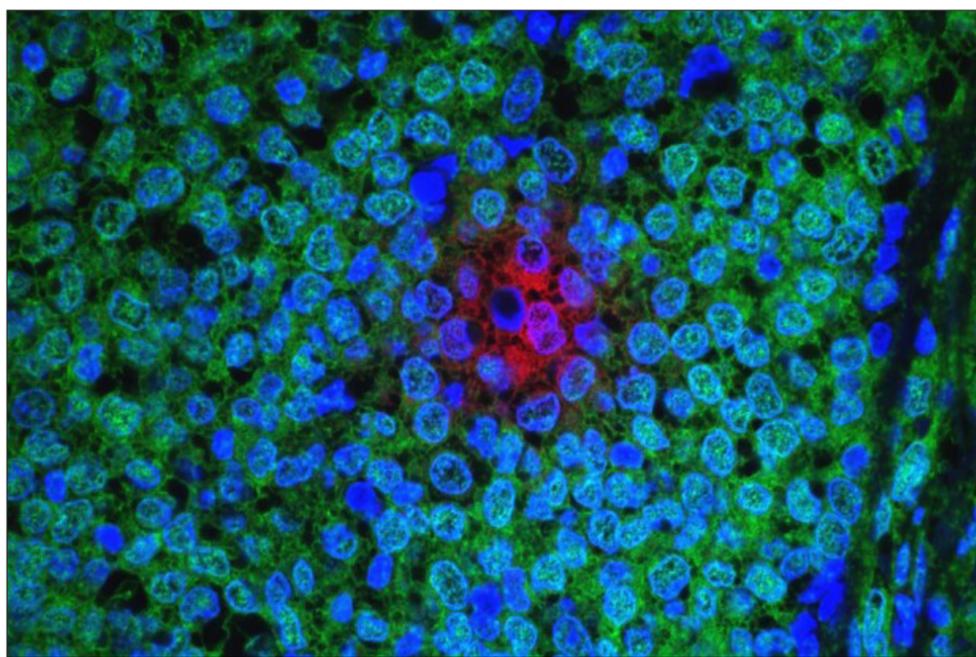
Postdoctoral scholar and seminar lecturer Matthew Hangauer recently presented his research on drug-resistant cancer cells, their underlying mechanisms and possible weaknesses. Every so often, guest lecturers like Hangauer are invited to share their research at special seminars offered at UC Santa Barbara. In this presentation, Hangauer and a team of UC San Francisco researchers discovered a common weakness in drug-resistant cancer cells, or "persister cells."

When in an invasive state, persister cells were susceptible to ferroptosis, a form of cell death, triggered by the absence of a specific enzyme: glutathione peroxidase 4. These findings hold immense potential in a clinical setting.

Up until recently, it was widely believed that drug resistance in cancer cells was genetic by nature. In other words, a few cancer cells would acquire drug resistance through mutations and produce a new drug-resistant population. The discovery of persister cells, however, showed a different perspective: a small percentage of tumorigenic cells actually exist in a dormant state, evade death and reactivate later.

The non-genetic mechanisms by which persister cells form are still unclear. Hangauer and his colleagues began looking for differences in gene activities between persister cells and untreated cancer cells in a breast cancer cell line.

For this project, Hangauer used RNA sequencing (RNA-seq) to provide information about gene expression levels. He noted that RNA sequencing is now widely adopted as the primary tool to assess gene expression in a high throughput manner.



Courtesy of cancer.ucsf.edu

A small percentage of cancer cells known as persister cells can reversibly enter a dormant state, resist treatments and cause tumor recurrence. The non-genetic mechanisms by which persister cells form are still unclear.

Hangauer and his team found that persister cells showed less gene expression for genes combating oxidative stress. They also found that persister cells depended on the GPX4 enzyme: GPX4 inhibitors triggered selective ferroptosis (cell damage/death by lipid peroxidation) in drug-treated persister cells, but did not affect parent cells in the breast cancer cell line.

"I focus on the discovery of genes, such as GPX4," Hangauer said in an email, "which can be exploited through novel drugs to eliminate residual tumors after initial successful therapy to prevent the recurrence of tumors later on."

To explore the limits of his initial findings, Hangauer's team also tried to replicate these results with different types of cancer. To his

excitement, he observed similar outcomes in different types of cancer, such as melanoma, lung cancer and ovarian cancer.

"The next step is to develop a GPX4 chemical inhibitor that works in live animals," Hangauer said. "The current GPX4 inhibitors do not reach the GPX4 target in mice due to poor bioavailability."

For a pre-clinical experiment, Hangauer's team knocked down the GPX4 gene and observed tumor growth in mice, using the CRISPR-Cas9 gene editing technology. Similarly, mice in the control treatment (GPX4 present) experienced tumor recurrence while the mice in the experimental condition (GPX4 absent) did not.

While these findings seem promising, there are still some issues to be addressed before viable treatments are made. For example, the GPX4 gene provides antioxidant defense mechanisms that protect cells from lipid peroxidation. It would be extremely harmful to animals if this gene were to be completely inhibited or removed.

"Once such a chemical inhibitor is available, then the efficacy and toxicity of GPX4 chemical inhibition can be assessed in animal models of cancer before entering human clinical trials," Hangauer said.

Hangauer hopes to develop therapeutic approaches to turn transient cancer therapy responses into permanent ones. The goal is to develop a chemical tool that can change the way oncologists understand and treat cancer.

"To do this, I seek to discover how cancer cells stay alive despite being exposed to potent cancer killing drugs, and to leverage this insight into new therapeutic strategies. The long-term goal is to carry these ideas all the way into the clinic in the form of novel therapies to provide benefit to cancer patients."

Scaling New Heights

Jiaming Yang
Reporter

Shuji Nakamura, professor of Materials Department and Research Director for the Solid State Lighting & Energy Electronics Center at UC Santa Barbara, was awarded the 2018 Zayed Future Energy Prize for his great contribution to sustainability and new energy.

When talking about this great honor he made recently, Nakamura was delighted and peaceful.

"It is obvious that I won many prizes for the invention of Blue L.E.D., but this prize proved how much Blue L.E.D. is contributed to sustainability and new areas."

According to Nakamura, he was awarded this prize for how much Blue L.E.D. has contributed to sustainability and new areas.

"L.E.D. has already contributed a lot to the energy consumptions. It is a large surprise for us," Nakamura said.

Nakamura has devoted himself to research in the development of Gallium Nitride (GaN), thin film technology and Blue L.E.D. technology for more than 20 years.

However, he and his team are not content with the status quo. His focus point has transferred from L.E.D. lighting to laser lighting. According to Nakamura, laser lighting is a huge lighting technology and he and his team recently made a significant technological breakthrough in this area.

Laser lighting is the same size as CHIF (Chanel Interface), but its current density is 1000 times higher than blue L.E.D. lighting. This means that by using tiny

CHIF of laser lighting, we can make much brighter light.

While recalling memories of developing Blue L.E.D. in Japan, Nakamura did not think it was an unforgettable or tough period at all. Instead he mentioned that the period of developing FASTON products was a complicated time, a wasted memory, but he thinks the process of inventing the Blue L.E.D. series or other products like Infrared and Red L.E.D. was similar and relatively easier to realize.

Spanning more than 20 years of Nakamura's research experiences, there were many challenges, opportunities and obstacles on his way to success, and also a large part of time where he did research alone.

In retrospect of how he created and started his research career, he evaluated it as "a process from nothing to everything."

"I love doing research because research is just like solving mysterious puzzles. Every time we did the experiment and got some data, I love to think and analyze about [this] data and how did [this] data come out," Nakamura said. "Even though sometimes I was stuck on some problems for quite a long time, I still love the feeling of solving problems and solved it out in the end. I had to develop many products when I worked for the Japanese company, but it is still normal for people to take three to four years to invent something and [make] it to products."

Although Nakamura may have already achieved many accomplishments and earned a nice reputation, he is still working enthusiastically with his 10 Ph.D. students on many projects and leading them on their way to success. He expresses great concern and confidence toward the youth and research.

Read more at dailynexus.com



Courtesy of Wiki Commons

Nakamura believes Blue L.E.D. has already contributed substantially in sustainability and renewable energy, and it now has a very broad market application prospective.

Armchair QB



Nevermind the Super Bowl, we need to be on the lookout for breaking news about LaVar Ball and Big Baller Brand eventually creating their own all-star weekend. At least a "BBB" fan can dream, right?

SPORTS

Tennis

Both the UCSB men's and women's tennis teams will play their first home matches of the season. The men's team will play on both Fri. & Sat., while the women's team has a Sat. doubleheader

SUPERBOWL LII



KALANI SEAMAN / DAILY NEXUS

The 'G.O.A.T.' vs. the Hope: Brady & Foles Prepare for Battle

Richard Benites
Staff Writer

Not much more can be said about Tom Brady, the New England Patriots' legendary star quarterback.

Boasting perhaps the most accomplished repertoire in both current day and league history, Brady has genuinely earned the 'greatest of all time' moniker that some fans and players alike have attributed to him.

To help bolster this claim, one need not to look any further than that once in a lifetime comeback versus the Atlanta Falcons in Super Bowl LI.

As for the Philadelphia Eagles, it's been a season of both success and struggle.

Losing their franchise quarterback, Carson Wentz, due to an ACL injury during their Week 14 matchup against the Los Angeles Rams, the Eagles looked to Nick Foles to save the day and their season.

That game eventually resulted in a clutch last minute win for Foles and was enough for Philadelphia to claim the NFC East title and spark the start of this team's underdog tale.

Following both teams' impressive semifinal wins in their respective Conference Championship

games, the Patriots and Eagles will now meet this Sunday in Minnesota for Super Bowl LII.

In terms of quarterback comparisons, the advantage seems clear cut in favor of the Brady bunch and his expertise of seven total finals appearances.

With a historically best playoff passer rating of 116.4, however, Foles just might carry the Eagles' offense past all odds.

At 352 yards for three touchdowns and no interceptions, Foles demolished the Vikings' league-best defense and has proven just why the Eagles invested such hefty capital in perhaps now the league's best backup quarterback.

Considering he's coming off perhaps the most important game of his career, Philadelphia's prodigal son returned home just in time to make the Super Bowl dream a reality.

Speaking of the best backup quarterbacks, Brady shares this similarity with Foles because his, and the Patriots', first Super Bowl win came during the very same season he took over the starting role when Drew Bledsoe's year ended back in Week 2 of 2001.

As for this postseason, Brady's previous matchup against the Jaguars ended in yet another spectacular win from behind as the Patriots faced

a 14-3 deficit during the second quarter of play.

Knowing that the Jaguars boasted a top-three defense, Brady wasn't stopped from doing what's now expected of him and coming in clutch with the 290 yard and two touchdown stat-line in order to win the game.

"He knows what to do...He's a great player, and the team has a ton of confidence in him...I know he'll do a great job," Brady said during the Super Bowl's media opening night when asked about how he believes Foles will handle his first championship appearance.

It's certain both quarterbacks will be doing plenty of research on how to get the job done game time, yet it's interesting to see just how their performances will stack up against each other and prove exactly why they both belong in this upcoming and obviously must-win game.

Now on football's biggest stage, both teams will go head to head as each wish to make their mark on the history books.

Foles, wanting to hand the city of Philadelphia their first Super Bowl victory in franchise history, and Brady, looking for his sixth career Super Bowl ring: It's going to be quite the David versus Goliath storyline as kickoff time approaches.



21-17



Super Bowl LII Key Matchups: Eagles Offense vs. Patriots Defense



Brandon Victor
Staff Writer

When Carson Wentz limped to the locker room in Week 14, many sports fans and pundits – myself included – thought the Eagles season was over.

Wentz was and still is an irreplaceable commodity, a quarterback who was playing at an MVP level throughout the season.

What we overlooked in our analysis, however, was the balance of the Eagles' offense.

Make no mistake, for the Eagles' offense minus Wentz is set up through their run game. Since the Eagles acquired Jay Ajayi from the Dolphins, he has turned into their workhorse.

Running behind one of the best offensive lines in the NFL, Ajayi has turned into the back that everyone thought he would be this season.

But the Eagles have a myriad of talented runners behind Ajayi.

LeGarrette Blount, who was a two-down back before Ajayi arrived, still runs as if he is trying to break down a door. Blount is one of the premier goal-line backs in the NFL.

Even beyond that, rookie Corey Clement has served as a nice surprise for the team this season and he provides sure hands out of the backfield should Ajayi need a breather on third down; against the Falcons, for example, Clement caught five balls for 31 yards.

Before Wentz's injury, the Eagles' bread and butter was their pass game. While Foles doesn't provide the mobility and big-play threat that Wentz does, he is a competent passer when given the time to make his reads.

It also helps that his receiving core is one of the deepest in the NFL.

Alshon Jeffery has managed to stay healthy this season and provides sure hands on the outside.

While he is not the player he used to be on the Ravens, Torrey Smith still has 4.3 speed and can provide space underneath by taking the top off the defense.

Meanwhile, Nelson Agholor has been one of the biggest surprises this season, going from first-round bust to a threatening slot receiver in the blink of an eye.

Agholor had more than double as many receiving yards this season as he did last season, along with eight touchdowns.

And of course, the Eagles' offense still runs through Zach Ertz, the sure-handed tight end whose large frame enables him to be a perennial threat in the red zone.

The red-zone threats that the Eagles have – Ertz, Jeffrey and Blount – explain why the Eagles are the second-most efficient team in the red zone in the NFL. Even without Wentz, they remain a top-five red zone team.

On Sunday, the Eagles offense will match up against a vastly underrated Patriots defense, one that suffers

statistically from other teams being forced to try to catch up to their prolific offense.

Despite ranking 29th in the NFL in total yardage, the Patriots boast one of the strongest secondary's in the league.

Stalwarts Patrick Chung and Devin McCourty man the back line, while Stephon Gilmore and Malcolm Butler shut down receivers on the outside.

Both Butler and Gilmore are used to the big moment; it was Butler's interception that sealed the Patriots' Super Bowl victory over the Seahawks, while Gilmore saved the game last week with an acrobatic deflection on a 4th down pass to Dede Westbrook.

Where the Patriots struggle, however, is on the defensive line.

Their leading rusher, Trey Flowers, has only 6.5 sacks on the season, and the lack of a consistent pass rush could hamper the Patriots.

When teams have success against the Patriots, it's typically because they take advantage of this; one example is in week one when Kareem Hunt ran all over New England.

Despite their lack of personnel, Matt Patricia, a defensive guru who is catapulting into the head coaching ranks next season with the Detroit Lions, leads New England's defense.

Patricia is typically able to mask these deficiencies through his game plans, and if Patricia can make Foles uncomfortable in the pocket, it could be difficult for the Eagles' offense to get rolling come Sunday.

28-17



A Trip Down Memory Lane: Our Favorite Super Bowls

Andrew Bishop
Staff Writer

To football fans of the 21st century, the idea of the Chicago Bears blowing out the New England Patriots in the Super Bowl seems almost unheard of. However, at the end of the 1985 season in Super Bowl XX, the Monsters of the Midway bullied the Patriots to a 46-10 victory.

Every Chicago Bears fan who was alive in 1985 remembers the Bears' triumphant quest for the Lombardi Trophy, and even those like myself who were born after their victory grew up hearing tales of the famed team that won the Bears their first and only Super Bowl.

Scholars of the game regard the '85 Bears as being one of the greatest teams in the history of the NFL. Much like the Patriots of today, everyone was betting on the Bears to win in '85. Led by legendary head coach Mike Ditka, the Bears' defense terrorized opposing teams in ways nobody had ever seen before, and their offense was carried almost singlehandedly by the immortal Walter Payton, the greatest professional running back of all time.

Throughout the season, the Bears dominated on the field, going 15-1 and leading the league on defense, and off the field, where Bears players recorded a Grammy-nominated hit single that raised over \$300,000 for Chicago charities. Unlike the Patriots, who are viewed as the proverbial "bad guys" of the NFL, the '85 Bears were lovable and dominant, and America couldn't get enough of them.

There were many great moments throughout the Bears' season, Grammy nomination included, but the most memorable moment of all came in the third quarter of Super Bowl XX. Following a fumble recovery by Bears linebacker Wilber Marshall, the Bears managed to march down to the Patriots 1-yard line, where they employed their secret weapon: William Perry, a 6'2", 350-pound defensive tackle-turned running back.

Perry, better known by his endearing nickname "The Fridge," was one of the largest players to ever set foot on a professional football field, and Coach Ditka had the brilliant idea to give this monstrous human

being the ball on the goal line. Outweighing nearly every opposing defender by over 100 pounds, the Fridge took the handoff and plowed through the line like a bowling ball, stumbling into the end zone for a touchdown.

The nation erupted in collective laughter as the athletic giant ran over his opposition and capped his score off with a ball spike that puts Rob Gronkowski's to shame. Despite lasting no more than a few seconds, that goal line play is remembered by football fans throughout the nation for all of eternity.

The '85 Bears are worshipped by fans throughout the nation, and reruns of the Patriots' demolition in Super Bowl XX still play in American households to this day. It was an undeniably memorable season, which was capped off in spectacular fashion with a touchdown scored by a man the size of a refrigerator.



38-17



Spencer Ault
Staff Writer

It's a little difficult for me to pick just one Super Bowl moment in particular as my favorite.

I'm a Patriots fan, see, which means that not only am I incredibly obnoxious, but I also have a lot of good moments to choose from.

The Adam Vinatieri field goals are pretty good, if a little fuzzy, and the whole fourth quarter against the Falcons was pretty amazing.

The top spot, however, is reserved for the Malcolm Butler interception to win Super Bowl XLIX.

I was a junior in high school, only just starting to worry about getting into college.

I was actually enrolled in an SAT prep class that met on Sunday nights, even on Sunday nights that happened to be the Super Bowl.

I started the game off at a friend's house, but I went back home to be with my mostly Patriot-supporting family after a tough third quarter put New England behind 24-14.

My friends all hated the Patriots, rightfully so, and I wanted to be in a friendlier environment.

I could barely remember the Patriots' three Super Bowl wins but I could definitely remember the two losses, and I wasn't looking forward to a repeat of that feeling.

As the Seahawks drove into Patriot territory late in the game, however, it looked as though that was what I was in for.

The insane Jermaine Kearse catch, where he managed to catch a deflected pass by kicking it to himself while lying flat on his back, just reinforced my sense of doom.

The Seahawks inched closer to the end zone, and I started resigning myself to a depressing SAT class.

Then Malcolm Butler undercut Kearse's slant at the goal line and intercepted the ball with 20 seconds left in the game.

I went nuts, running around the house while my dad just stood there in disbelief.

The feeling just got better as the Patriots ran down the clock and my family continued to celebrate. Then I immediately got in my car and drove

to my class, blasting music and singing the whole way.

It was the first Super Bowl win I was really conscious for, and it was amazing.

Being at home made it even more special, pushing it over the top in my memory banks.

If all goes right, I'll have another good memory after Sunday, but it's hard to see anything topping that interception.



27-24



Kendra Jackson
Staff Writer

It was Super Bowl LI. Everyone was speechless. The Patriots were getting smoked by the Atlanta Falcons.

Tom Brady had been rushed, sacked and picked off all within the span of the first half, and it seemed as though Super Bowl victory No. 5 was just about out of reach for the New England Patriots.

The score was 28-3 late in the third quarter, and nobody expected a blowout this bad.

Coming back from such a big deficit would have been an impossible feat for most teams and for most quarterbacks ... but not for Tom Brady and the New England Patriots.

New England had scored 17 unanswered points, and it was officially a ball game.

That's when it happened. One of the most amazing moments in Super Bowl history.

The Patriots were 64 yards from the end zone and were facing an 8-point deficit.

Just 2:28 was left in regulation, and the offense for New England was set. Shotgun formation - Brady set and ready to throw a bullet.

Julian Edelman was the intended receiver, but he was surrounded by three Falcons.

Robert Alford, the Patriots corner who picked off Brady in the first half,

made what would have been one of the biggest ball deflections in his entire career. He hit the football as it was spiraling in the air, and it looked as if he had ruined the hopes of New England, all with a bat of the ball.

But Alford didn't pick the ball this time, he just deflected it in the air; the ball was still in play and fair game to be caught.

Regardless of all the traffic, Edelman managed to make one of the most prodigious catches in Super Bowl history.

Edelman was able to grab the batted ball, put his hand under it, secure it and prevent it from touching the ground.

In that very moment, I knew, and everyone watching knew, that the Patriots were going to come back and win this game.

That catch set up the tying touchdown that eventually led to the first overtime period in Super Bowl history, and another Lombardi Trophy for New England.

That 23-yard pass across the middle was the fairytale to end what was a rollercoaster season for the Patriots. From the Deflategate scandal to Brady's resulting suspension, New England wanted this one bad - and that catch made sure it happened.

In the words of Patriots owner Robert Kraft, this win was "unequivocally the sweetest."

THE LEGEND OF TB12

SUPER BOWL RECORD: **5-2**

ALL-TIME LEADER

IN QB POST-SEASON

WINS IN NFL HISTORY : **27**

ALL-TIME QB WINS RECORD : **223**

TOM BRADY HAS APPEARED IN **EIGHT** SUPER BOWLS :

'02, '04, '05, '08, '12, '15, '17, '18



KEVIN SON / DAILY NEXUS

Pats Offense Looking to Let It Fly on Eagles

Andrew Hernandez
Staff Writer

The Philadelphia Eagles are looking at a daunting task in handling the offensive scheming of New England Patriots Head Coach Bill Belichick and offensive coordinator Josh McDaniels.

The offensive weapons at New England's disposal are plentiful in wide receiver Brandin Cooks, tight end Rob Gronkowski and, of course, four-time Super Bowl MVP quarterback Tom Brady.

New England will most likely primarily commit to its pass offense, but will look to throw in clever plays at the line of scrimmage using players like Dion Lewis in their backfield.

While Brady has enough receivers who can run effective routes, he also has Gronkowski, who is a vital piece of the puzzle.

Gronkowski finished the 2017-18 regular season as the team's leader in receiving yards (1,084) and touchdown receptions (8).

Such stats display the impactful connection between the tight end and quarterback possesses.

The variety the Pats have will require the Eagles

to attempt to stop their opponent by penetrating the offensive line and taking down Brady. During the year, Philadelphia led the league in total amount of pressures.

If the Eagles can become a constant reminder for Brady in the pocket, the Pats' offense can stagnate at critical points in the game.

It will be up to their defensive coordinator, Jim Schwartz, to figure out a way to use the team's defensive depth to have a chance at containing the dynamic Patriot offense.

There is little reason to doubt the ability of the Eagles' defense to limit the Patriots. They have been able to contain much more potent backfields in teams like the Atlanta Falcons.

The team also reached its highest mark in recent years in the points allowed category, finishing fourth best in the NFL this season (18.4).

Malcolm Jenkins, the Eagles' veteran safety, will be a primary part of their secondary.

Jenkins is a dynamic safety who can fulfill a variety of roles on the field, adapting with every play.

The safety can easily line up alongside the line to rush in on a blitz or drop back into the

secondary and cover guys such as Cooks or Danny Amendola.

Given the dominance of the Patriots in the Super Bowl, it would not be surprising to see the Eagles be successful at creating effective pressure in the pocket and still see Brady lead his team to yet another championship.



33-20



33-20



ARTSWEEK

'The End of the Fucking World': A Teenage Rebellion

Jasmine Benafghoul
Reporter

NOTE: Spoilers ahead

"The End of the F***ing World" is a tale of young love (a twisted, violent-heavy love, *but still*) reminiscent of a Wes Anderson film, meshed with a dark humor and neo-noir style very Quentin Tarantino-esque – all wrapped up in less than three hours.

This Netflix series follows two teenage, runaway misfits, Alyssa (Jessica Barden) and James (Alex Lawther), who escape their chaotic home lives on a quest for self-discovery. Yes, it's very reminiscent of Bonnie and Clyde, except that it's not entirely. James proclaims himself as a psychopath within the first 40 seconds of the show, taking pleasure in killing small animals and self-inflicting pain (showing off an entire burnt hand to prove it). He later explains that he engages in these behaviors in order to make himself feel something after witnessing his mother's suicide. Except now, he's ready to move on to bigger targets. This is where Alyssa comes in, a brazen girl with a strong IDGAF attitude battling her own issues at home.

The pilot wastes no time in jumping to the "boy meets girl" trope and executes it in a brilliantly humorous and blunt way; it may be one of my favorite introductions in television history.

"I've seen you skating," Alyssa says to James in the school cafeteria. "You're pretty shit."

James' response?
"Fuck off."

As the pilot progresses, we discover that while James is fantasizing about Alyssa becoming his first human murder, she begins to grow comfortable with him, even saying he's someone she could fall in love with. If that's not depressing, then I don't know what is. Evidently enough, Alyssa easily sways James into ditching town with her and he goes along for the ride, as he finds it the perfect opportunity to murder her. By the end of the episode, the two hop in James' dad's car and embark on a road trip that promptly becomes more of an impulsive crime spree (the "armed" robbery is hands down one of my favorite scenes) as they search for Alyssa's father.

The show moves back and forth between perspectives, providing deeper insight in getting to know our antiheroine and antihero. Through the characters' inner monologues, done wonderfully through voiceovers, we gain a deeper understanding of their personalities. James's thoughts convey a monotone indifference to match his perpetually disturbed yet aloof façade; Alyssa, on the hand, is quite multifaceted.

Despite her aggressively upfront, careless approach (throwing curses shamelessly at the world, rolling her eyes at anything and everything), thoughts expose her as vulnerable and wounded. It's comical as viewers to watch



WILLIAM EMMONS / DAILY NEXUS

how vastly different these two characters are; Alyssa is all nihilistic spunk and spontaneity while James is merely a bystander to all her wayward antics.

At the core of it all, Alyssa and James are two teens struggling with that awkward in between: they're not quite adults and not quite kids anymore. They're brimming with a bleak resentment to an awful society, taking out their frustrations and fragilities in a manner that's both droll and gloomy.

However, what makes this story so oddly beautiful is the human connection that is made between two people who seem so, well, inhuman. It's when Alyssa somehow finds her way back to James and when James somehow can't bring himself to leave Alyssa in spite of her mad father – it's these moments that display how much they've come to care for each other. The sinister events that follow their escape and mutual feeling of adolescent confusion tie them together, a bond that can't be broken. No

matter how deranged the story is, it's a story of love.

Overall, "The End of the F***ing World" provides all the essentials for an indie teen flick: a road trip, a banging soundtrack, running from the authorities, two underdogs we *really shouldn't be rooting for*, but do anyway ... and an honorary mention to the wardrobe change mid-season (a Hawaiian shirt makes for a perfect disguise, right?).

However, all this would not be so easy to binge in an entire day if it weren't for the compelling acting of the two leads. Barden pins the tail right on the donkey with her character; while playing a bratty teenage girl with issues sounds derivative and cliché, it's done with a complexity one simply can't help but love. I fear her, but I also just want to be her mom friend.

Additionally, Lawther's performance is phenomenal, capturing all the subtle intricacies that make James so disconcerting and intrigu-

ing to watch (I expected nothing less after seeing him on "Black Mirror"). As each episode briskly passes by, it becomes hard to not fall for the charms of the duo.

Writer Charlie Covell and director Jonathan Entwistle remarkably capture the genuine connection that revolves between Alyssa and James. It's a fast-paced story, jumping from one mishap to another, with side narratives that thankfully do not detract from the main plot – everything is well interwoven until the very end of the series. Right when you become engrossed into this explicitly dark, dark world, it all comes to an end, and eight episodes suddenly feels far too short.

It's unlike any show I've seen on television; it's the perfect storm of teenage rebellion to a heightened ending. Despite the ambiguous finale that leaves the viewer in a stupor, desperately itching for more, it's hard to envision continuing this world after the helter-skelter chaos of one season. Bravo Alyssa and James, for making a love story truly feel like the end of the fucking world.



At the core of it all, Alyssa and James are two teens struggling with that awkward in between: they're not quite adults and not quite kids anymore. They're brimming with a bleak resentment to an awful society, taking out their frustrations and fragilities in a manner that's both droll and gloomy.

AS PROGRAM BOARD PRESENTS:

BATTLE OF THE BANDS



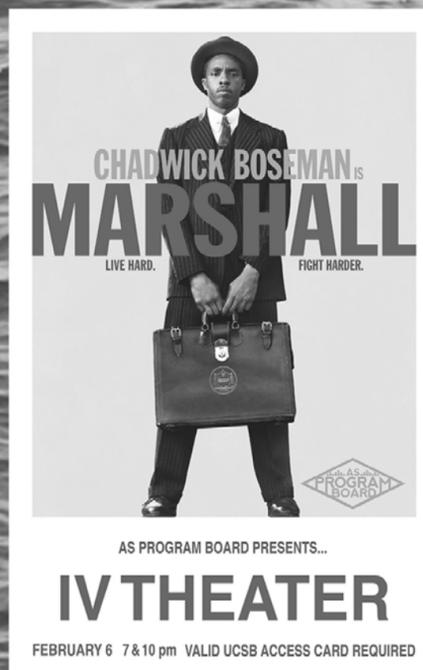
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IN THE HUB**

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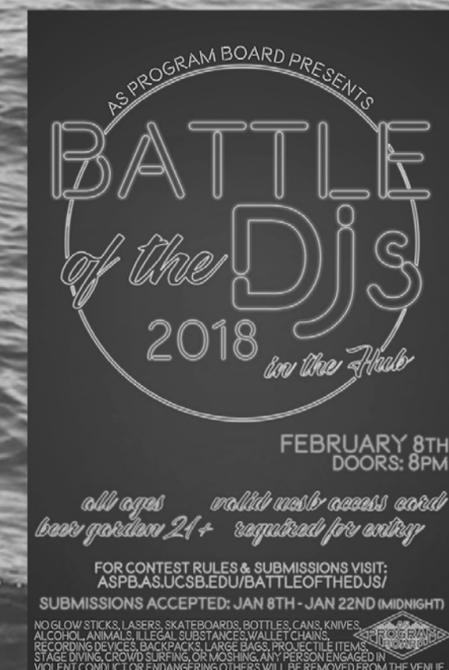
**FEB 6TH 12PM
STORKE PLAZA**

MARSHALL



**FEB 6TH 7&10PM
IV THEATER**

BATTLE OF THE DJS



**FEB 8TH 8PM
IN THE HUB**



@ASPROGRAMBOARD





PEYTON STOTELMYRE / DAILY NEXUS

Artsweek Staff

Every month, Artsweek's staff collects a handful of newly released tracks that highlight the best musical moments of the past 30 days. This month was chock-full of hits from a variety of genres. Some of the month's hottest tracks ranged from a hard-hitting dirty rap banger from Chicago's CupcakKe to a slow, melancholic ballad from singer-songwriter Haley Heynderickx. Check out January's tracks of the month (listed in no particular order) for some possible additions to your newly-added songs list.

1 Haley Heynderickx, "Untitled God Song"

"Untitled God Song" finds the young songwriter finger-picking a nimble and reeling language out of her guitar, her voice lilting across its melodies. Lyrically, this song imagines God as an overwhelmed mother. Heynderickx creates a portrait of an omnipotence that is incredibly and eccentrically human – an omnipotence with thick hips, big lips and knockoff Coach bags. It's really a religious experience.

2 Young Fathers, "In My View"

Scottish alternative hip hop trio Young Fathers continues the rollout of its forthcoming album, *Cocoa Sugar*, with "In My View." The track is a dazing blend of pop, hip hop and soul that is sure to keep you lost in its encapsulating instrumentation and dynamic vocal performances.

3 Rejjie Snow feat. Aminé and Dana Williams, "Egyptian Luvr"

On the Kaytranada-produced track, Irish rapper Rejjie Snow and XXL 2017 Freshman Aminé effortlessly glide through the jazzy effervescent drums, recalling past lovers. Dana Williams's vocal hook adds a layer of sweetness that contradicts Snow's baritone voice and provides the nonchalant groove that converges with Kaytranada's vivid production.

4 The Vaccines, "I Can't Quit"

The Vaccines have returned with new music for the first time since 2015's *English Graffiti*. The U.K. indie-rock group teased lead single "I Can't Quit," from their new album, *Combat Sports*, on BBC Radio 1 just days into 2018. The infectious fun track offers listeners a mixture of the traditional rock 'n' roll style of the band's previous LPs, with a more polished twist reminiscent of '70s and '80s rock. The highly-anticipated *Combat Sports* is due for release March 30.

5 CupcakKe, "Cartoons"

Fresh off her new banger-packed album *Ephorize*, Chicago rapper CupcakKe uses your favorite childhood cartoons as ammunition, firing off line after seething line. CupcakKe's confident flow, ingenious rhymes and booming beats create an irresistible track that will undoubtedly leave you pumped up.

6 Kali Uchis feat. Tyler, The Creator and Bootsy Collins, "After the Storm"

Kali Uchis is back with a bright, warm track featuring Tyler, The Creator and Bootsy Collins. "After the Storm" is paired with a music video which vividly depicts Tyler's recurring floral theme. The visuals are intoxicatingly whimsical, and the track shares exactly the same sentiment. Uplifting verses from all three artists manifest the track's fantastical aesthetic into one comprehensive three-and-a-half minute package.

7 MGMT, "Hand It Over"

Psychedelic and mellow, this new track from MGMT's fourth studio album, *Little Dark Age*, is refreshingly softer than we're used to hearing from the minds of Andrew VanWyngarden and Ben Goldwasser. Unlike the recent releases of the album's title-track and "When You Die," "Hand It Over" offers the listener a calmer experience that invokes self-realization and contemplation. Whether you're on the beach or going on a late-night drive, this song is the key to creating a perfect, melodic atmosphere.

UCSB Swoons Over Smino

Zoe Jones
Artsweek Editor

Like most of my new favorite acts, Smino crept into my musical rotation without me even noticing at first. First you see them mentioned in an article on a music blog, then your friend puts one of their songs into a playlist for you. You get curious, explore the rest of their discography and wait to see them live.

Smino is a part of the group of young, uber-talented emcees (such as Noname and GoldLink) that have caught the attention of critics and fans alike in the past year. By the time the St. Louis born rapper made his way to the Hub last Thursday, I was more than excited to see him.

The line outside the doors to the UCen was long, considering that the show was late on a Thursday night. I personally don't have classes on Friday, but I'm sure there were many concertgoers who sacrificed sleep regardless. Once most of the crowd had settled into their spots for the night, the show started right on time—which, admittedly, surprised me.

The night's opener, Alex the Great, is a sophomore at UCSB. Although he did not reveal that he's a fellow Gaucho until almost halfway through the set, his youth and unmistakable Isla Vista sensibilities made this fact unsurprising. Alex was brave enough to handle both DJ and rap duties, as his DJ didn't have the proper paperwork to join him. He soldiered on, despite having to take on every responsibility from the stage, and he got the crowd to a modest level of excitement. His tracks had influences ranging from chill-hop to trap, indicative of a young artist trying to find his own sound.

After his 40-minute set, Alex departed the stage to make room for Smino. As the crowd became antsy, the room grew warm with movement. The house DJs played tracks from Drake and Migos to keep concertgoers moving and prime them for the night's main attraction. Then, with a burst of excitement, Smino slid onto the stage. His energy seeped from the stage and into the crowd, and it was clear that

both belonged to him for the night.

"Y'all came out to party, right?"

Soon after his entrance, the rapper launched into his signature track "Anita," an R&B-tinged slow jam named after classic soul singer Anita Baker. As I sang along and looked over the first few rows into the crowd, everyone was crooning along with him. "Smellin' like loud around Republicans" is the most iconic line of the song, and Smino pointed to his black, studded President Obama shirt as he smiled and sang it into the microphone.

In the beginning of his set, Smino decided to skip the stage banter and push through as many songs as possible, making the most of his hour-long set. During "Smellin' Like a Re-Up," a one-off track from a few years ago, he leapt from the stage and into the press section, letting fans in the first few rows from behind the barricade grab onto him. The crowd was mostly female, so this level of contact was met with shrieks of elation. His charisma and aesthetic are reminiscent of André 3000, down to his natural, grown-out hair and onstage gyrations. Like many soulful black artists, his relationship with the stage started in church and is still reflected in his electric onstage performance today.

Smino has become famous for his impressive wordplay and turn of phrase, a feature that most midwestern rappers have in their flow. He's a self-described "country boy," but counts Kanye West as his primary musical influence – arguably the most famous Chicagoan of our generation. Smino, who was Southern born and raised, spent a good chunk of his formative years traveling back and forth between his native Missouri and Illinois before deciding to settle in Chicago permanently. It was in Chicago that he sharpened his craft alongside the main up-and-comers in the scene – including Chance the Rapper.

The 26-year-old artist felt a connection with the college-aged crowd that is not like most shows he plays. Smino has been quite active in the music scene for most of his twenties. He didn't go to college, but he still felt at home on the small stage in the Hub.



FRANCISCO BARRERA / DAILY NEXUS



FRANCISCO BARRERA / DAILY NEXUS

ON THE MENU

Going Deep: Scoring the Best Place To Watch the Super Bowl

Marisa Ratchford
On The Menu Editor

Like many of my fellow college students living in Isla Vista, utility payments become a sense of necessity. Sure, I pay for high-speed Wi-Fi, electricity and of course Spotify Premium, but cable is not something I'm willing to cough up the big bucks for. Going home to Mom and Dad's usually results in me binge-watching garbage TV that I can't stream, live action news or, if you're like my family, sports. So with the Super Bowl coming up this Sunday, Feb. 2, and me having no time or money to head home for the big game, I have to figure out the places I can go to get a decent meal and a flat-screen TV.

So if you happen to be in the same boat as me, aimlessly looking for the perfect parlor or swanky sports bar to park your caboose in, then this article is something you're going to want to read.

Comfort is close to home, so if you're planning on staying in Isla Vista for the big game, then you have a few options.

The first place that you'll likely want to check out is Woodstock's Pizza. They have several high-def TVs strategically located around the restaurant, and for those just trying to enjoy the crowds, they have outdoor patio seating. On Sunday they will be providing their All-You-Can-Eat slices for \$8.95 a person and a mega party deal that includes three extra-large combo pizzas and two 18-count wing party packs for \$100 even. Be sure to get there early, though, because even on a regular football night it can get pretty packed.

Sam's To Go will also be hosting the game, and the owner suggested that nothing is set in stone, but they may be offering select beers for 99 cents. Either way, the restaurant has great, filling sandwiches and plenty of outdoor communal seating.

Dublin's and Pizza My Heart will also be broadcasting the games and offering their standard happy hour drink pricing. Dublin's is offering \$5 well drinks and \$9 pitchers of Rolling Rock and Bud Light, while PMH will have their \$3.50 jars of Long Hammer.

Venture out a bit further into the wild world of Goleta and you'll find yourself some proper sports bars and breweries that are the perfect post-up spots. M. Special is broadcasting the game and offering \$1 off pints during the game.

High Sierra Bar and Grill will be hosting its standard NFL happy hour menu with premium quality appetizers and down-n-dirty grub ranging from \$3 to \$8 an order. Domestic beer is \$5 for a 22 oz. or \$13 for a pitcher. Import is \$6 for 22 oz. or \$18 for a pitcher. Well drinks, margaritas, house wines and shots are all \$5. Specialty cocktails, premium shots and select shooters are priced at \$6.

However, if you're looking for fun for a group of sports-fanatics to Super Bowl snacks alike, then Zodo's is where it is happening. Their crazy Super Bowl party kicks off at 2 p.m. and offers \$3 everything. Bowling games, shoe rentals and 50 arcade tokens are all \$3 each per person. Food deals include hot dogs, pizza and tater tots all for \$3 each. Libations can either be consumed as Bud Light pints or Modelo bottles for, you guessed it, \$3!

You're likely to find many sports bars along State Street and sporadically around the Funk Zone hosting the game. Most of these places are first come first serve and offer their standard menus, but if you're looking for more of a VIP experience, then for \$50 you can gain access to the Baja Sharkeez Super Bowl party and open bar. Tickets must be purchased online but include cover charge and bar.



KEVIN SON / DAILY NEXUS

Rooting for the Brew

Marisa Ratchford
On The Menu Editor

For most of-age viewers of the Super Bowl, whether you're an avid fan or watching solely for the commercials, a cold beer is just as important as the quarterback to your enjoyment of the game. The beer you drink should reflect the experience you wish to have and the outcome you hope to witness. Depending on who you are rooting for, here are two different cheap beers that will hopefully fit your experience as tightly as a lineman's pants.

If you're rooting for the Philadelphia Eagles, drink.....

Trader Joe's Simpler Times Lager:

The Philadelphia Eagles have long been a team revered as the underdog. They've had exceptional seasons and broken records that wouldn't have been assumed to be doable by the franchise, yet they've also had some slumps in success and have had few Super Bowl championships – counting three in total – despite their long history. This humble yet classic team deserves a beer of equal merit. Invoking the blue-collar days of a pastime, Trader Joe's Simpler Time's Lager will not knock your socks off with its hypnotic-hops of

Grade A organic fair-trade hipster bullshit often done today, but it is a simple, straight-to-the-point dad's beer. It goes down smooth and refreshes you like water. This is a beer you'd want to chug ice cold after a hard day's work, and even better, it's just \$3.99 for a six-pack.

If you're rooting for the New England Patriots, drink...

Trader Joe's Boatswain American Double IPA:

If you're either a long-time fan trying to prove your validity or a bandwagoner just banking off the probability of a win from last year's results, you probably already know that the Pat's are *the* football franchise of the modern age. They've got the all-star QB and the All-American appeal with just the right amount of scandal and success to make them known by even the most naive of sports fans. A team like this requires a bit more restraint when drinking, meaning you want something for sipping rather than chugging. A Double IPA is just what you need. It's just the right amount of pretentiousness for a team that's attended eight Super Bowls and won five of them, all of which were with the same head coach and quarterback, and has surpassed countless other records. Need I say more? It's also a tad more expensive, as a super-franchise should be, with the six-pack boasting a \$4.99 price tag.



KEVIN CHAN / DAILY NEXUS

Super Bowl LII Gametime Grub

Tiffany Velazquez
Asst. On The Menu Editor

Sunday afternoon will bring an excessive amount of stress, shouting, expletives and more importantly, food. Hardcore and bandwagon fans alike can agree that any football game, especially the Super Bowl, just isn't the same without an unhealthy amount of food.

Now, while you can take the easy route and order half a dozen boxes of pizza, you can also be a winner in your own right by impressing your friends with some Vince Lombardi Trophy-worthy snacks.

BUFFALO CHICKEN MEATBALLS

1 lb. ground chicken
1 cup breadcrumbs
1 large egg

¼ cup green onion
¼ cup parmesan cheese
½ to 1 cup of buffalo sauce

Combine all the ingredients together in a large bowl, adding salt, pepper and garlic powder to taste. Knead the ingredients into the ground chicken until fully combined before rolling the mixture into balls.

Cook on an oiled pan until golden brown or bake in the oven at 400°F for 20-25 minutes.

Once cooked, coat the meatballs in warmed buffalo sauce (or your desired hot sauce), and serve with toothpicks for easy snacking.

LOADED TATER TOT SKEWERS

4 cups frozen tater tots
½ cup cheddar cheese

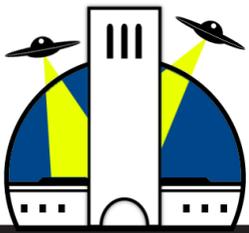
½ cup Monterey Jack cheese
½ cup chopped cooked bacon
¼ cup diced chives
¼ cup tomato
2 cups sour cream (for dipping)
2 packets of Laura Scudder's green onion dip mix

Cook frozen tater tots according to instructions. Allow them to cool before adding about six to each skewer.

Arrange on a baking sheet before sprinkling with shredded cheddar and Monterey Jack cheese. Add some chopped up bacon pieces, and feel free to also add in some diced tomato and chives.

Bake for 8-10 minutes at 450°F until the cheese has fully melted.

Mix sour cream and dip mix and serve as a sauce for dip.



NEXUSTENTIALISM

Listicle, Satirical, Never Newsical

Nice! UCSB Introduces 10 Edgy Classes for Spring Quarter 2018

Jake Feder
Vianna Mabanag
Staff Writer

Here it is: the long-awaited *super easy* GE course list from UCSB. Everyone and their Aunt Trish loves taking a nice, juicy general education course. It's a beautiful way to lighten the load of an otherwise shit-in-your-mouth kind of quarter. Crowd favorites like Theater 5 are sure to turn your frown upside down, but you should know that there are also several diamonds in the freaking rough that students seem to miss. Here they are in the form of a roughly medium-sized list so you don't lose focus.

ANTH 00A: Rural Farms of 68 Block

Gain appreciation for the silent and rural community of 68 Block. Learn about its humble people, their roots in Amish culture and the main pastime of apple-picking.

INT 9000 - Intro to Nicolas Cage

Dive into the mind of Nicolas Cage. Drinks will not be provided.

ME 74H: Physics of Mechanical Pencils

The core of mechanical engineering resides within the physical entity of mechanical pencils. Learn basic components such as how the most complex writing utensil is made, as well as its dependence on astrophysics. ***Graphing calculators needed***

PHIL 420: Philosophy of Stepping Up, Kyle

For one to truly know Kyle, he or she must first understand the epistemological and theoretical bases through which Kyle interfaces with the physical world.

FASH 101: Patagonia v. North Face: Popular Outerwear of UCSB

Not to be confused with SOC 91: Birkenstocks v. Rainbows: A Divided Campus.

ASTRO 711Z: Weirdly Spaced Onions in Your Ford Fiesta

Discover the beginnings of an ancient tradition, how it took root in the West and your part in it.

HIST 96: History of UCSB Fiery Meme Cuisine for Horny Teens

Learn which memes gained the most likes, and track statistics for how the page spiked in popularity during troubled times. This class will cover Area C!

COMM 8675309: Shutupdianeology

It's well understood that Diane is a workplace headache. Learn to develop strategies aimed at eliminating the distraction that is Diane's big mouth.

“

Listen, okay. I know this is supposed to be, like, a quote from the article, but I didn't want to do it that way this time.

OPRAH
(OK, NOT OPRAH)

FIERI 102BBC: Shrimp Scampi

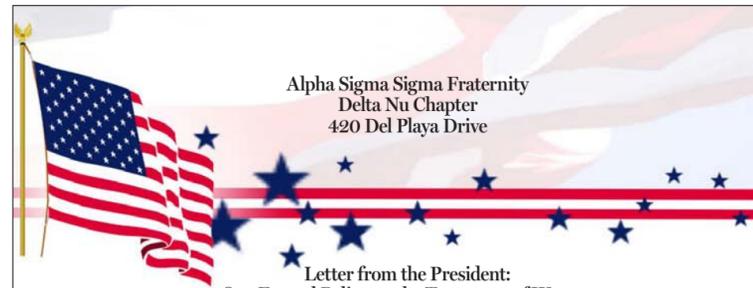
Unearth the genesis of this all-time dish, question its whereabouts and unpack its problematic stance on immigration.

SOC 296: Chancellor Yang's (Extended) Family Tree

Knowing where our great leader comes from will give us more insight toward the secrets of the universe. *Winter quarter bonus!* No add code needed to access Henry's great maternal second cousin's line.

Jake Feder and Vianna Mabanag took all these classes and passed with easy As.

O Wow! This Frat Heckin' Respects Women, You Guys



Alpha Sigma Sigma Fraternity
Delta Nu Chapter
420 Del Playa Drive

Letter from the President:
Our Formal Policy on the Treatment of Women

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DAILY NEXUS ART & COMICS



OPINION

Surviving the Sophomore Slump

Calista Liu details the struggles that could come with your sophomore year of university, and why it isn't be all, end all.



Calista Liu
Opinion Writer

Exhausted, unmotivated and a little more homesick than usual – sound familiar? If any of these describe your state of being this year, don't worry, you aren't alone. Fall Quarter, I began seeing gray rain clouds hovering over the heads of many of my friends and peers, myself included. When asked how their quarters were going or how they were doing, many friends responded with pessimism and a readiness to leave for winter break. Although I had heard the term "Sophomore Slump" before, I'd never fully understood it – or thought it would ever apply to me – until the slump finally crept in and transformed my seemingly perpetual blue skies into a gloomy overcast.

In theory, the Sophomore Slump makes sense: The excitement and freshness of freshmen year has worn off. Classes have gotten harder. You might be realizing that you haven't made as many friends as you had hoped to make at this point. Maybe you haven't found your place here at UCSB and you're starting to worry: Does such a place even exist for me? All of these are valid reasons to be feeling stressed out and doubtful. In reality, the slump is more difficult to accept, much less go about resolving. If you're a fellow sophomore, this one's for you. If you're a freshman, an upperclassman or not even a student and you're feeling blue, reading on may help you, too. Never fear! The days of sunshine and inspiration will return. The gray skies will not last forever. Together, we will all survive the Sophomore Slump.

Okay, I know you've heard this innumerable times before, but I'll say it one more time, just for kicks. Join a club or organization! Believe it or not, folks, it really makes all the difference. Plus, there are so many different groups at UCSB that you literally have hundreds to choose from. If you're looking to meet new people, make more connections or just have something more to do on your calendar, then there's no reason for you not to get involved. I know that the step you have to take between wanting to do something and actually doing it is harder for some people than others. Sometimes the distance may only require a single, effortless step. Sometimes you may need to take multiple baby steps, or even a running leap of faith to cross the same distance as someone else.

How you choose to move forward is up to you, just remember to be moving. In high school, being a part of the school newspaper was a huge part of what made my high school experience amazing, yet it took me a year and a quarter to join the *Daily Nexus*. Putting yourself out there and making the commitment to see it through, whether your interests lie in academics or social life, recreation or community service, sports or the arts, can be intimidating. But the most rewarding aspects of life – specifically, your college experience – will only come by pushing your comfort zone.

Now, you might be thinking: I'm already involved in the organizations I want to be involved in. I'm taking the classes that I need. I have a solid group of friends. Why am I still feeling... slumpy? Unfortunately, the transition from naive freshman to experienced sophomore is not a total metamorphosis. Being in college for one whole year does not mean you have fully grown to be anywhere near the person you will be once you're ready to throw your graduation cap in the air. I suspect that I will one day be a cute, wrinkly 80-year-old and will still be learning about the essence of who I am. That's the beauty of personal development: We are constantly learning and becoming the best version of ourselves that we can possibly be.

However, this also means that for the time being we remain caught up in the confusion of college and the future. In the meantime, as we continue to figure out our lives, talking to someone about how we're feeling will definitely help. A lot. You

might be surprised by who will be able to relate to how you're feeling or provide words of advice or comfort. Not much of a talker? No worries! Doing something for yourself, whether it be your mind, body or soul will do wonders for your well-being.

Exercising regularly, making time for your favorite hobby and calling a loved one from home are all things that just make us feel good. Would you rather be alone in your room, overthinking your place in the universe, or at the beach, clearing your mind and soaking up the beauty of the world? Even watching an episode of your favorite show or going on a short bike ride can boost your spirits. Often, we get so busy, so caught up with school, work and other obligations that we forget that we need to make time for ourselves too.

If reading this article has given you a renewed sense of anxiety and stress about your purpose in college, your place at UCSB or your general state of livelihood, you can rest assured knowing this is completely okay. No one can be positive and confident with a can-do attitude at every second of the day. Being unsure and lost truly is the norm in college, especially during a time where many of us are at the pinnacle of adulthood and entering the "real world." (Sorry, I.V., we love you, but we can't stay here forever.) Even the people who seem like they have it all together are still figuring it out.

Pinpointing the source of your slumpiness is the first step in overcoming it. Proactively making a change in your life is the second step. If you are unhappy, stressed out or exhausted, but you don't do something to improve this, you will continue to be unhappy, stressed out or exhausted. Your life is in your control. When thinking about the future starts to overwhelm you, change your focus. Just take it day by day; every second is precious. And remember: You don't have to figure everything out all at once.

Calista Liu wants to emphasize that the Sophomore Slump doesn't have to define you.

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PEYTON STOTELMYRE / DAILY NEXUS

HOROSCOPES

ARIES

MARCH 21 - APRIL 19

If Chancellor Yang was bitten by Dracula, would he become Chancellor Fang?

TAURUS

APRIL 20 - MAY 20

When Chancellor Yang inevitably joins "The Voice," does he become Chancellor Sang?

GEMINI

MAY 21 - JUNE 20

Whenever Chancellor Yang messes up, does he say "Chancellor, Dang!"?

CANCER

JUNE 21 - JULY 22

If Chancellor Yang was the last airbender does that make him Chancellor Aang?

LEO

JULY 23 - AUGUST 22

Rumor has it that Chancellor Yang has received a haircut. Does this now make him Chancellor Bangs?

VIRGO

AUGUST 23 - SEPTEMBER 22

When Chancellor Yang answers the phone, does he say "Hello, you Chancellor Rang?"?

LIBRA

SEPTEMBER 23 - OCTOBER 22

If Chancellor Yang was an extension for Instagram would he be Chancellor Boomerang?

SCORPIO

OCTOBER 23 - NOVEMBER 21

If Chancellor Yang worked at Cal Poly instead, would he be Chancellor Mustang?

SAGITTARIUS

NOVEMBER 22 - DECEMBER 21

If Chancellor Yang passes around a Juul at a party does that mean he can Chancellor Hang?

CAPRICORN

DECEMBER 22 - JANUARY 19

If Chancellor Yang was to drop his pots and pans, would they Chancellor Clang?

AQUARIUS

JANUARY 20 - FEBRUARY 18

We really wanted to start this year off with a Chancellor Bang!

PISCES

FEBRUARY 19 - MARCH 20

We hope we impressed you with our Chancellor Slang!